

**Imagerie des lésions  
musculaires et tendineuses  
traumatiques du mollet.**

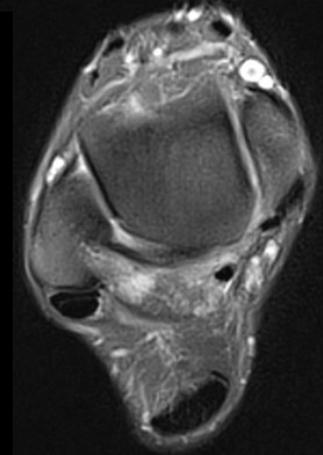
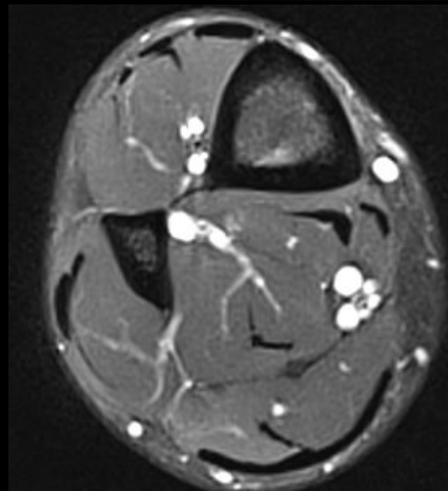
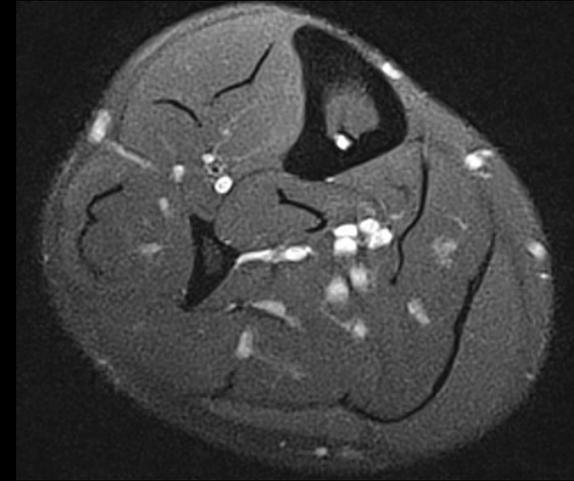
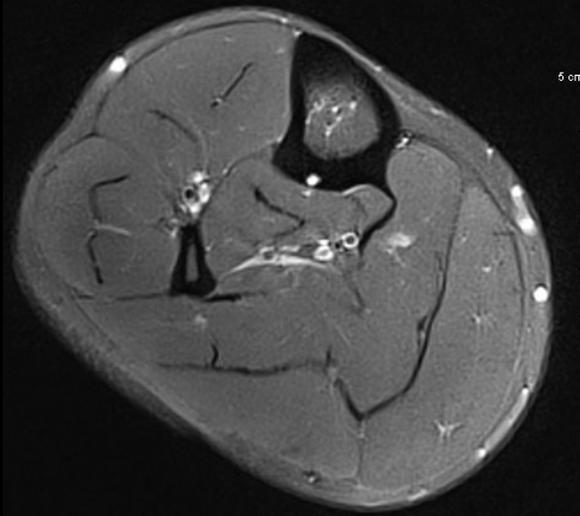
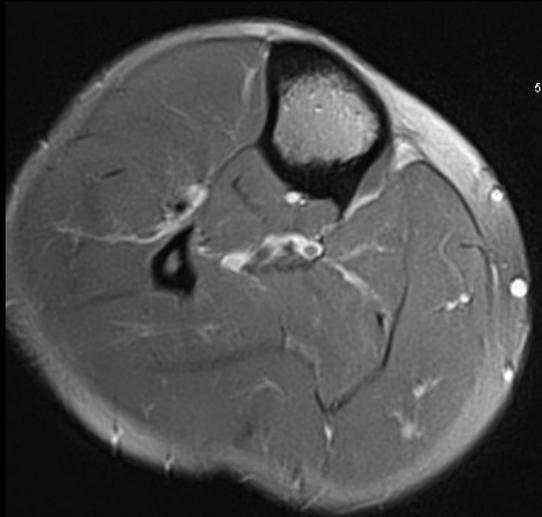
**Yannick Carrillon**

**Département d'Imagerie**

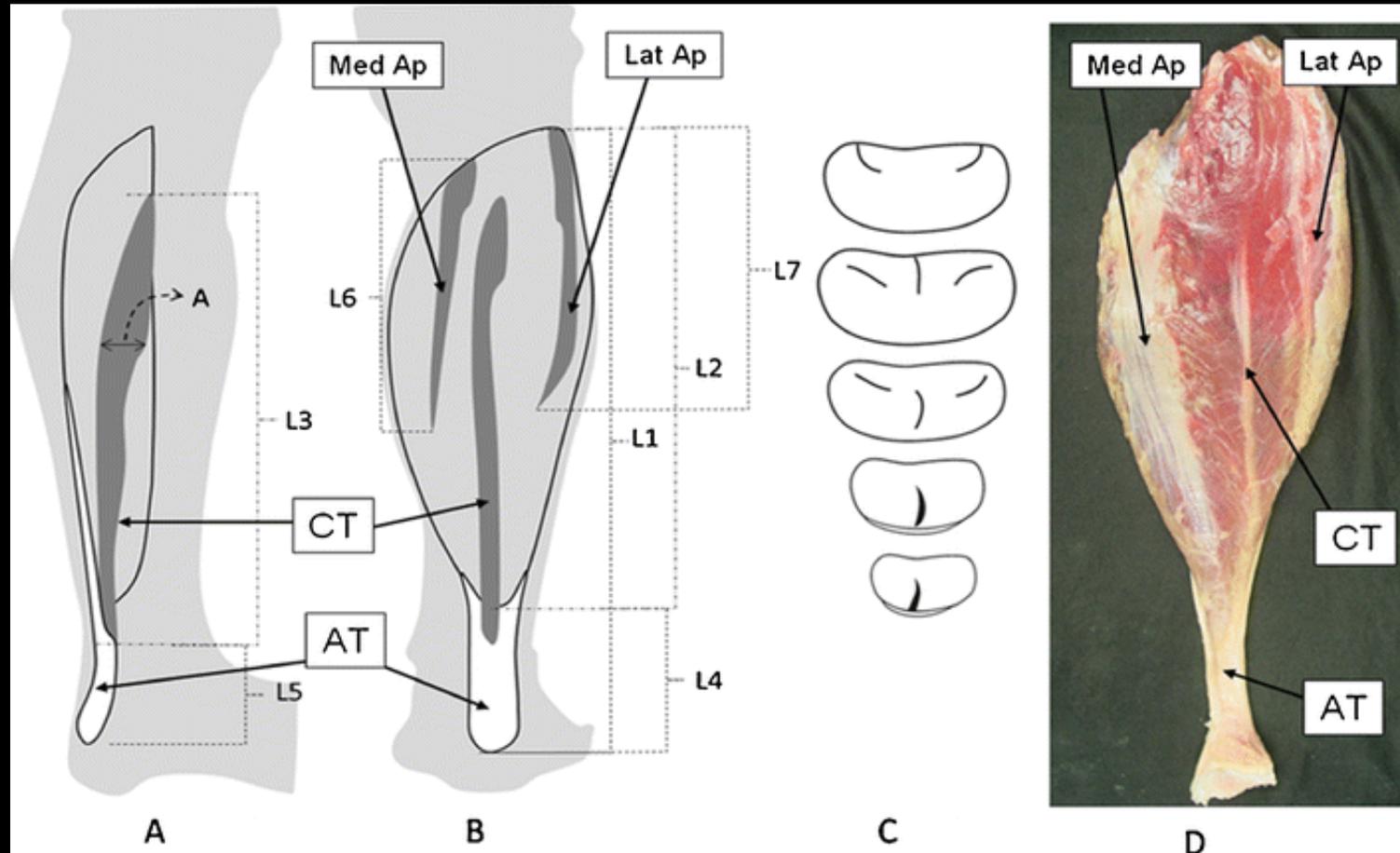
**Centre Orthopédique Santy**

**Lyon**

# Anatomie musculaire du mollet.



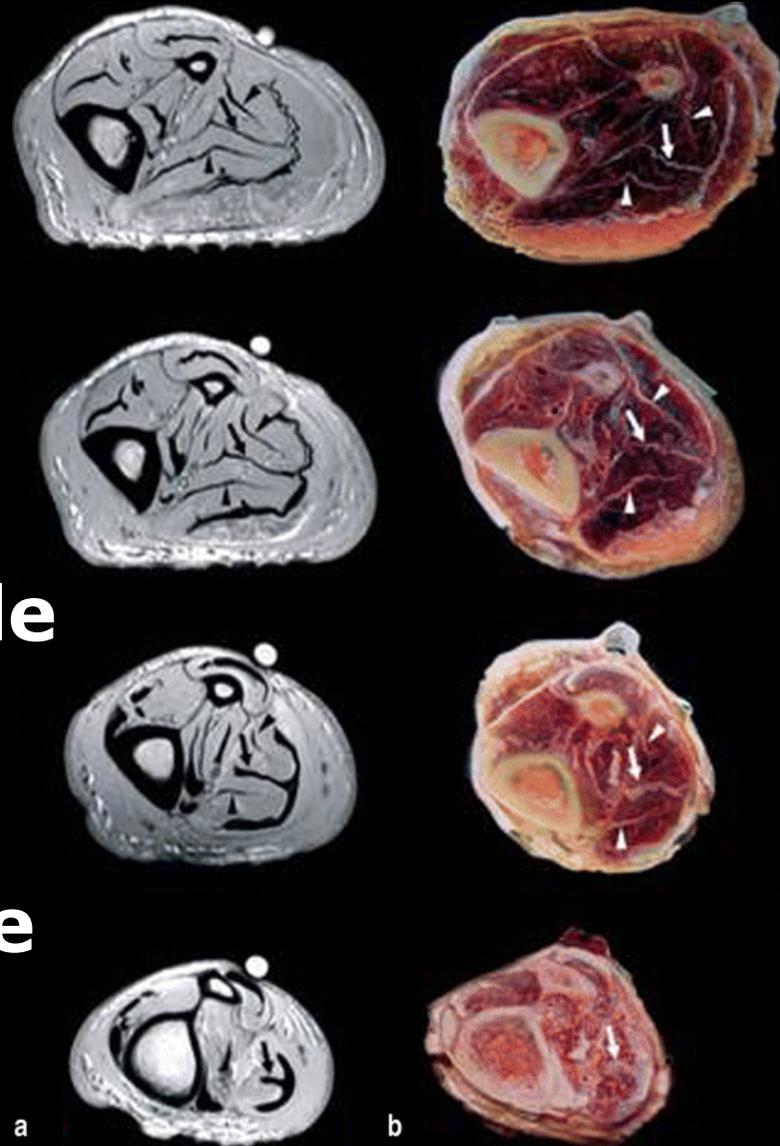
# Anatomie musculaire du mollet.



R. Balius. Skeletal Rad 2012.

# Anatomie musculaire du mollet.

- Cloison centrale
- Aponévrose centrale
- Aponévrose latérale



R. Balius. Skeletal Rad 2012.

# **Les lésions musculaires et tendineuses traumatiques du mollet.**

- **Soléaire**
- **Tennis leg**
- **Jonction myo tendineuse et tendon calcanéen.**
- **Autres...**

# **Les désinsertions myo aponévrotiques du soléaire.**

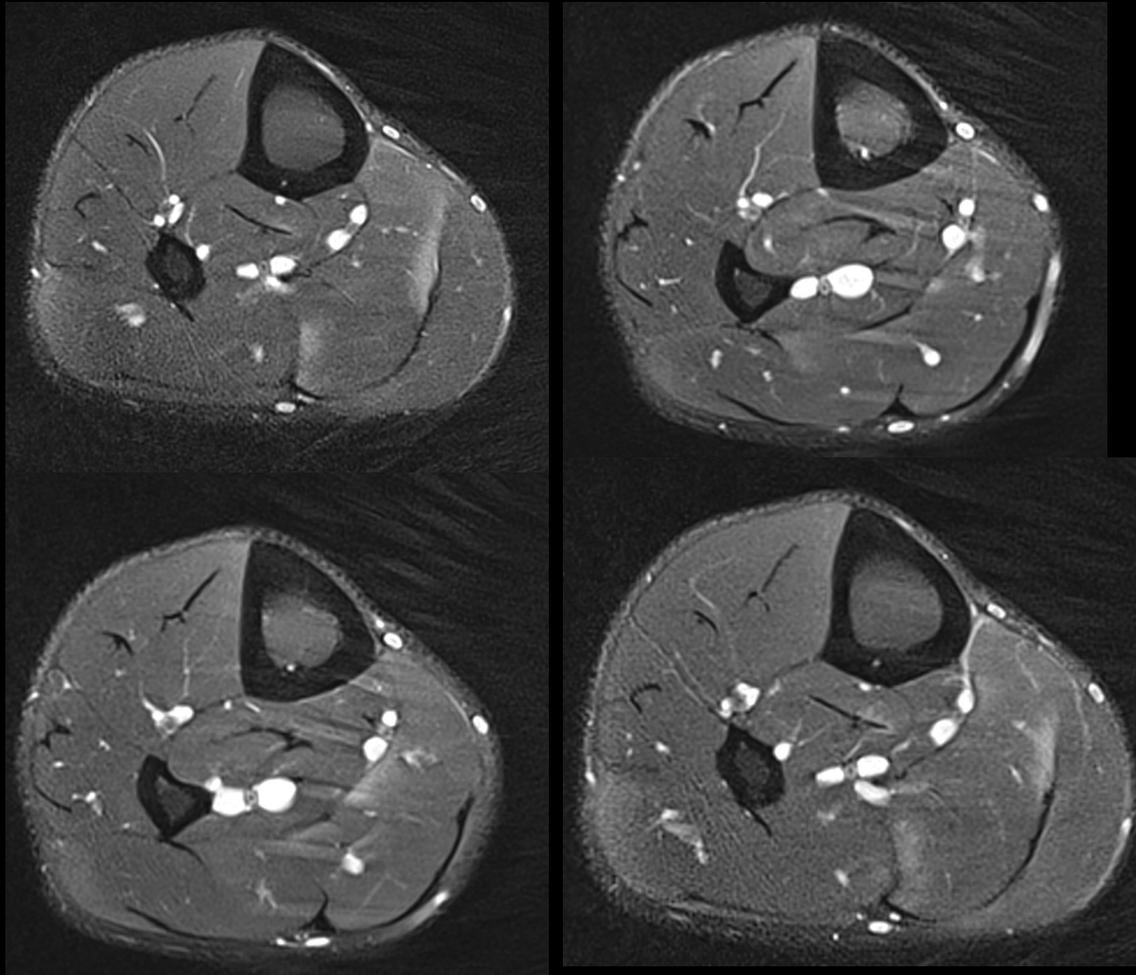
- **Centrales +++**
- **Périphériques**

# **Les DMA centrales du soléaire.**

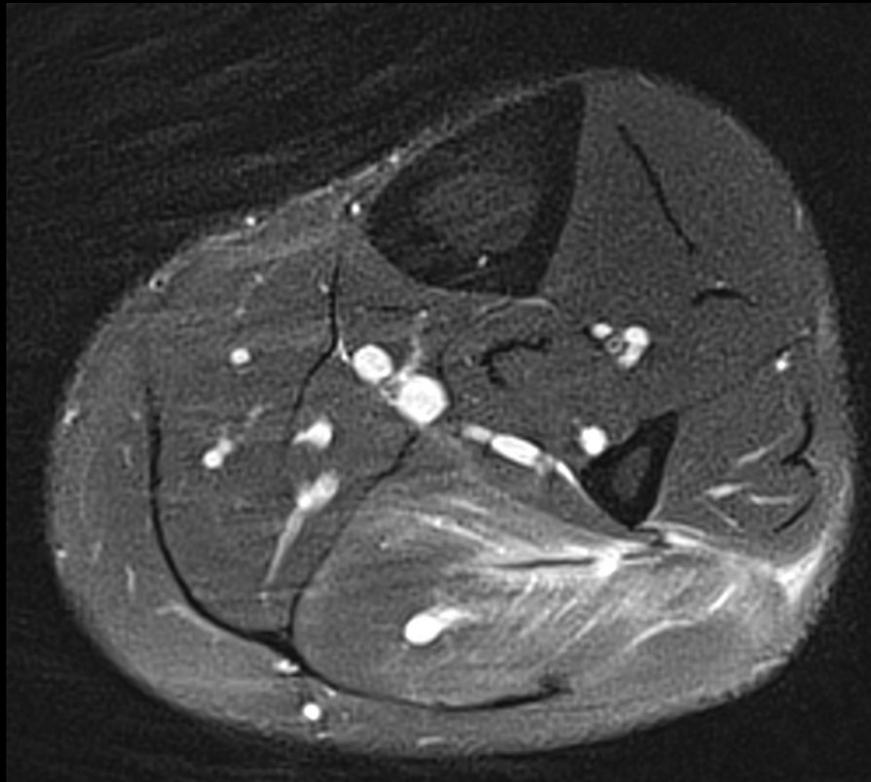
- **Difficiles en échographie**
- **Peu cliniques mais récidives ++**

# Soléaire

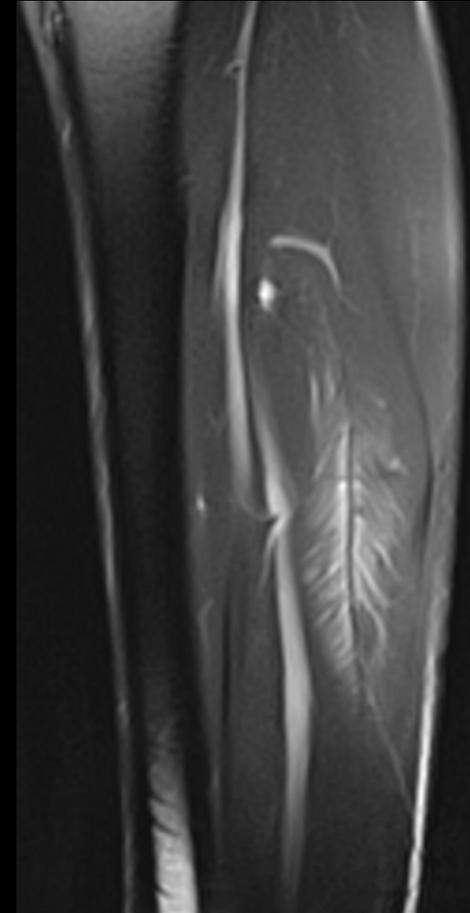
- **Grade 1** : œdème mal limité (DOMS).



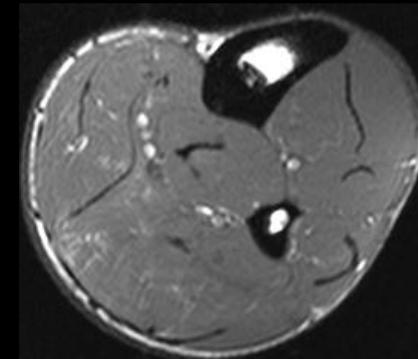
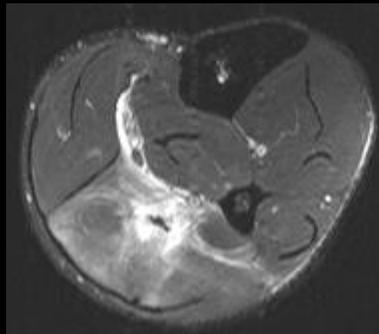
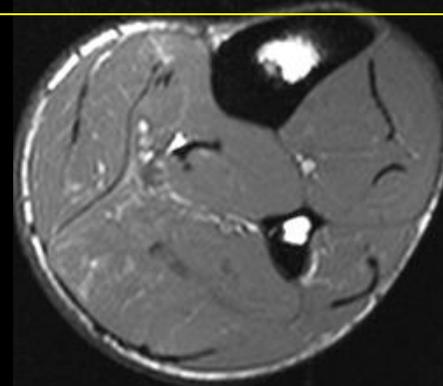
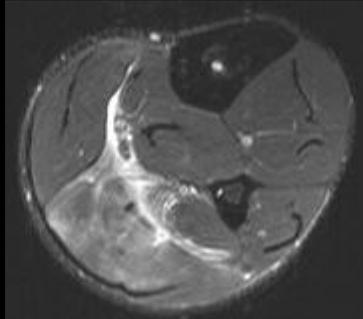
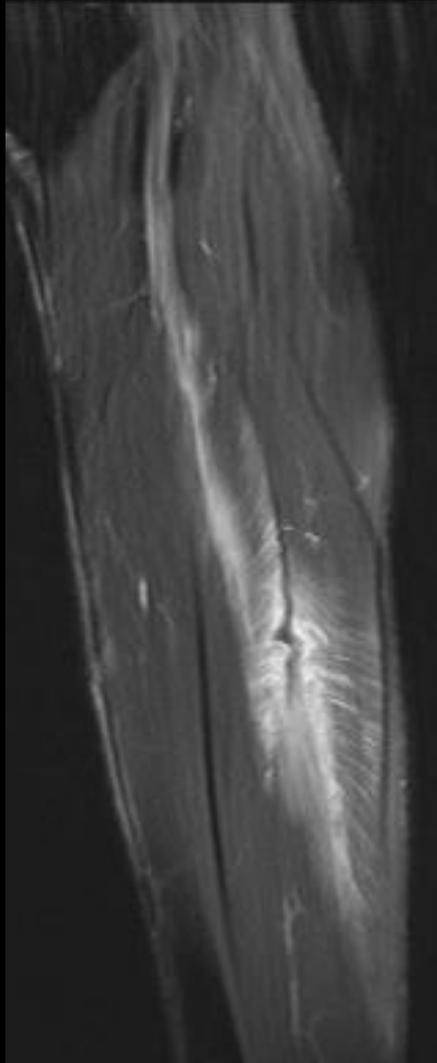
# Désinsertion myo aponévrotique centrale du soléaire sans rétraction.



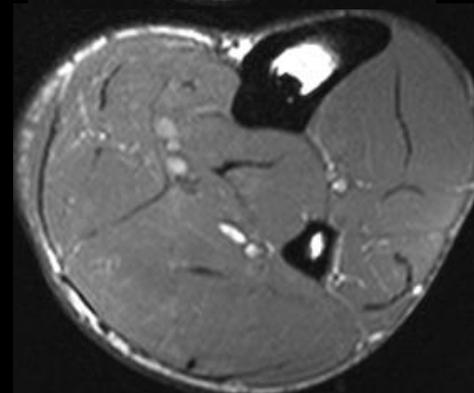
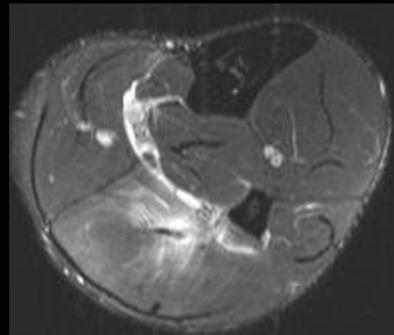
**Stade 3**



# Désinsertion myo aponévrotique centrale du soléaire avec rétraction.

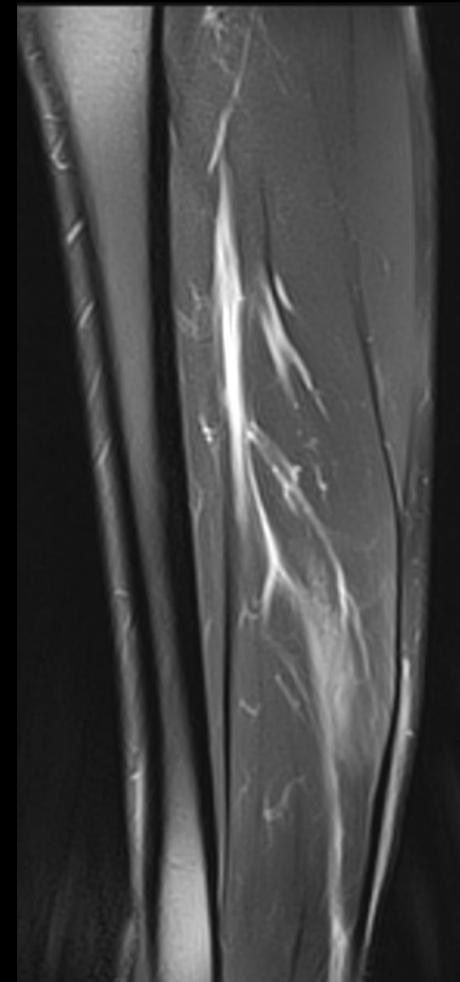
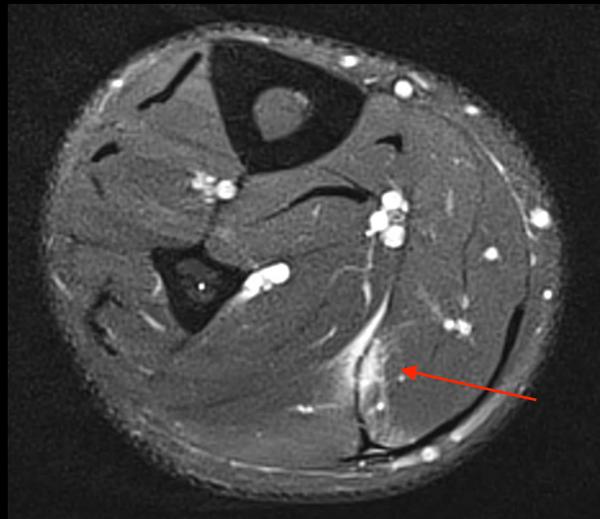
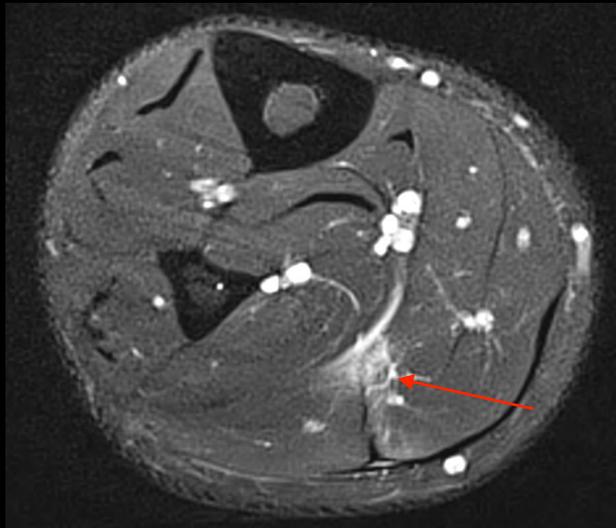


**Stade 4**



# Désinsertion myo aponévrotique périphérique du soléaire sans rétraction.

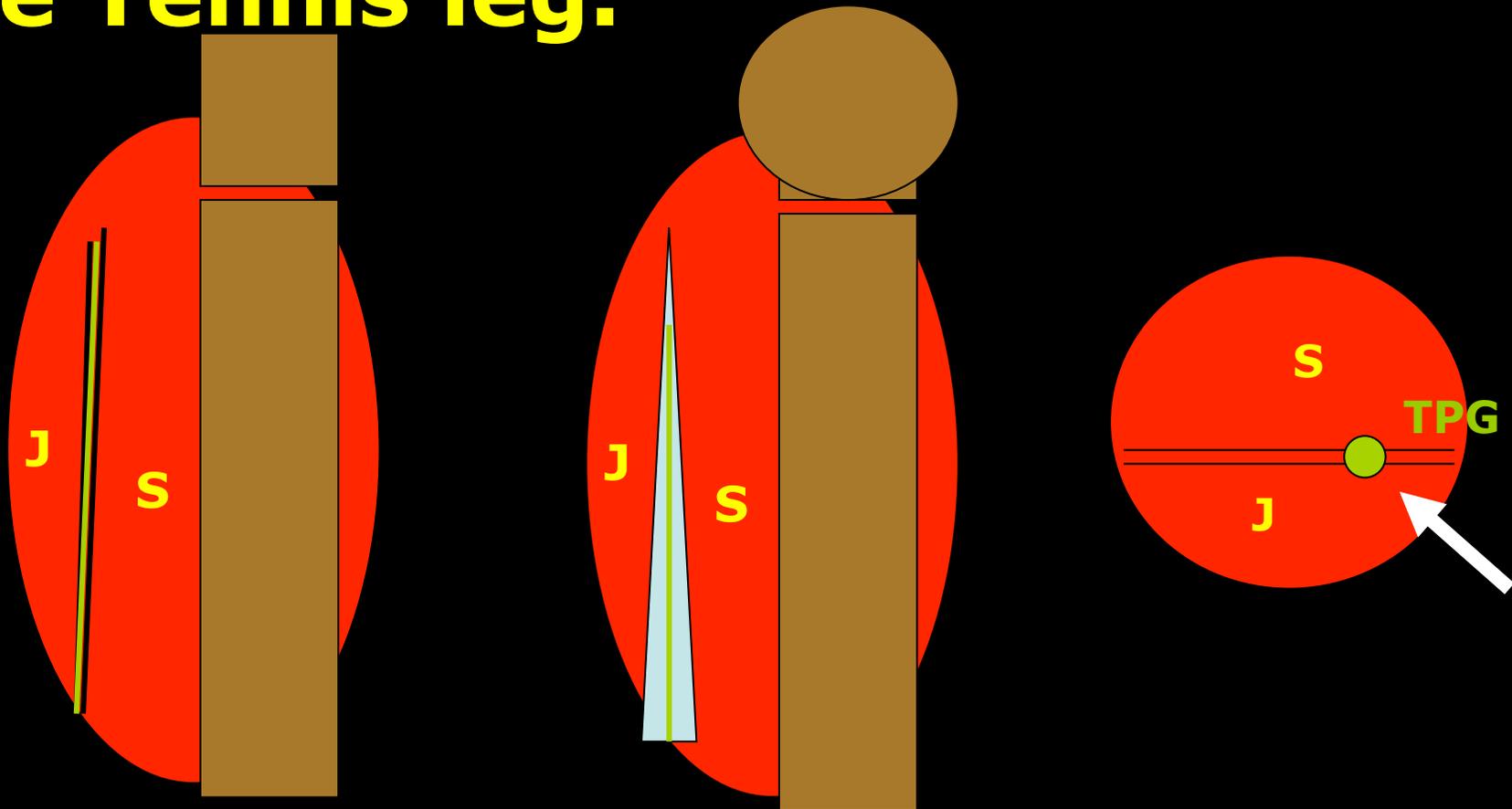
## Stade 3



# **Le Tennis leg.**

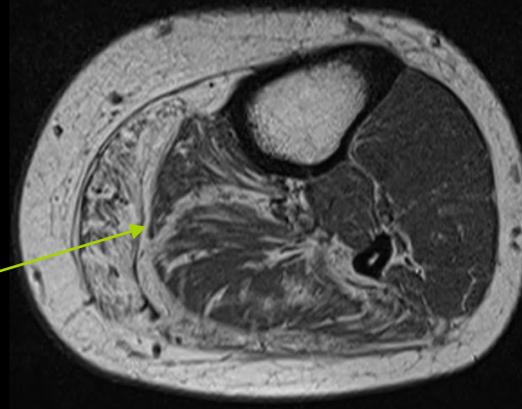
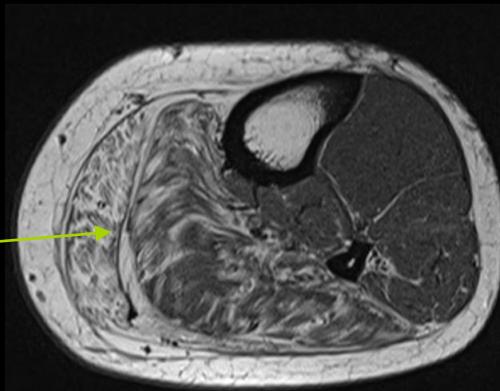
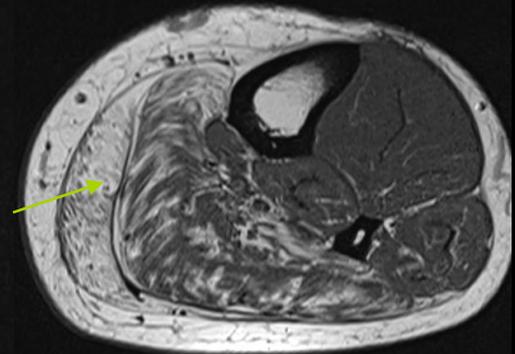
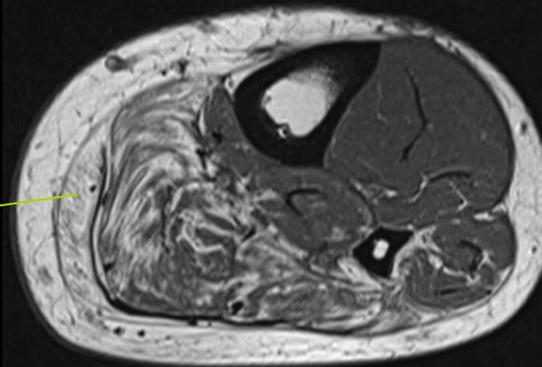
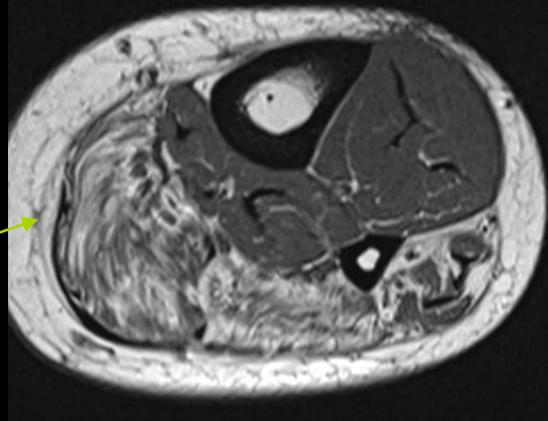
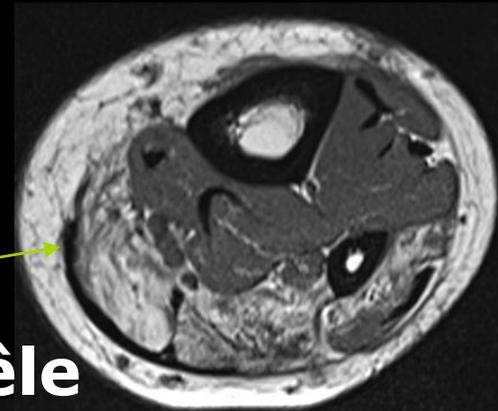
- **Décollement de l'aponévrose profonde du gastrocnémien médial.**
- **Zone de fragilité due au Plantaire grêle.**
- **Association possible avec DMA.**

# Le Tennis leg.



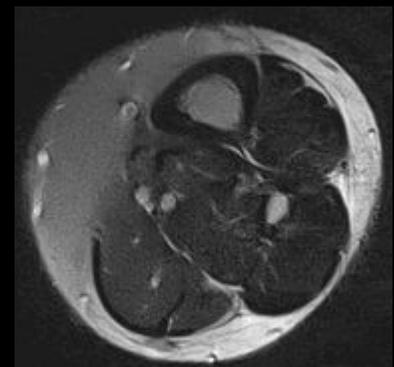
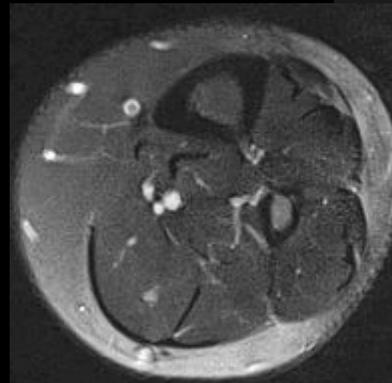
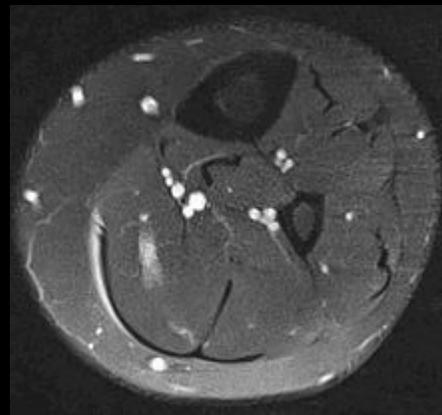
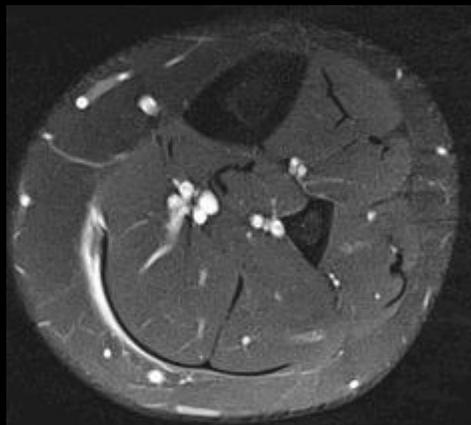
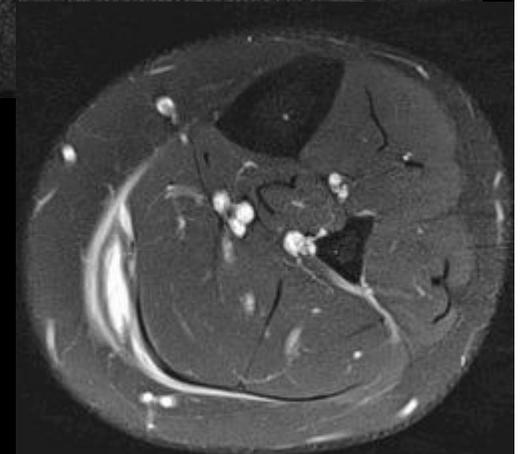
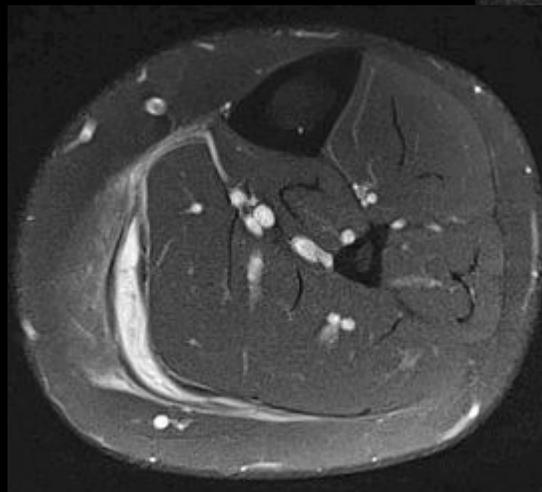
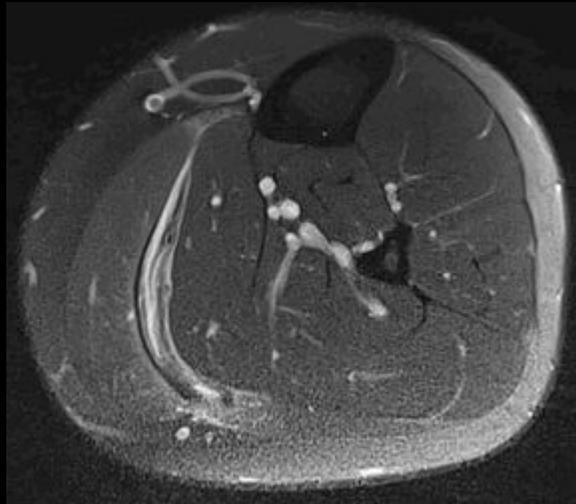
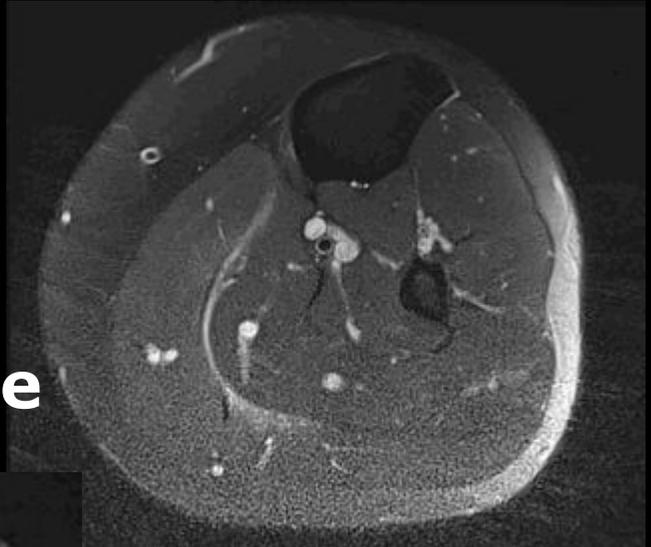
# Le Tennis leg.

Espace virtuel du plantaire grêpe

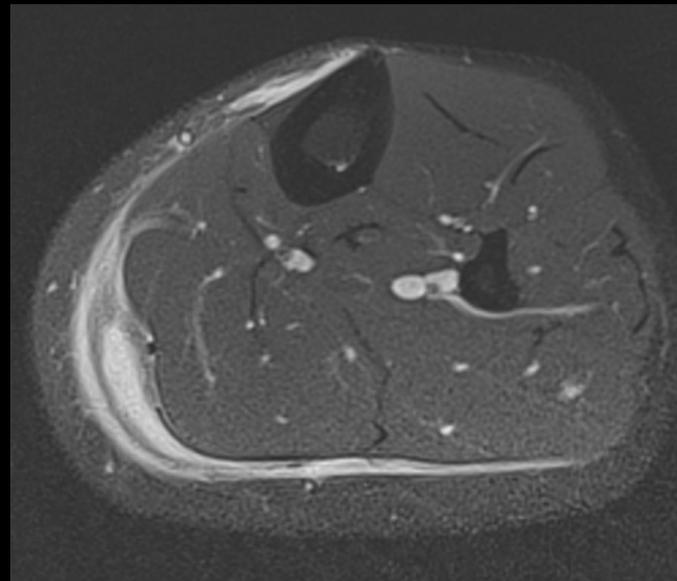
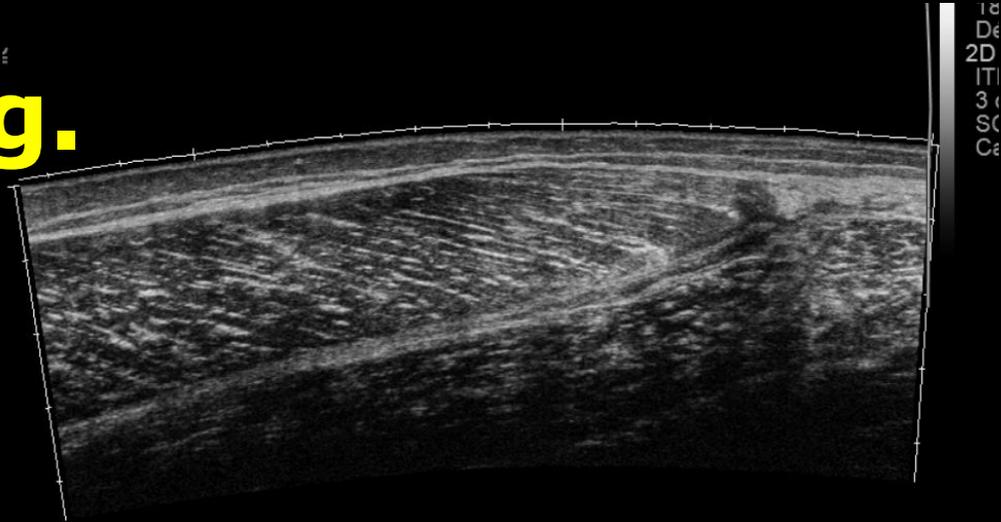


# Le Tennis leg.

Espace virtuel du plantaire grêle

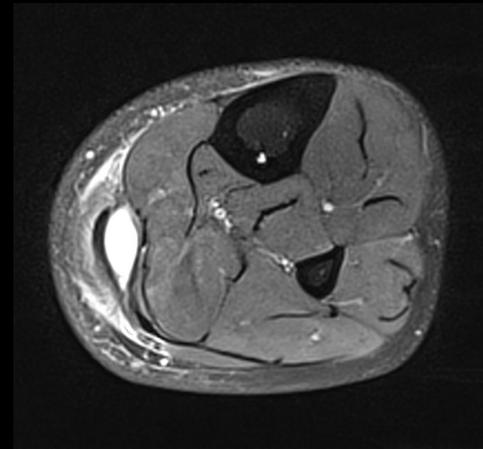
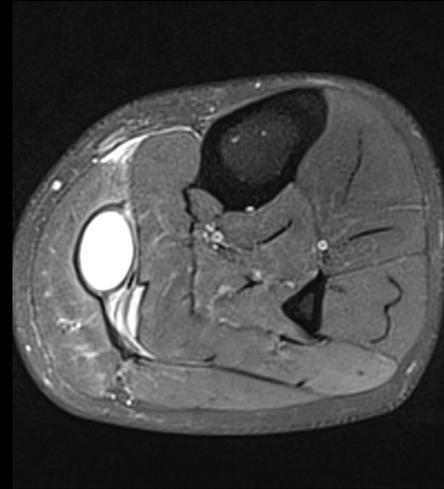
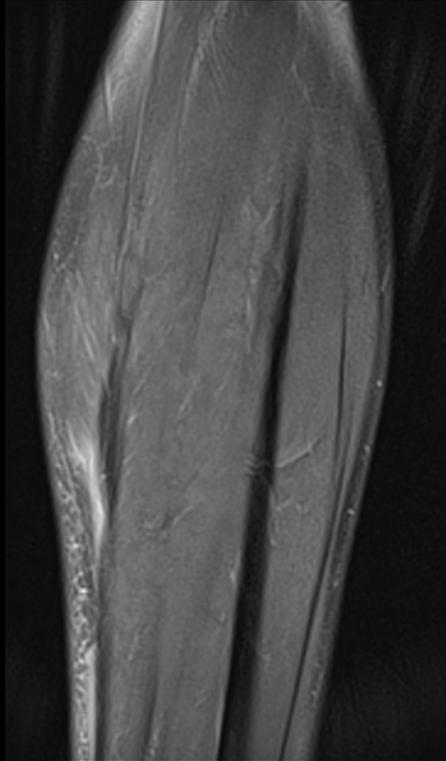


# Le Tennis leg.



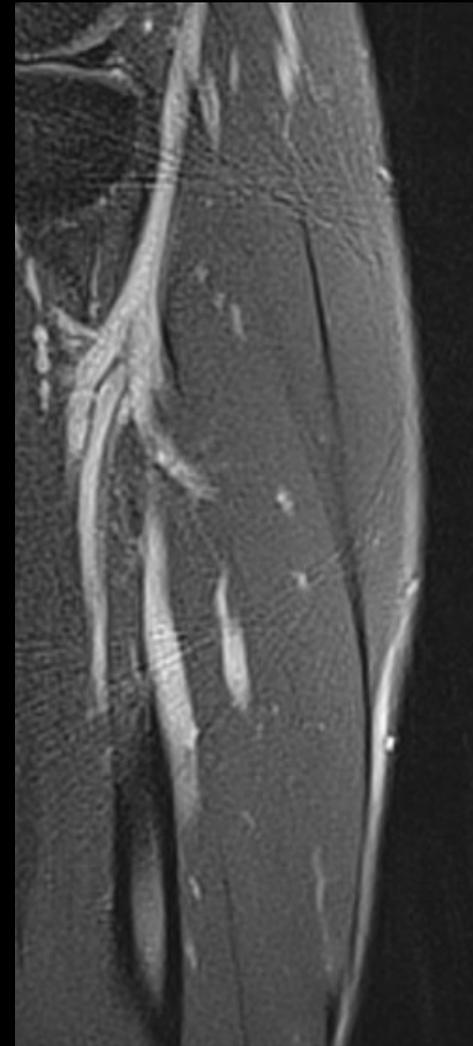
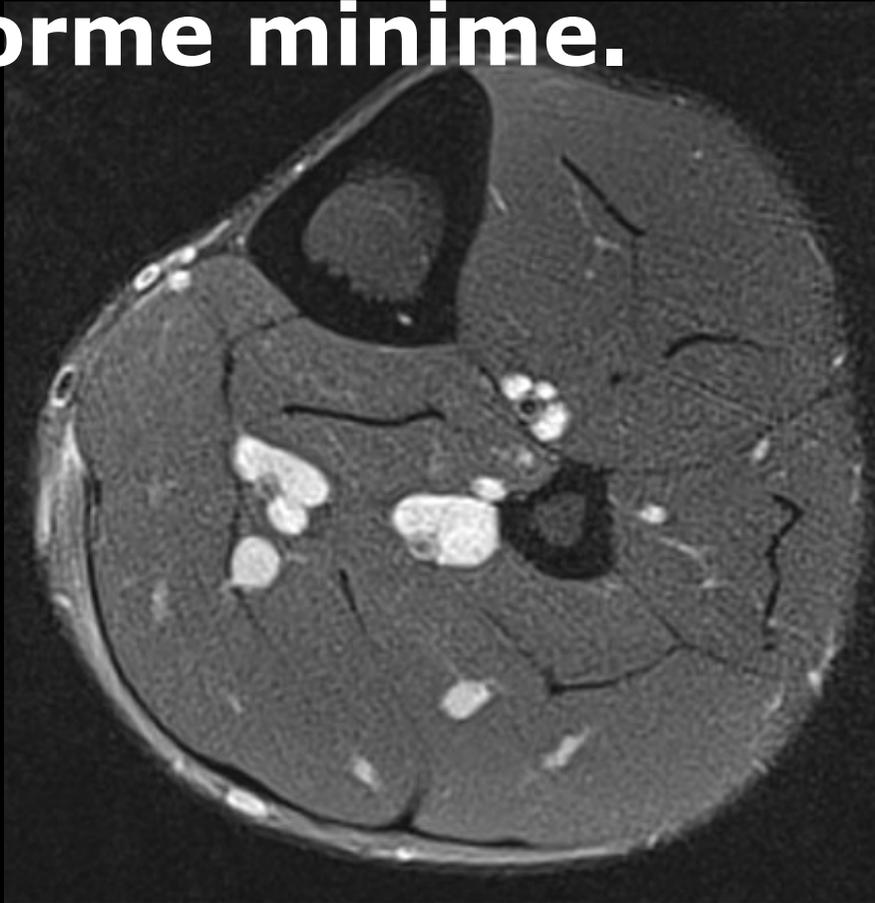
18  
D6  
2D  
ITI  
3  
SC  
C6

# Tennis leg.



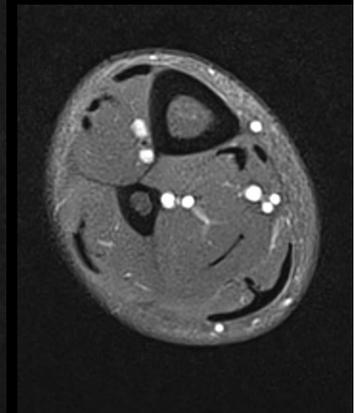
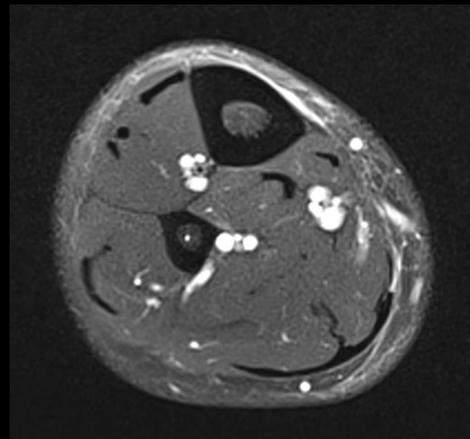
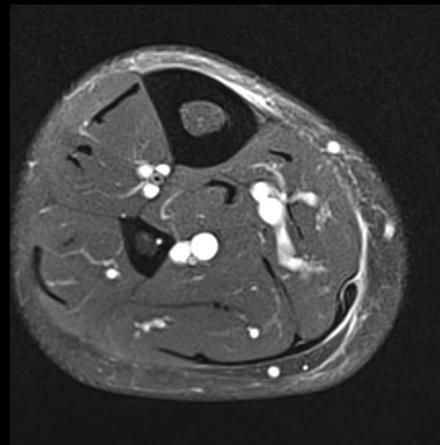
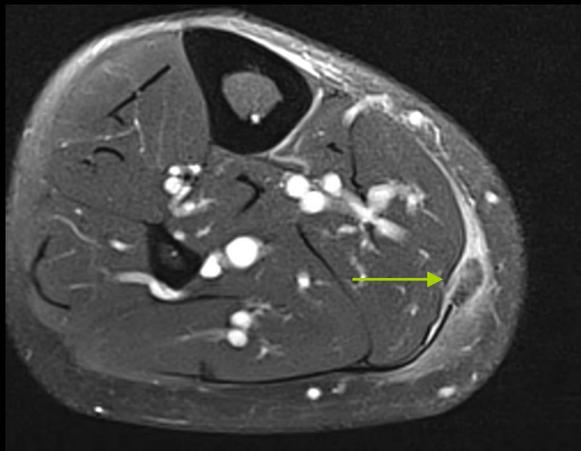
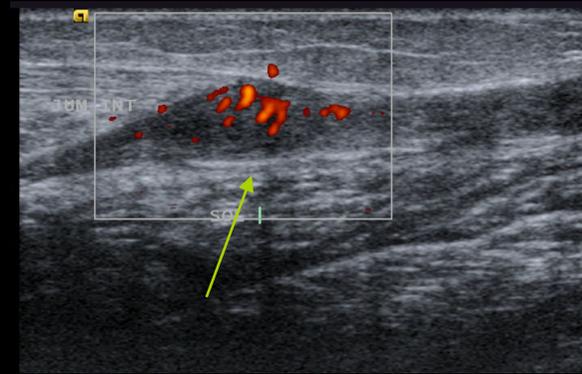
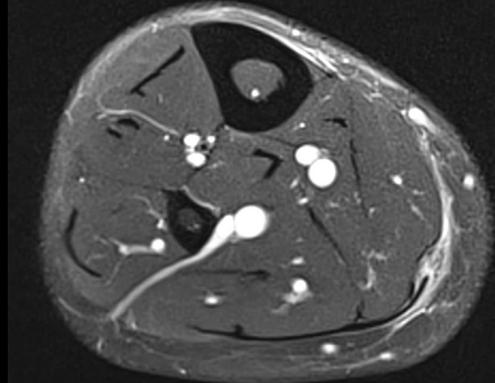
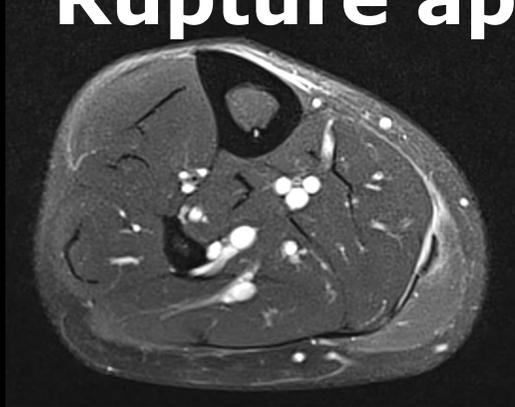
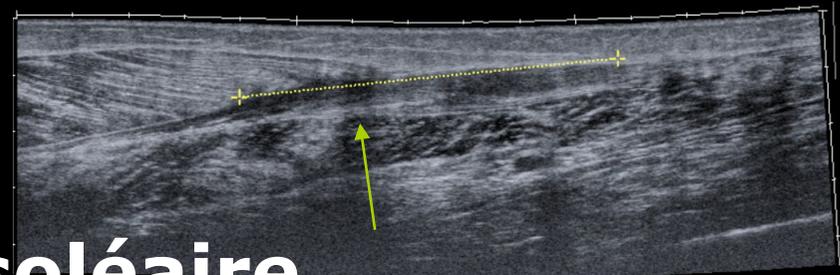
# Tennis leg.

Forme minime.



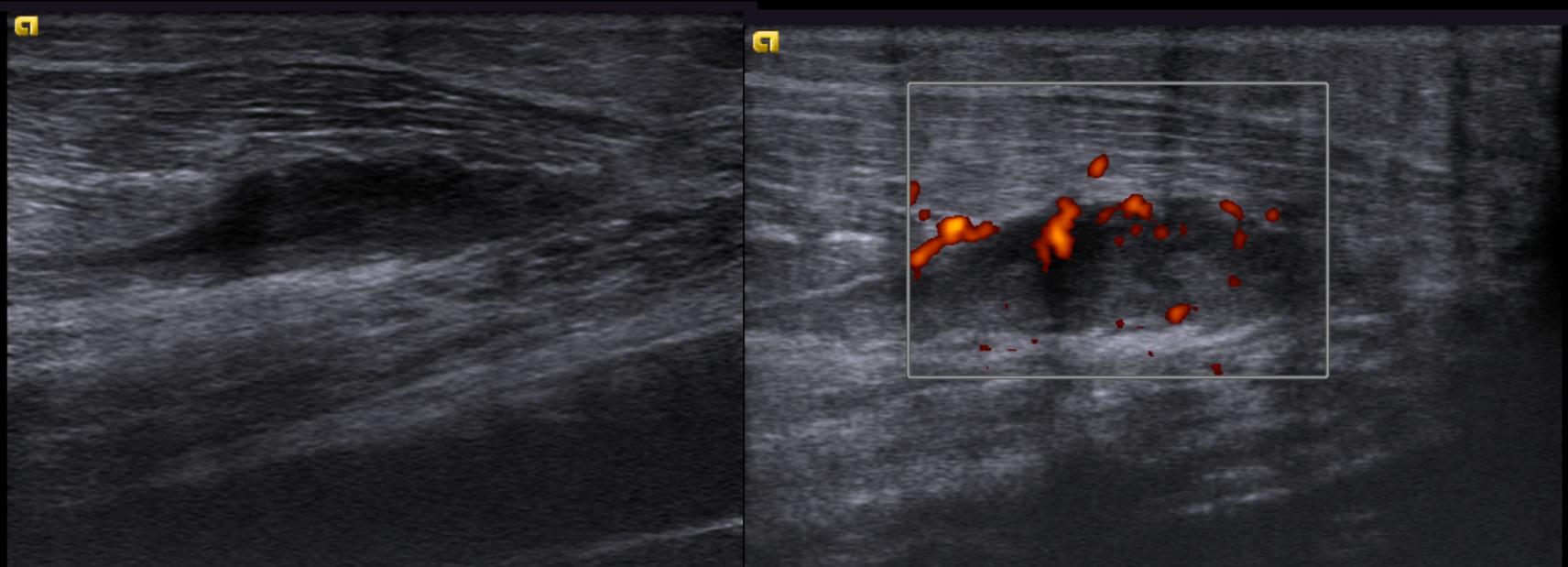
# Tennis leg.

## Rupture aponévrose soléaire

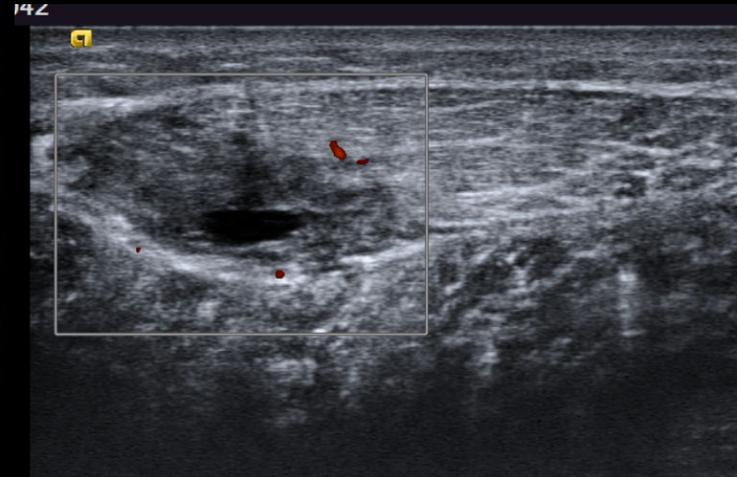
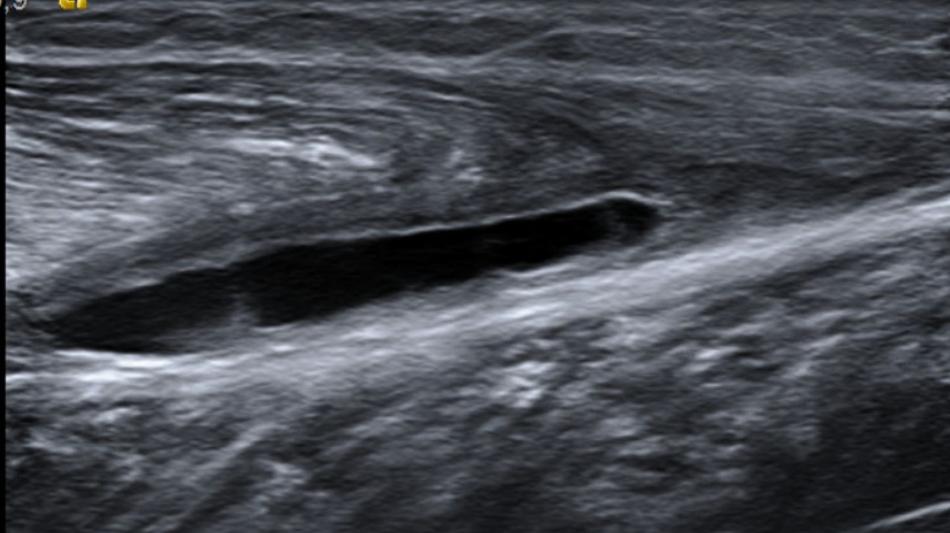


# Tennis leg.

Hyperhémie

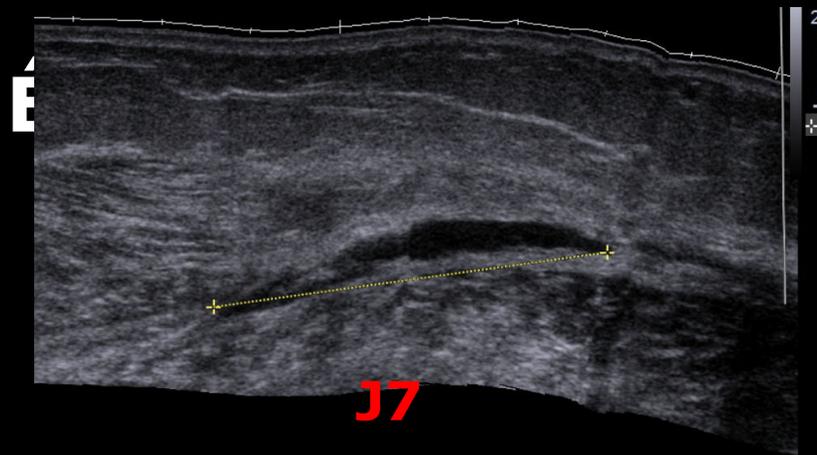


# Tennis leg.

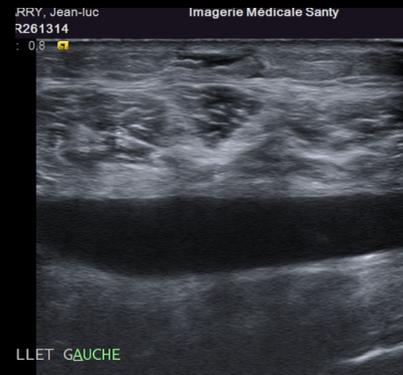
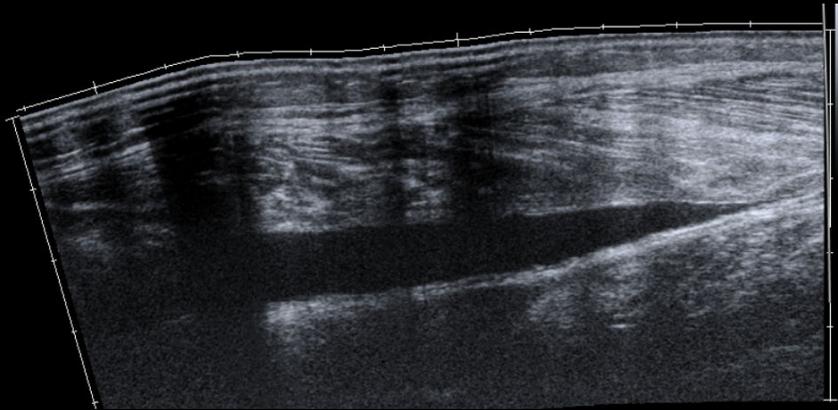
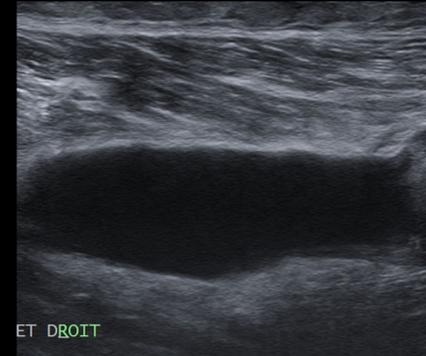
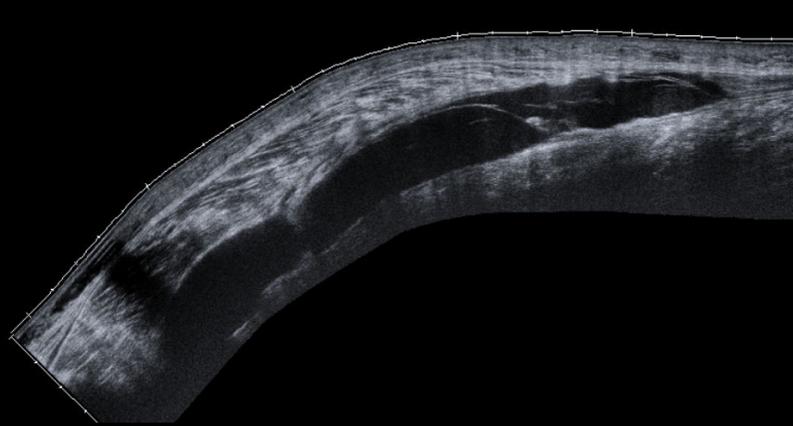


**Évolution à un mois d'un tennis leg de moyenne sévérité.**

# Tennis leg.



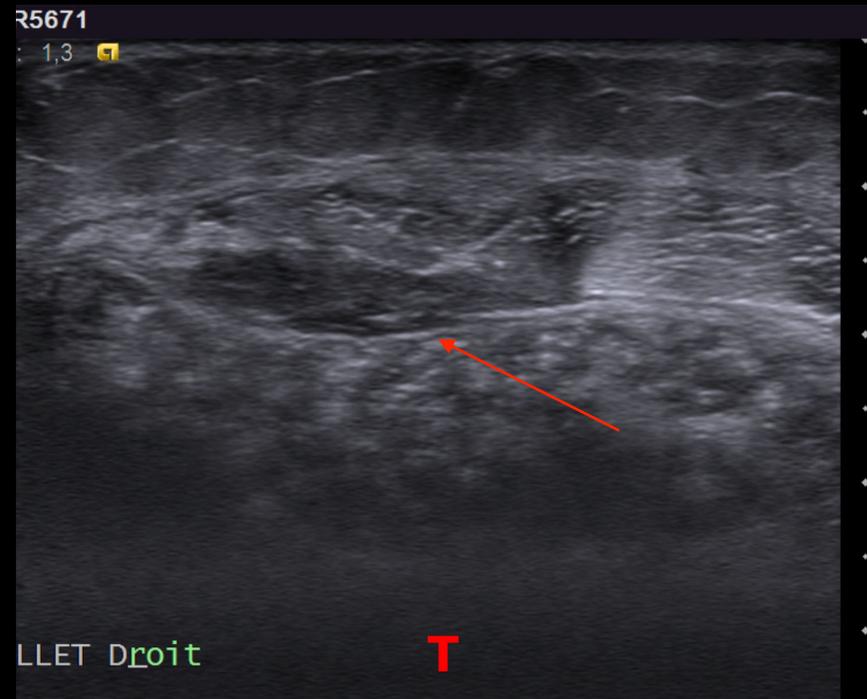
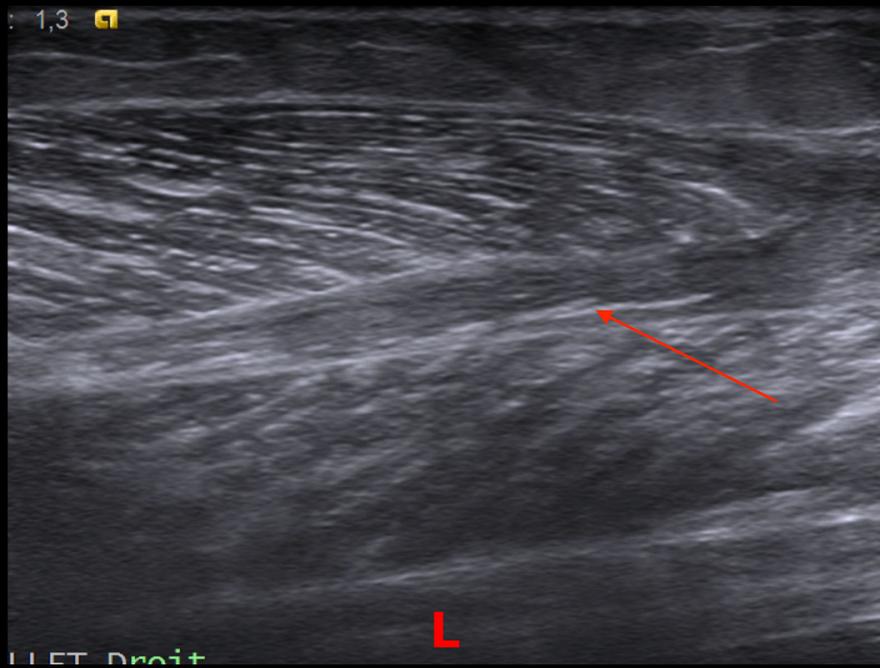
# Tennis leg.



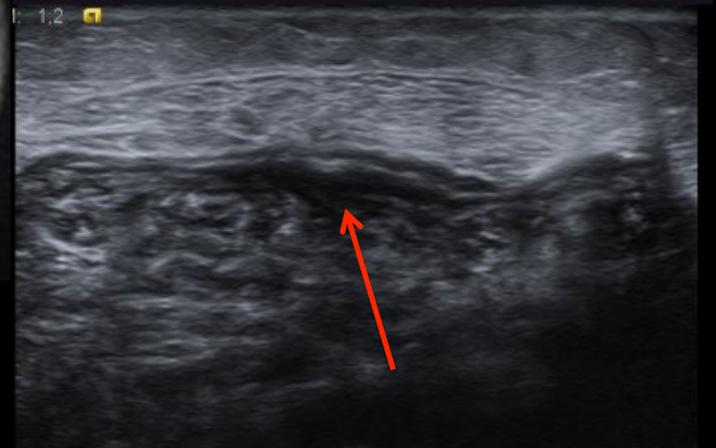
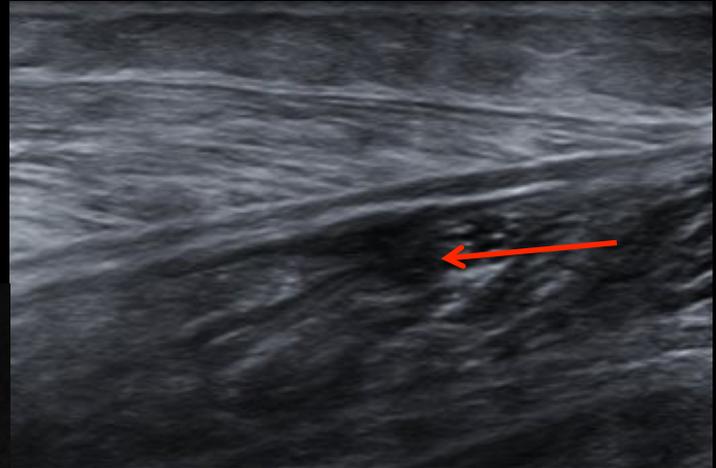
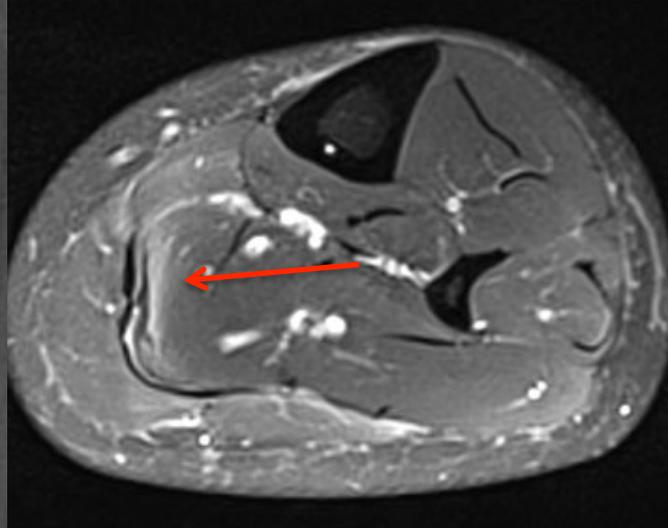
**Tennis leg bilatéral avec décollement proximal à gauche.**

# Tennis leg.

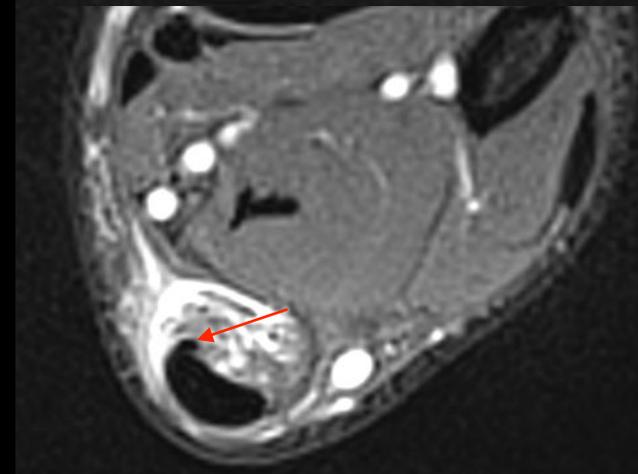
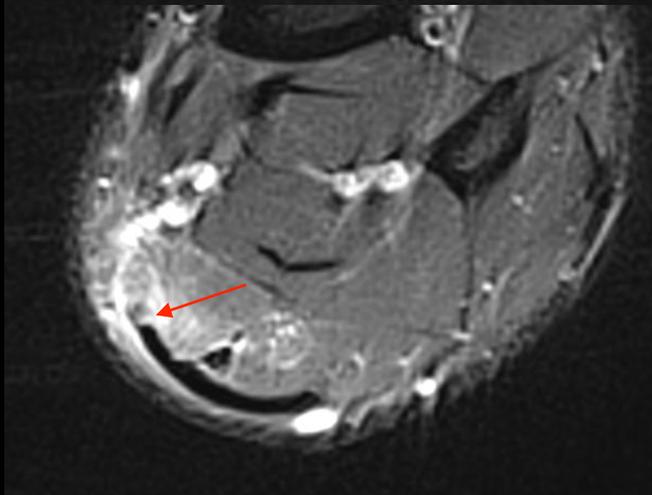
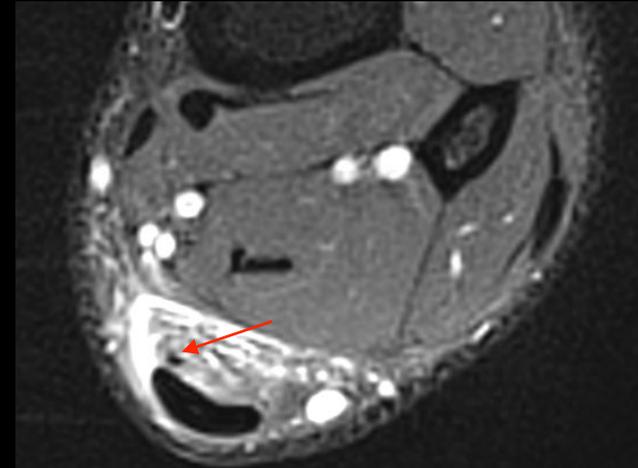
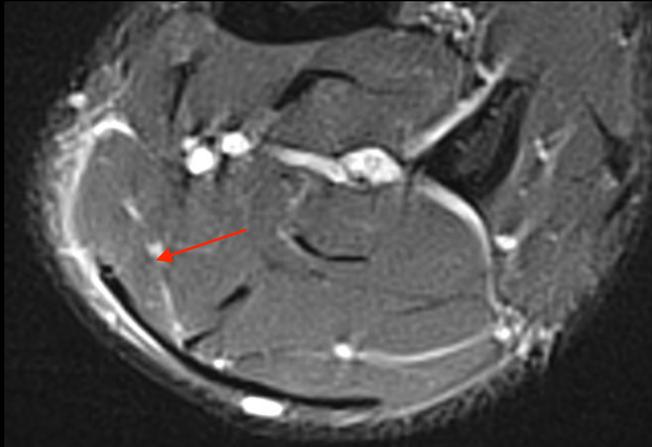
## Évolution fibreuse



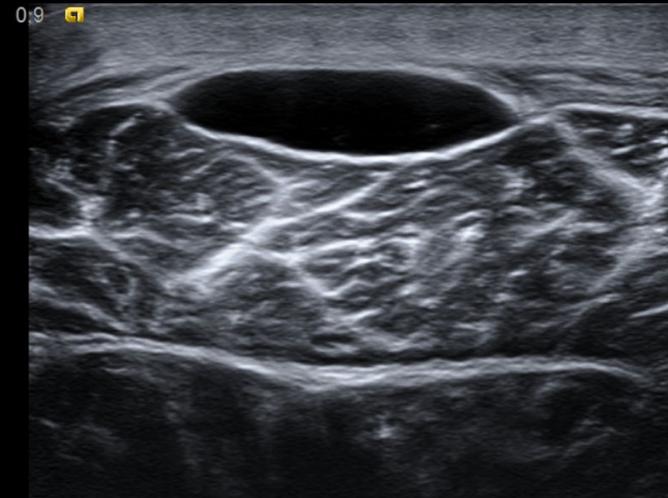
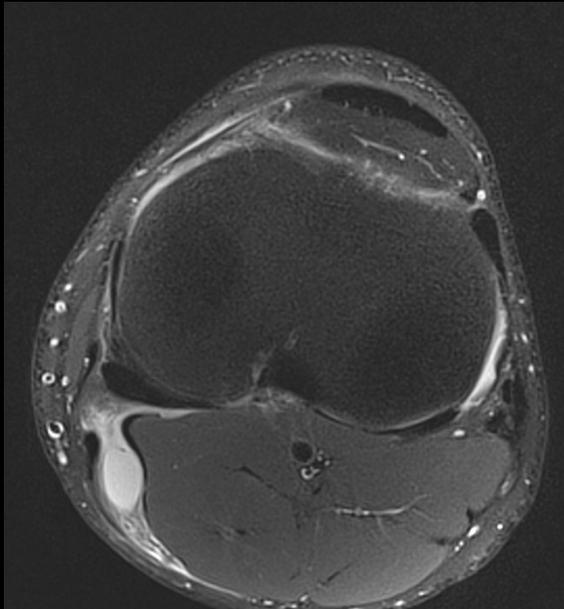
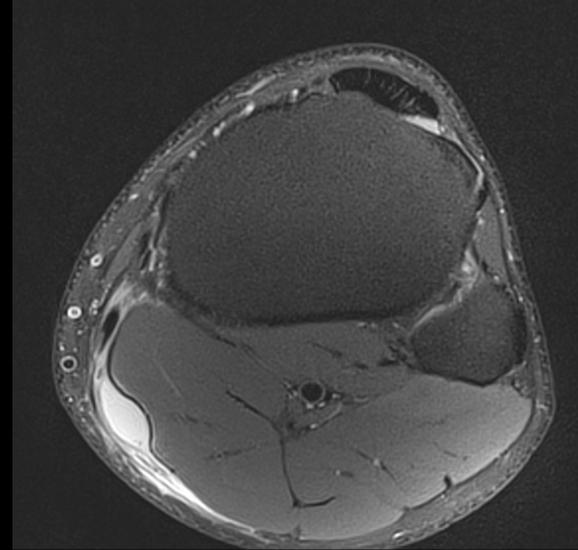
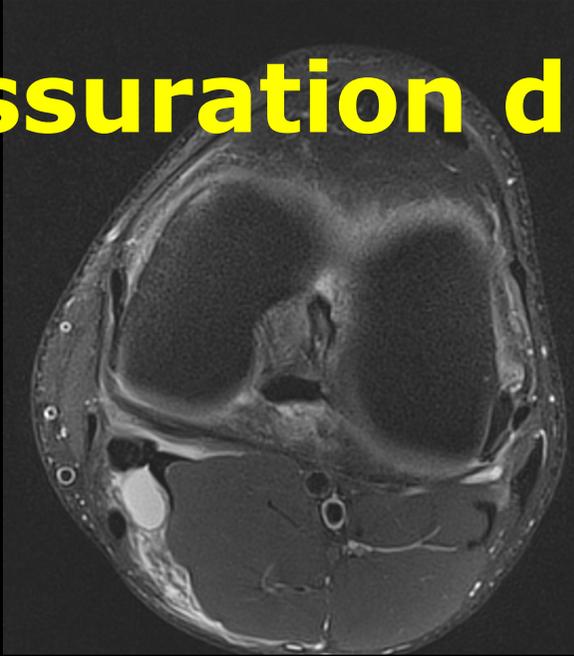
# Tennis leg + DMA soléaire.



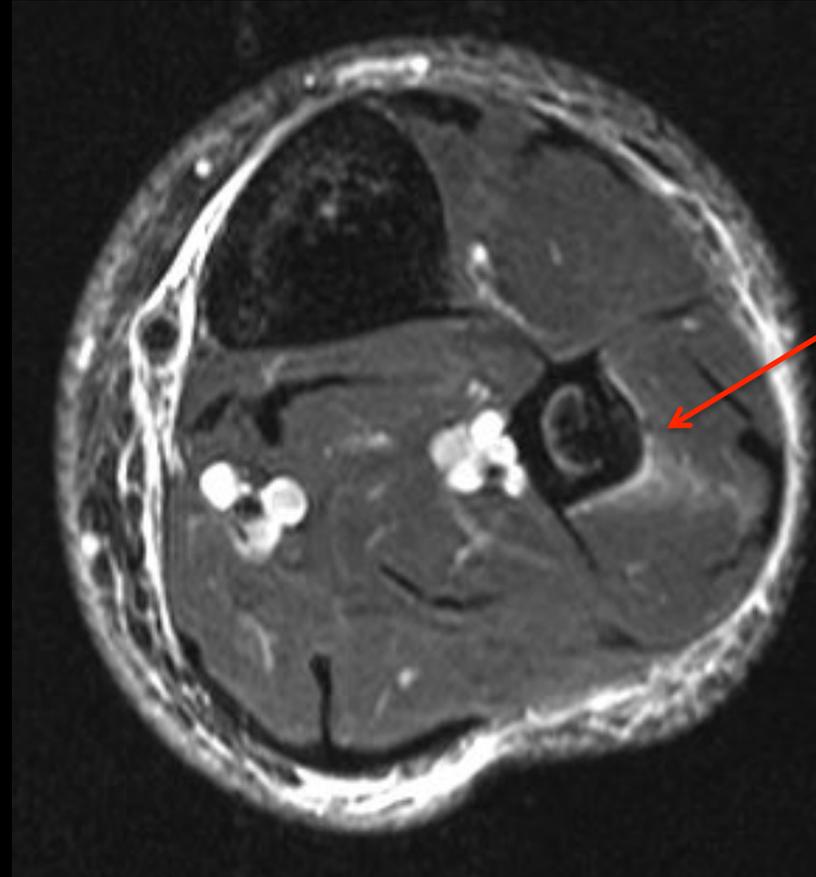
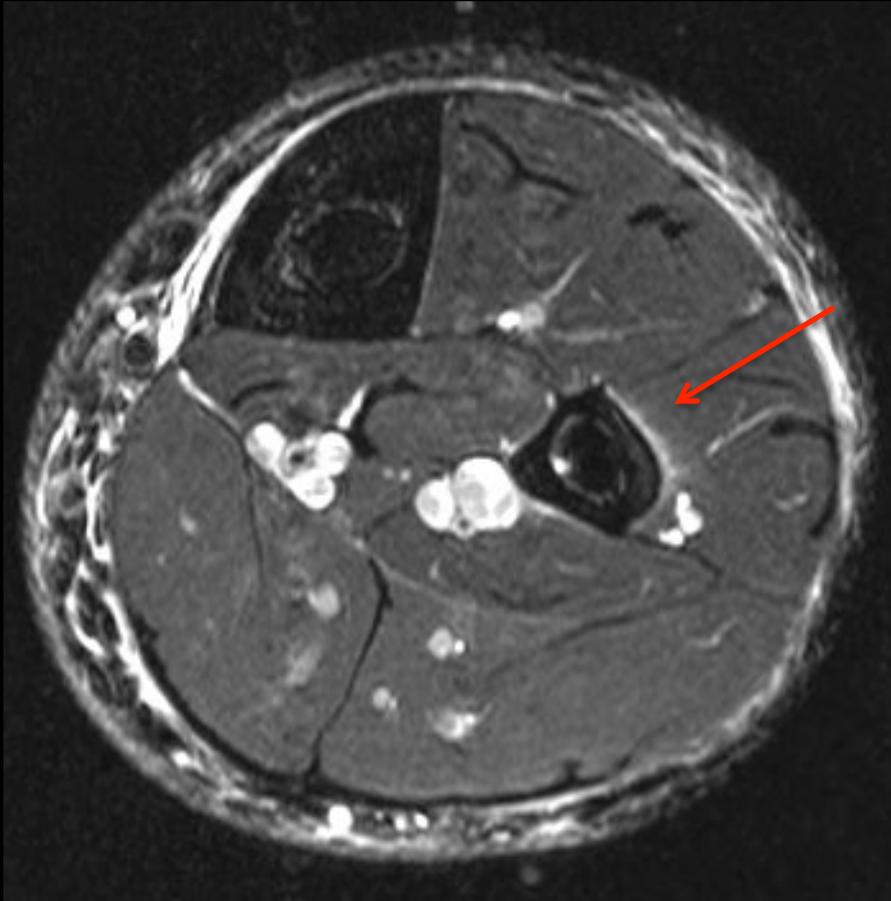
# Plantaire grêle.



# Fissuration d'un kyste poplité.

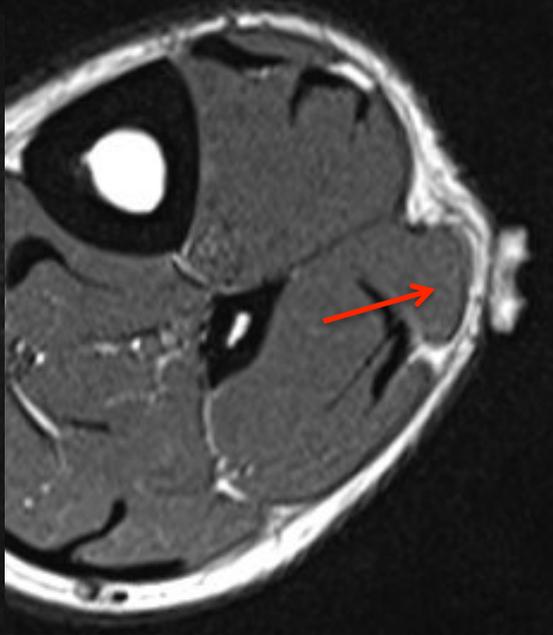
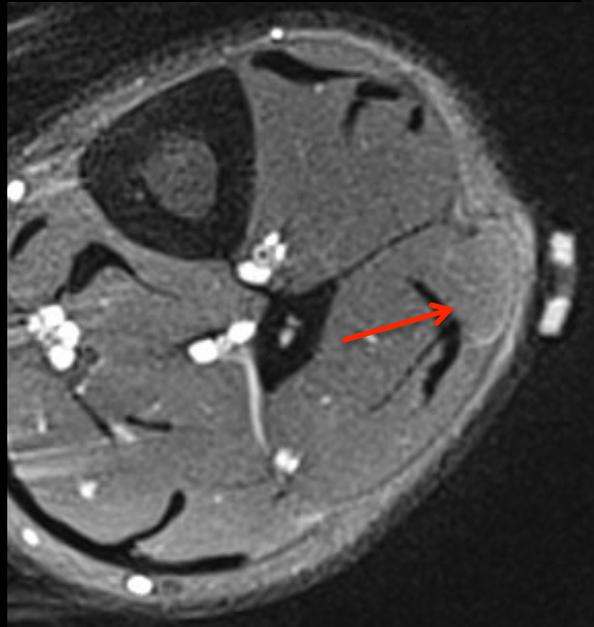


# Fissure de stress.



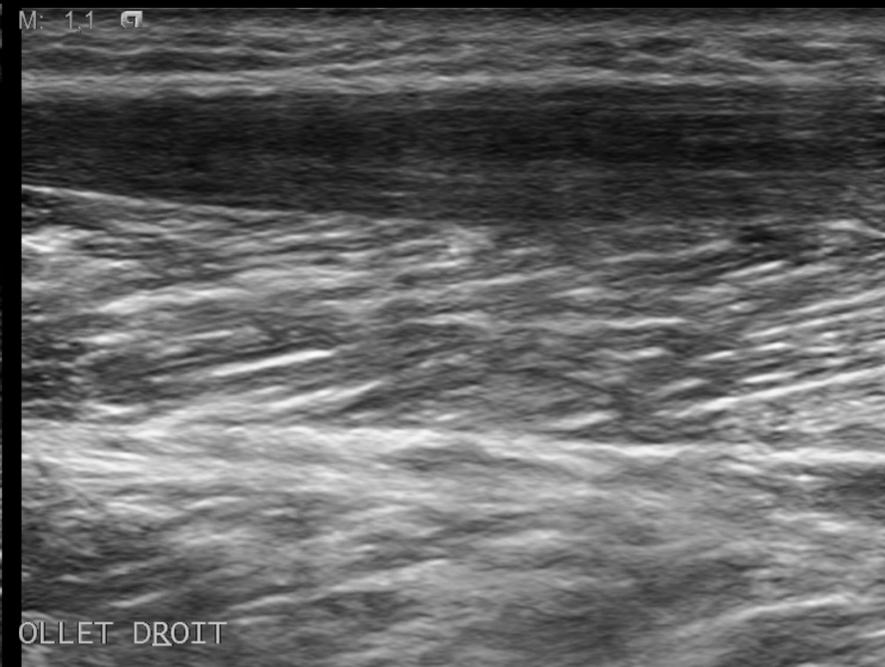
# Long fibulaire.

Séquelles de rupture de l'aponévrose superficielle.



# Soléaire

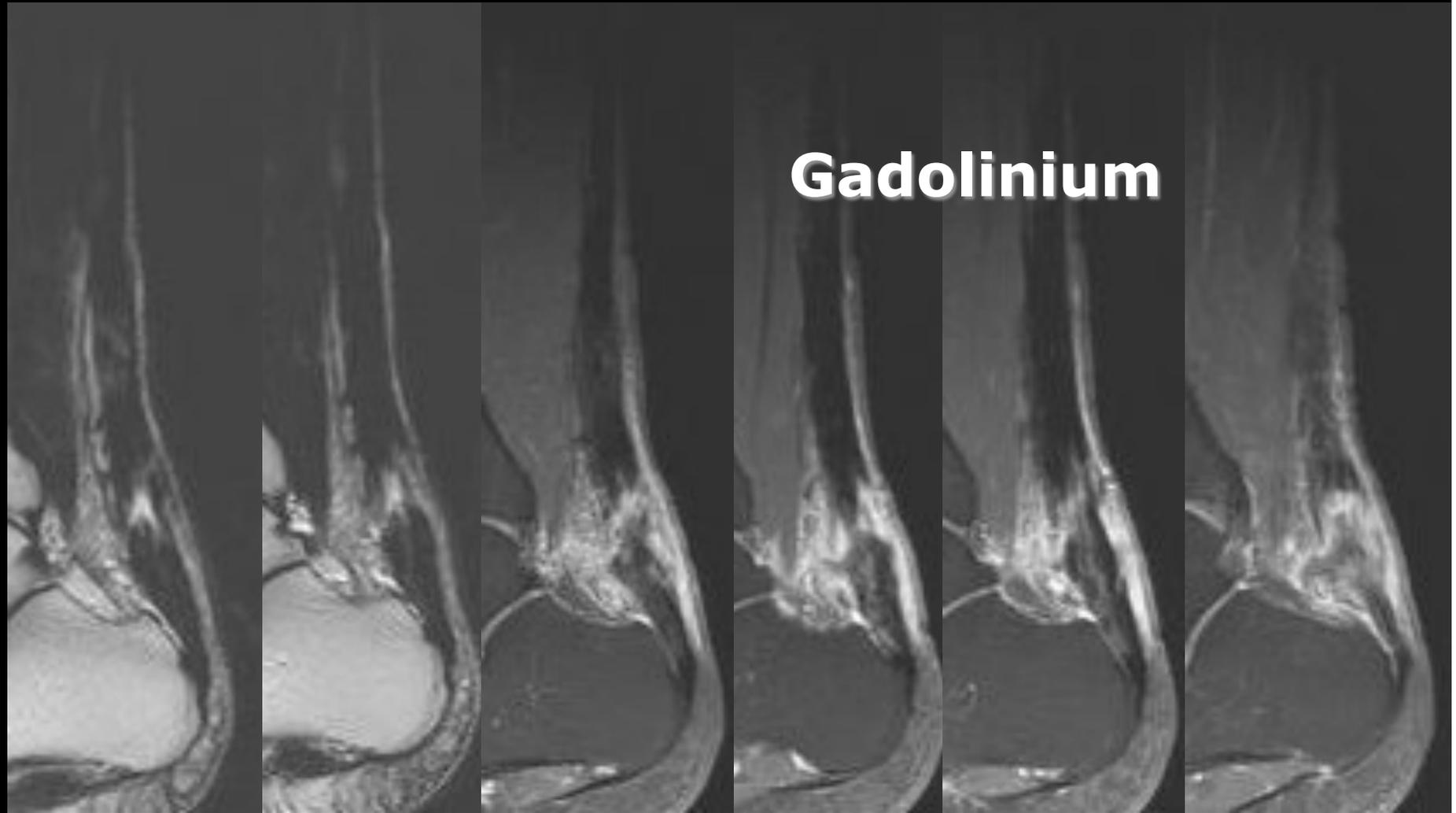
Cicatrice fibreuse.



# **Les ruptures du tendon calcanéen.**

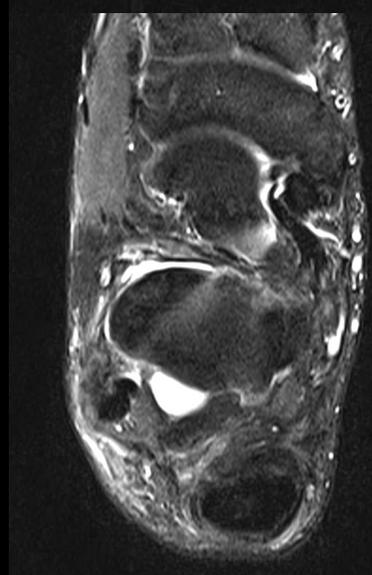
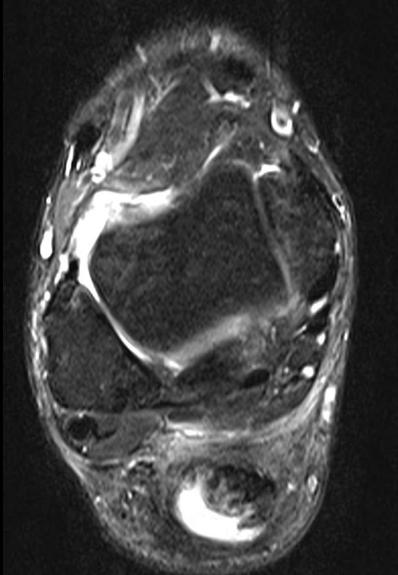
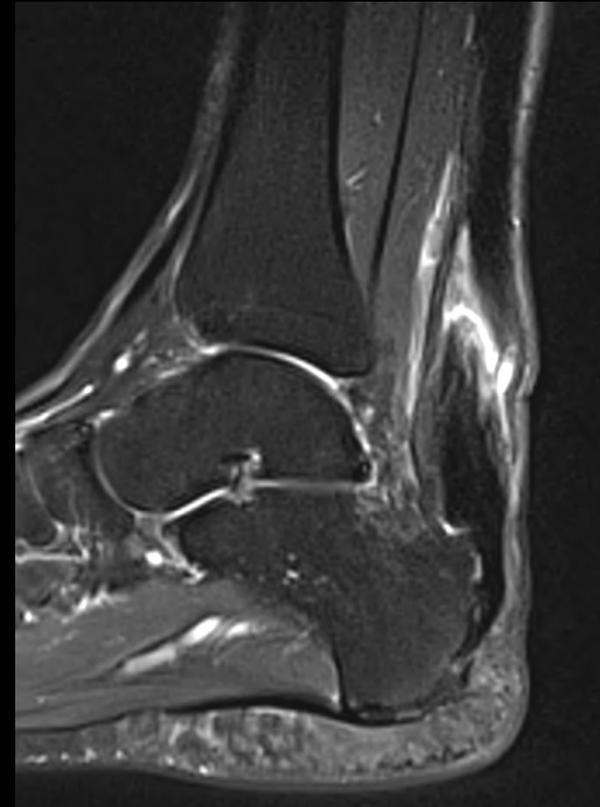
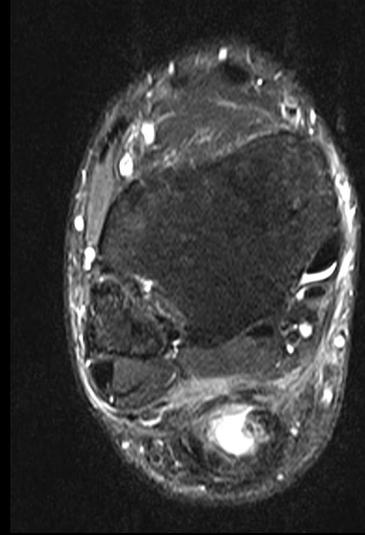
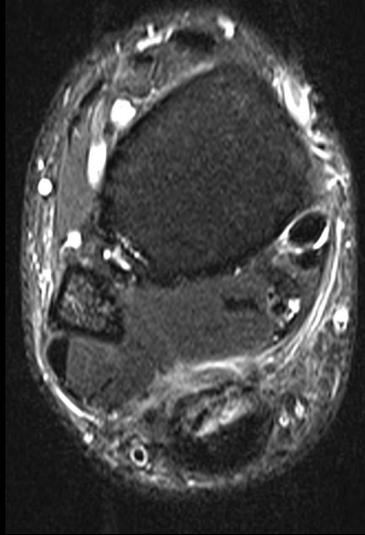
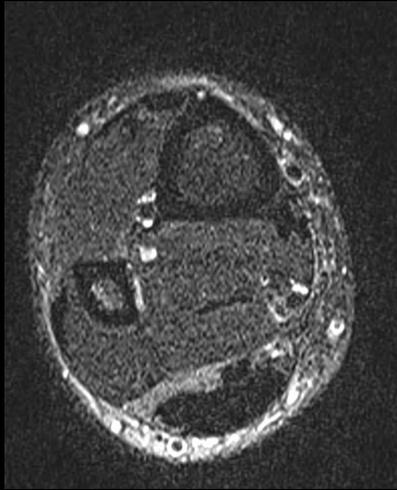
- **Totale**
- **Partielle**
- **Tendinite traumatique : p ritendinite**

# Rupture du tendon calcanéen

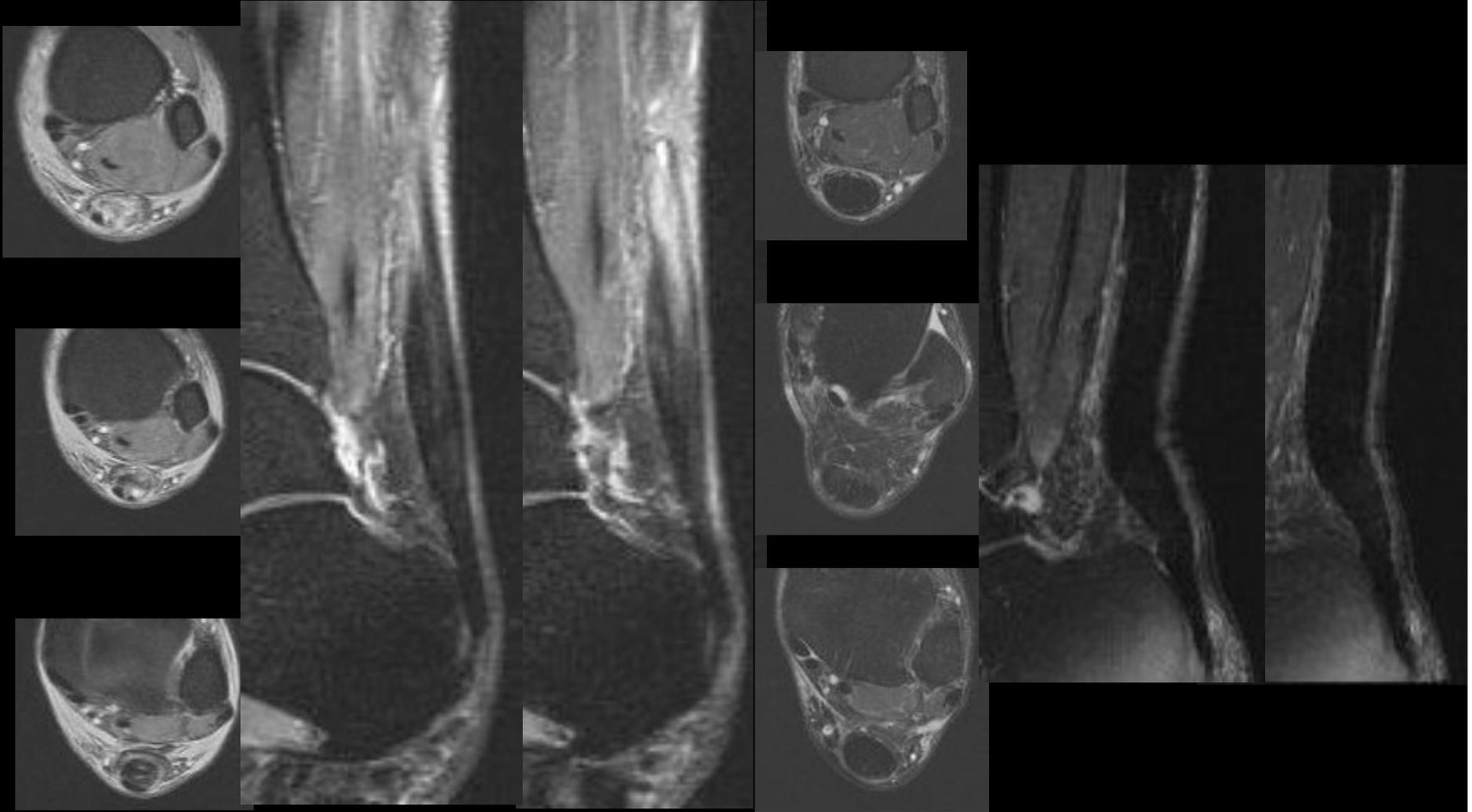


TA13

# Rupture du tendon calcanéen.

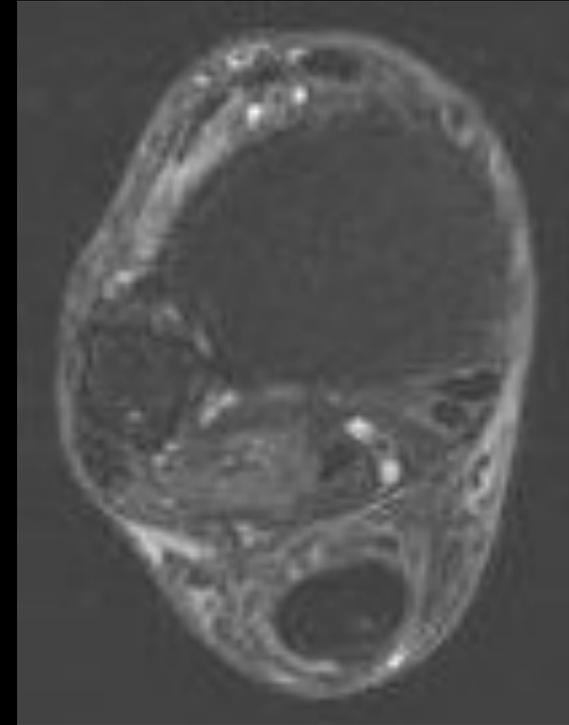
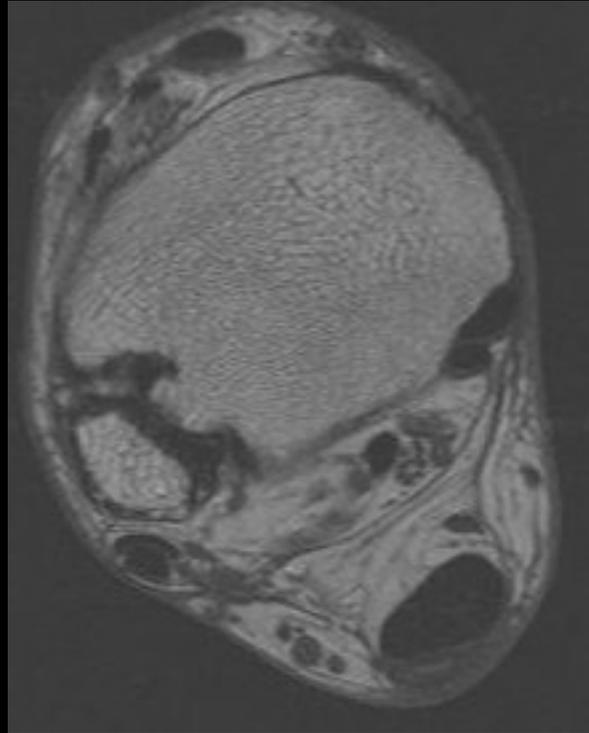


# Rupture du tendon calcanéen.

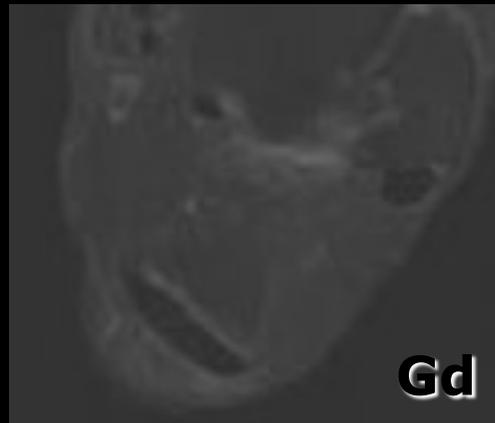
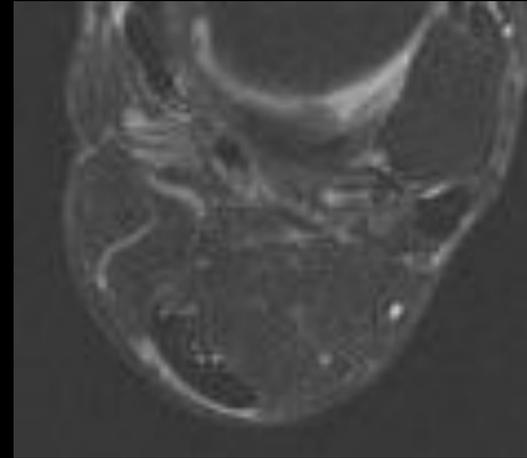
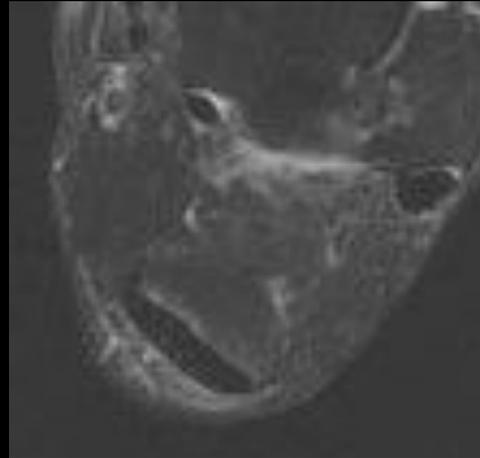


**Traitement conservateur**

# Atteinte partielle de la jonction myo-tendineuse.



# Péritendinite.



# Conclusion

- **Difficulté en échographie des DMA centrales du soléaire.**
- **Participation possible du tendon calcanéen aux ruptures de l'aponévrose du gastrocnémien médial.**