

# Imagerie de l'hallux du sportif (du samedi soir...)

**B Bordet**

**Clinique du Parc, Centre Créqui - Lyon**



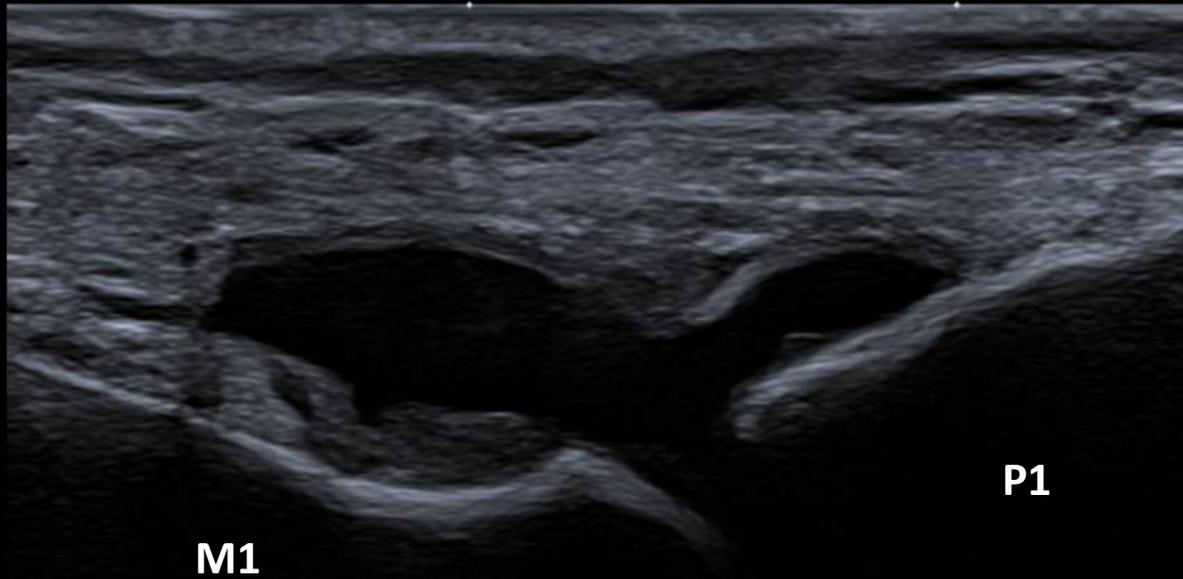


**Situations cliniques**

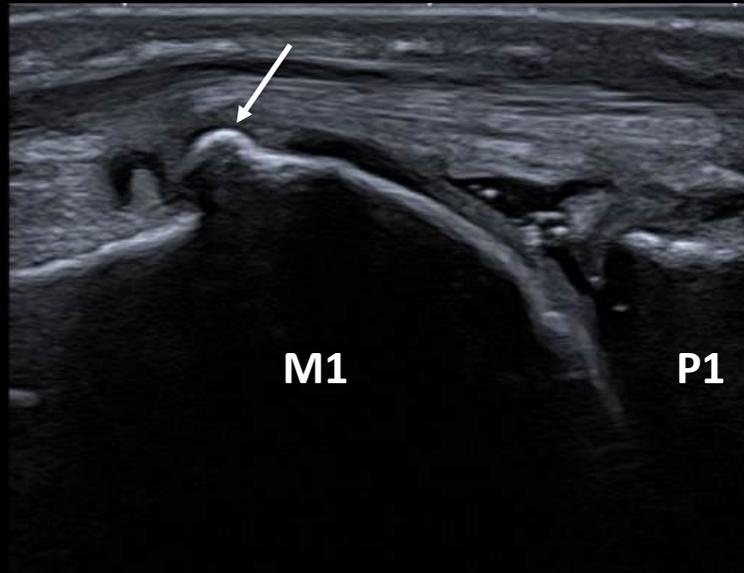
**Bonjour Docteur**

**J'ai mal, cela fait un moment que ça  
dure, je n'ai rien fait de particulier.**

Sagittale dorsale



Epanchement artriculaire



Sagittal

Sexe: M  
Se: 1/2  
Im: 11/12

d20  
31 fps  
Qscan  
G:86  
DR:75

A:3  
P:5

1

1

15:08:49

MI  
(0.7)  
i22LH8  
d20  
31 fps  
Qscan  
G:86  
DR:75

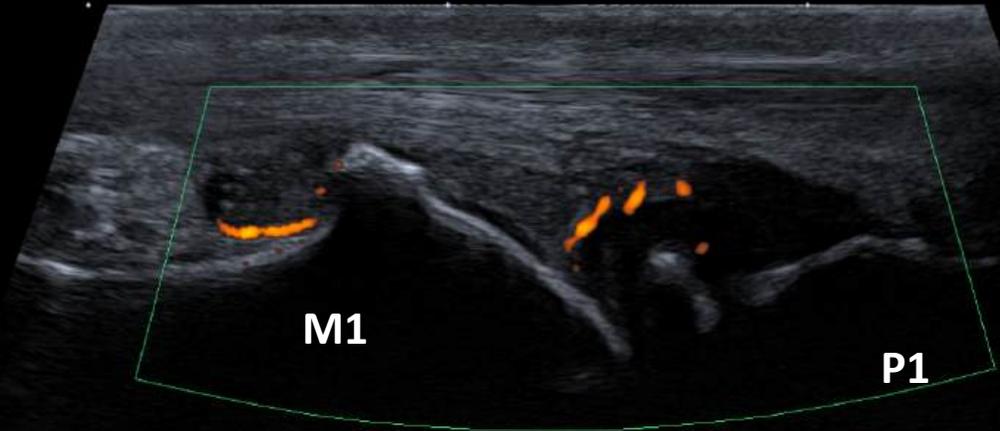
A:3  
P:5

1

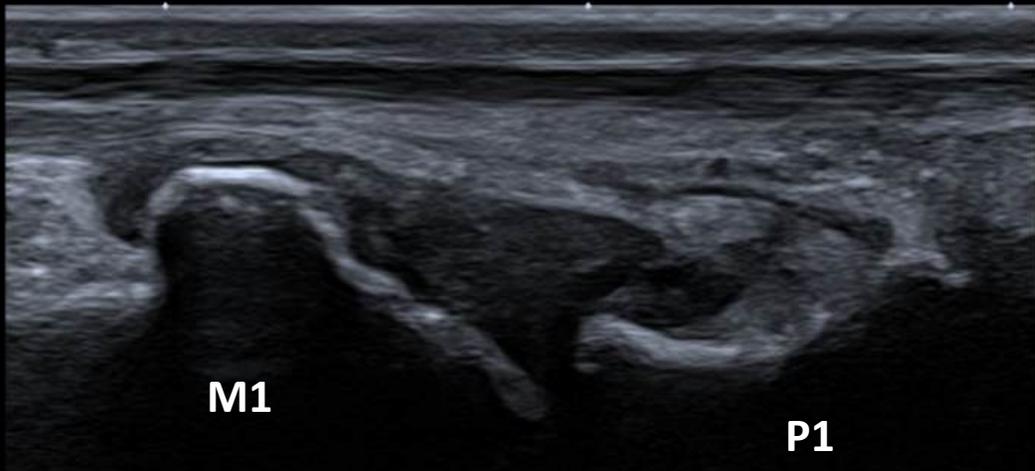
M1

P1

1



MTPR1 D



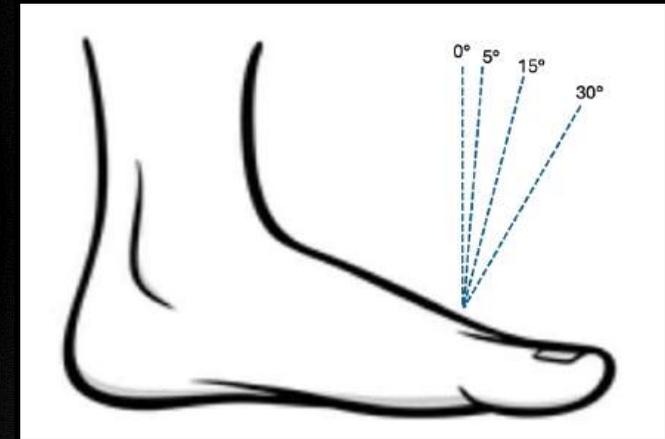
# Hallux rigidus



# Hallux rigidus



# Hallux rigidus



# Hallux rigidus



# Post-opératoire



# Post-opératoire



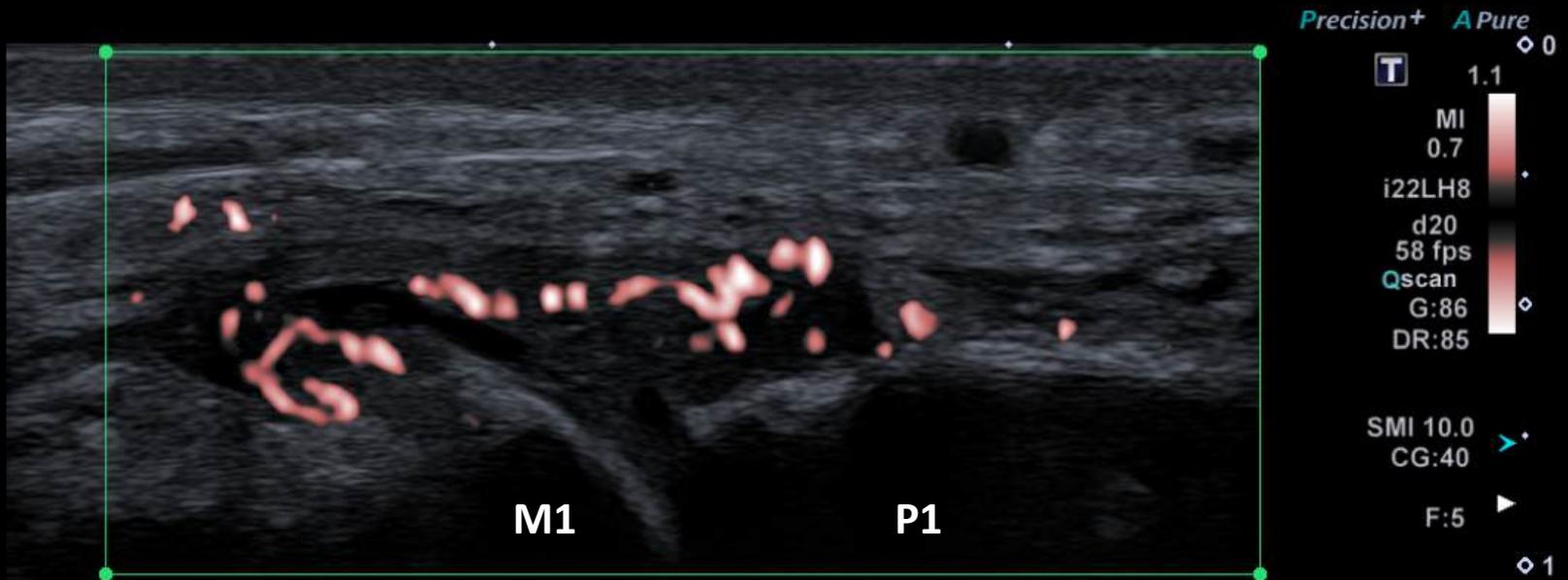
# Post-opératoire



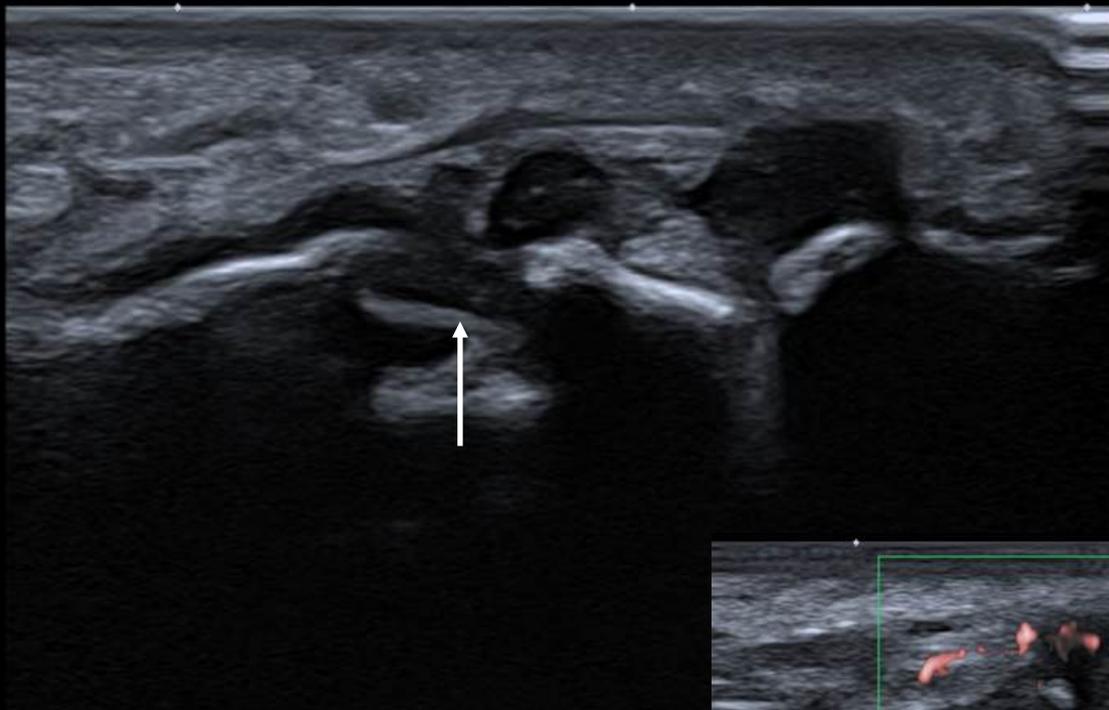
**Bonjour Docteur**

**J'ai très mal aux deux pieds, je n'ai rien fait de particulier.**

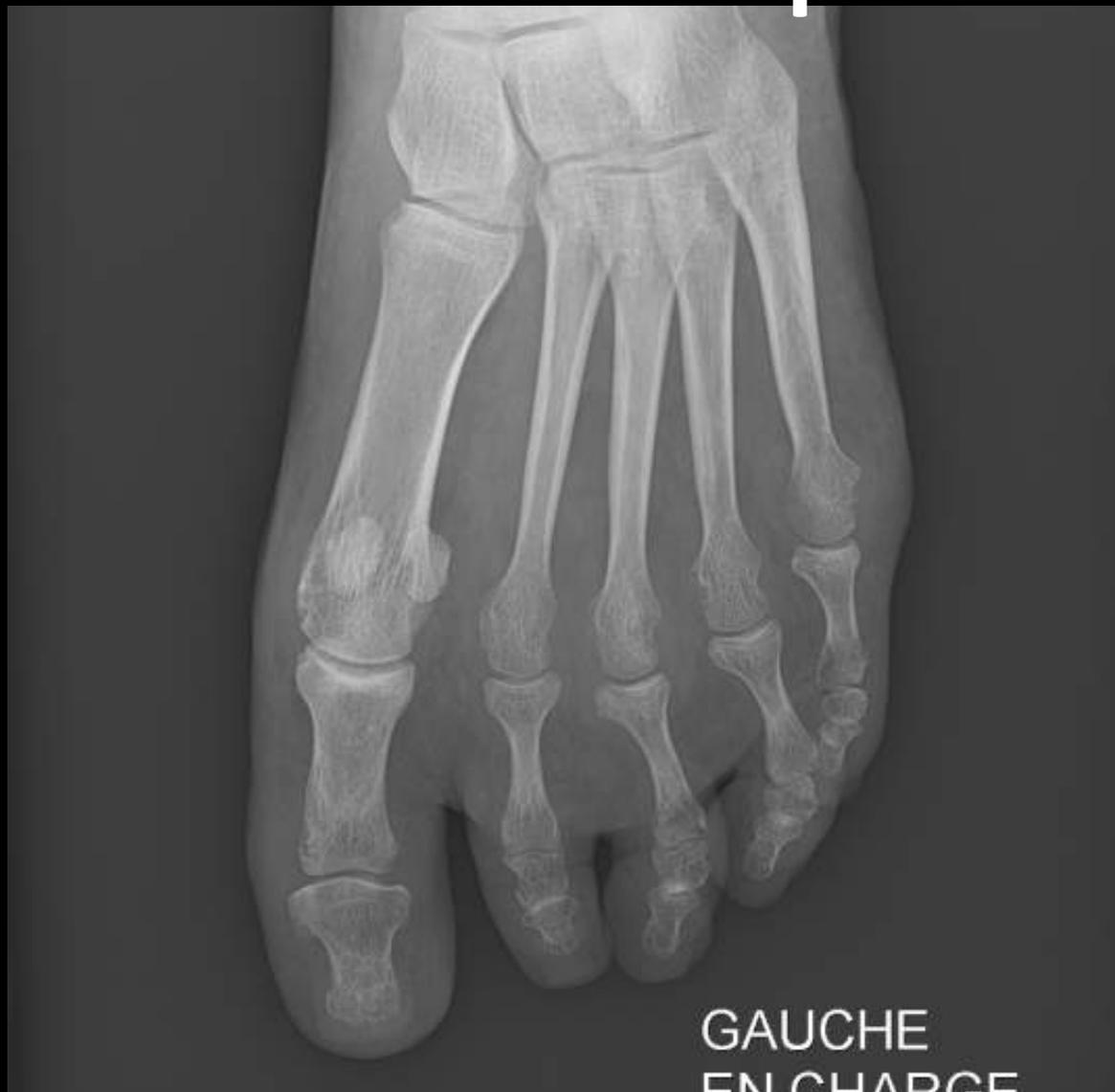
# Echographie



# Echographie



# Clichés simples



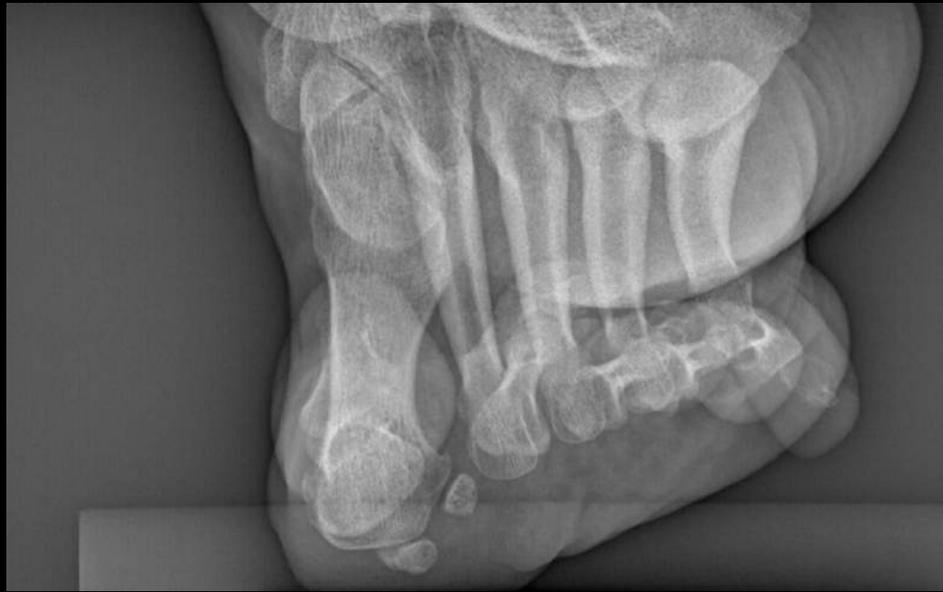
# Atteinte inflammatoire



**Bonjour Docteur**

**J'ai mal, je n'ai rien fait de particulier  
mais j'ai mal et ça me gêne en dedans  
dans ma chaussure**

# Hallux valgus

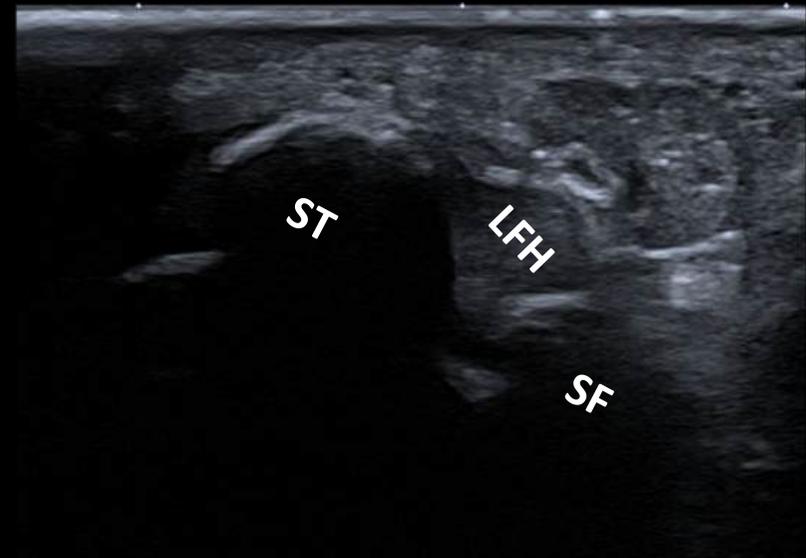
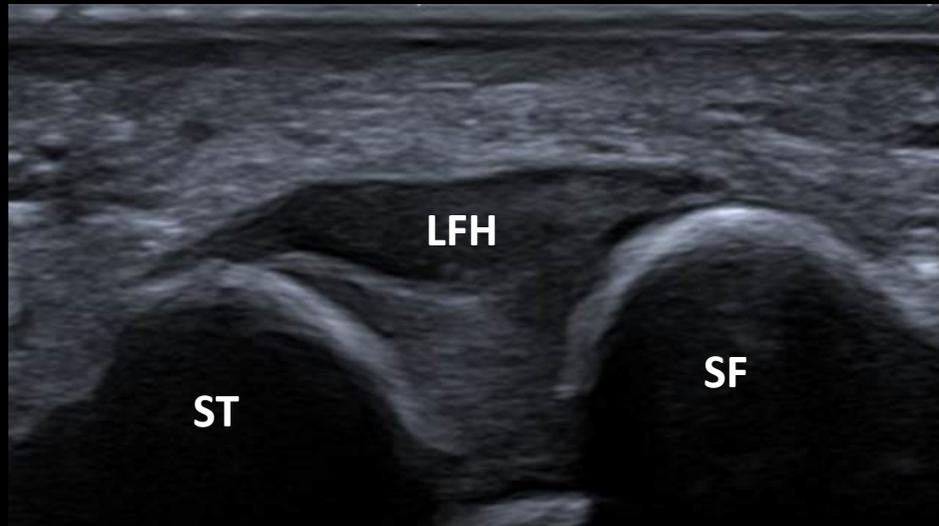


**Guntz**



# Bascule des sésamoïdes

Axiale plantaire



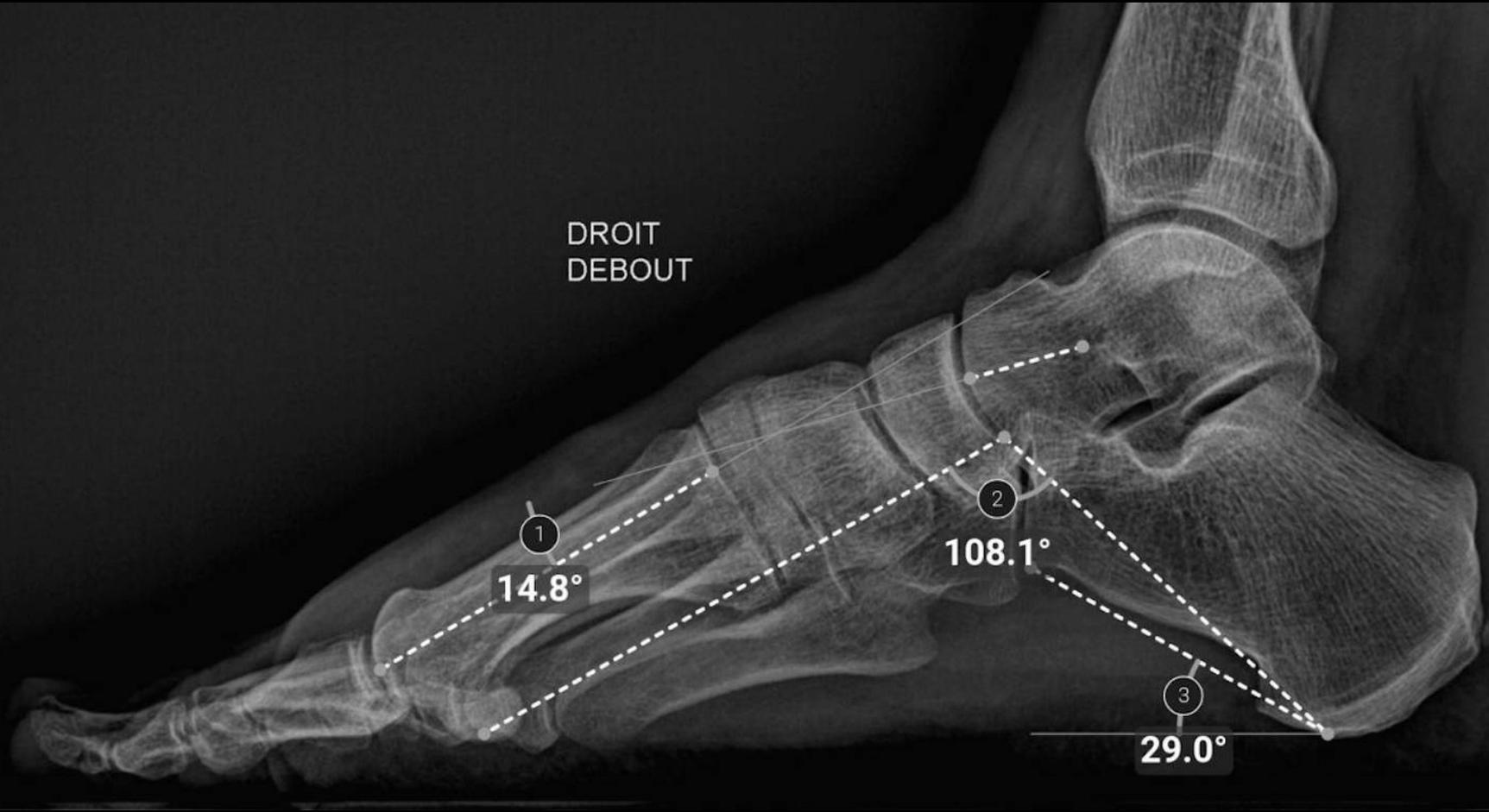
**Bonjour Docteur**

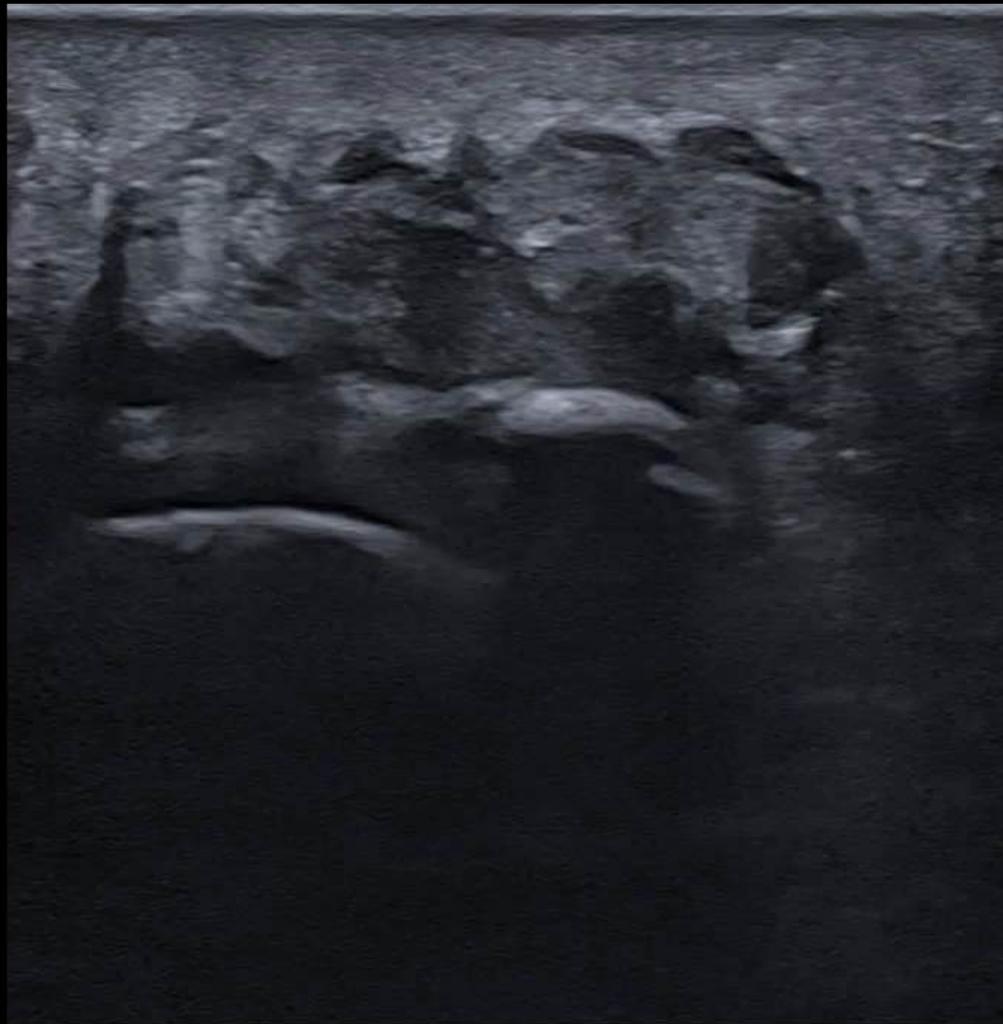
**J'ai mal docteur, je n'ai rien fait de  
particulier mais j'ai vraiment mal  
dessous...**

DROIT  
DEBOUT

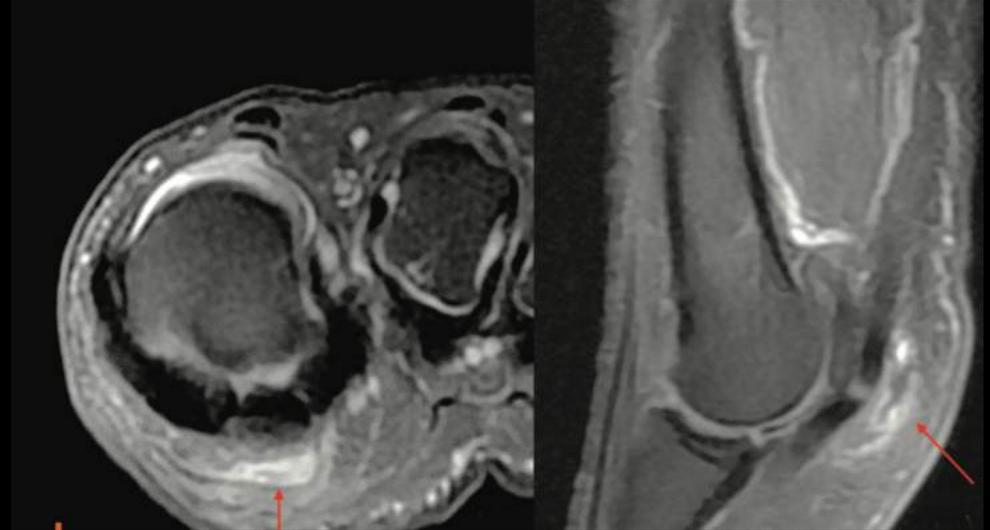
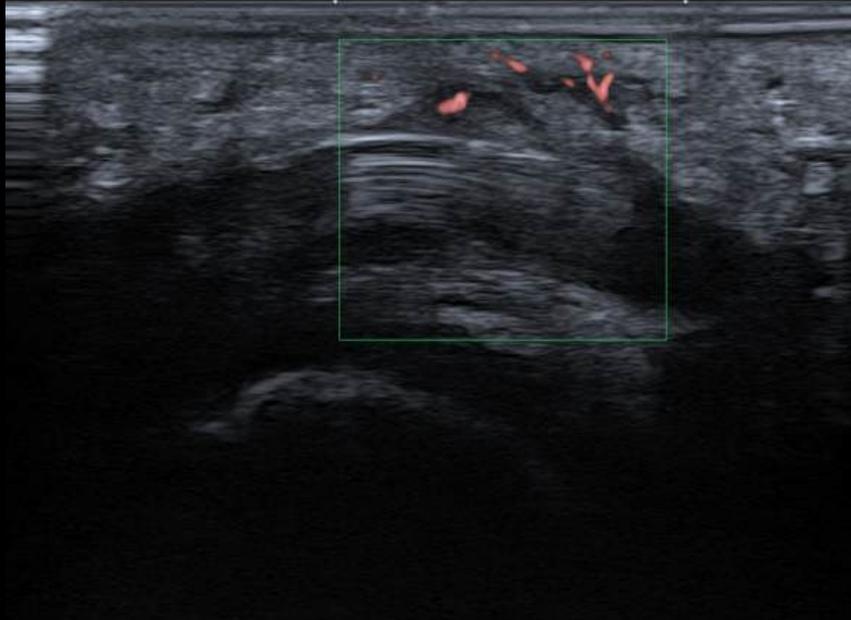


DROIT  
DEBOUT

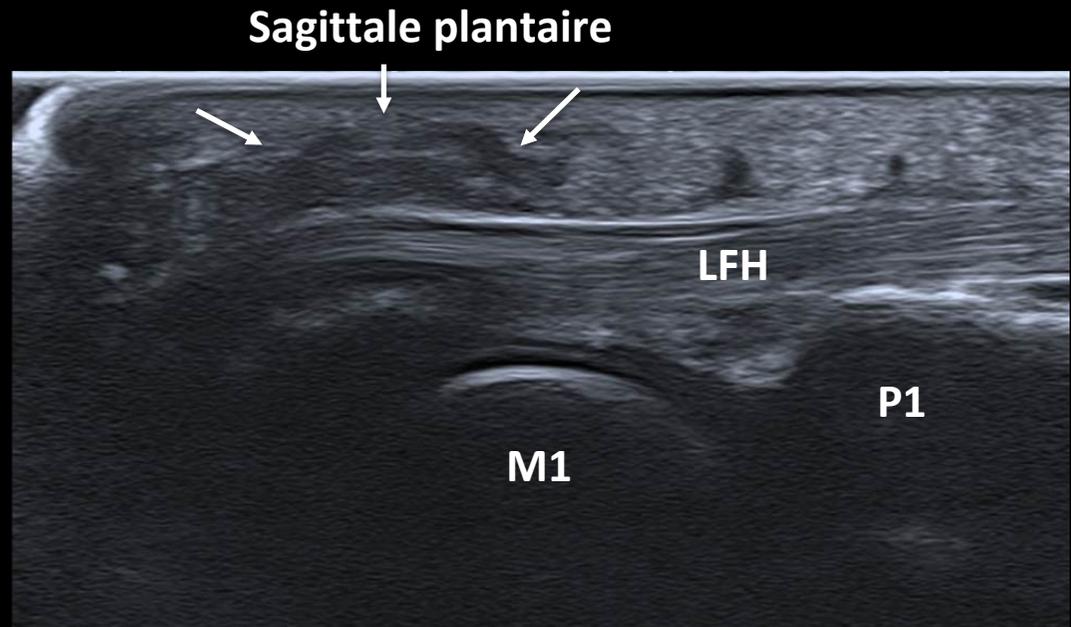




MI  
0.7  
i22LH8  
d20  
31 fps  
Qscan  
G:93  
DR:75  
A:3  
P:5  
1  
2  
2.5



# Bursopathie sous-sésamoïdienne

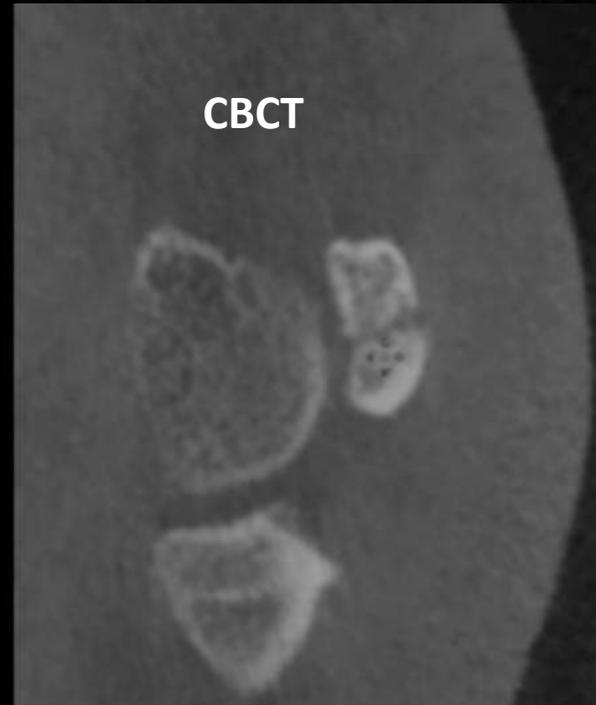
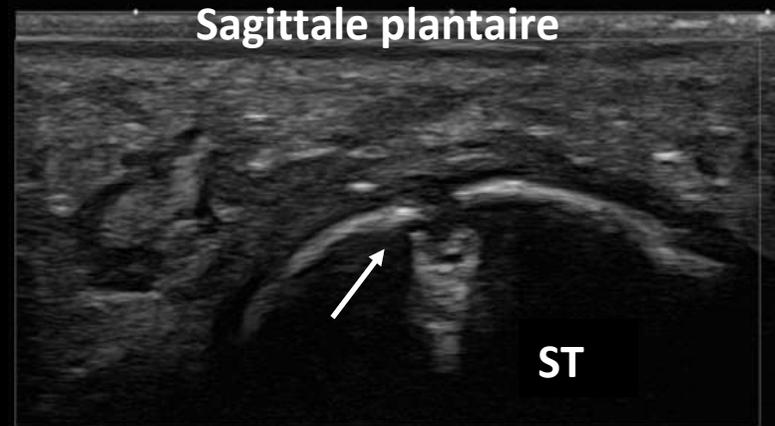
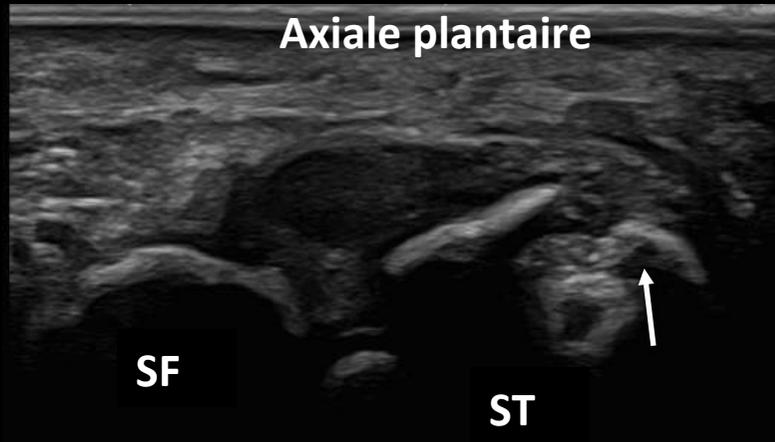


**Bonjour Docteur**

**J'ai mal, j'ai vraiment très mal  
dessous...**

**Je ne me rappelle plus trop mais j'ai  
quand même beaucoup (bu et) dansé  
au mariage de ma belle-sœur**

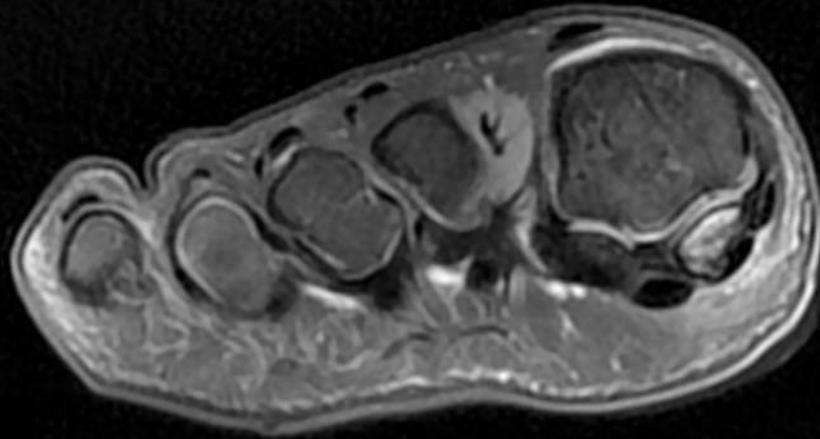
# Fracture de contrainte du sésamoïde



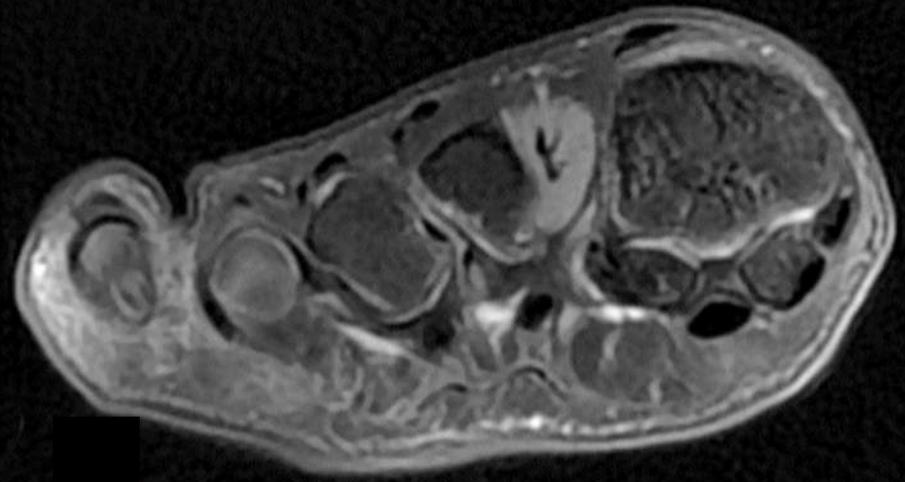
# Fracture de contrainte du sésamoïde



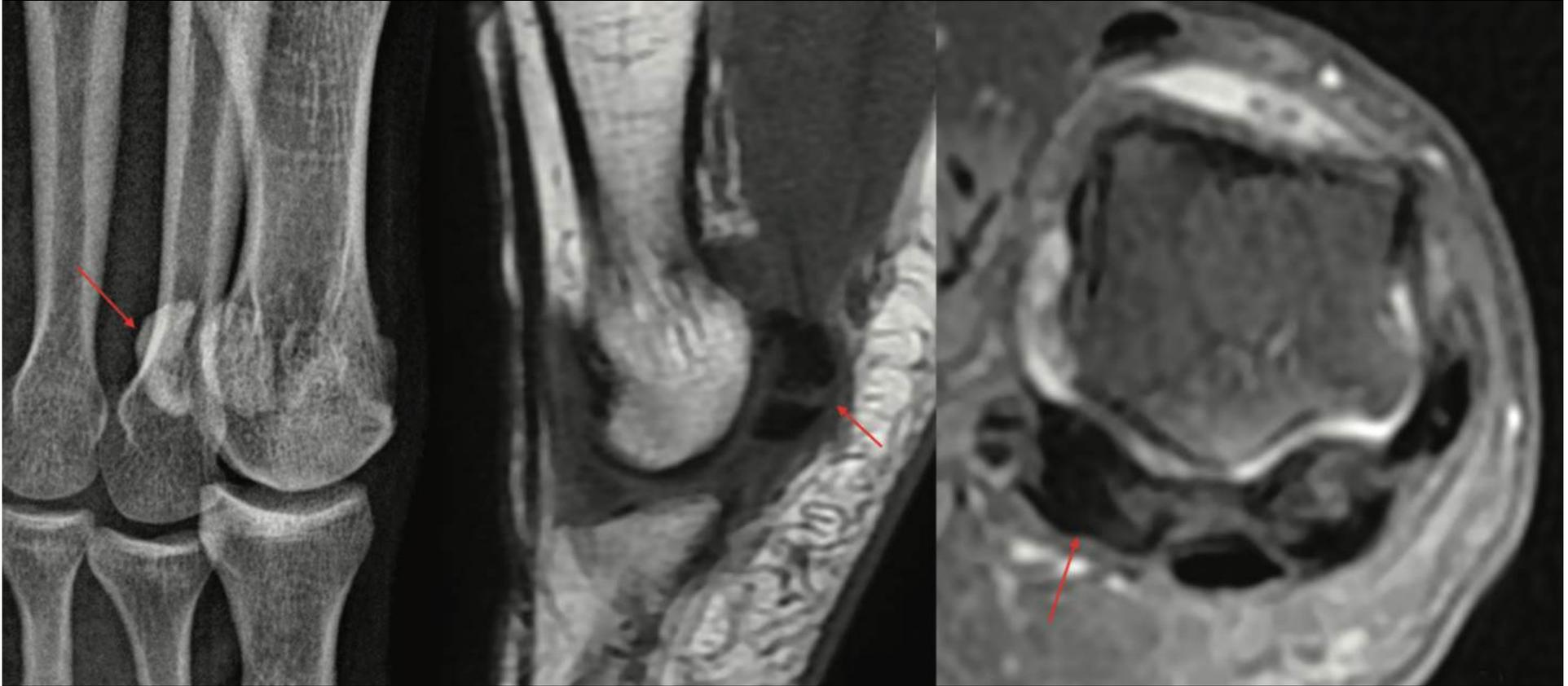
# Fracture de contrainte du sésamoïde

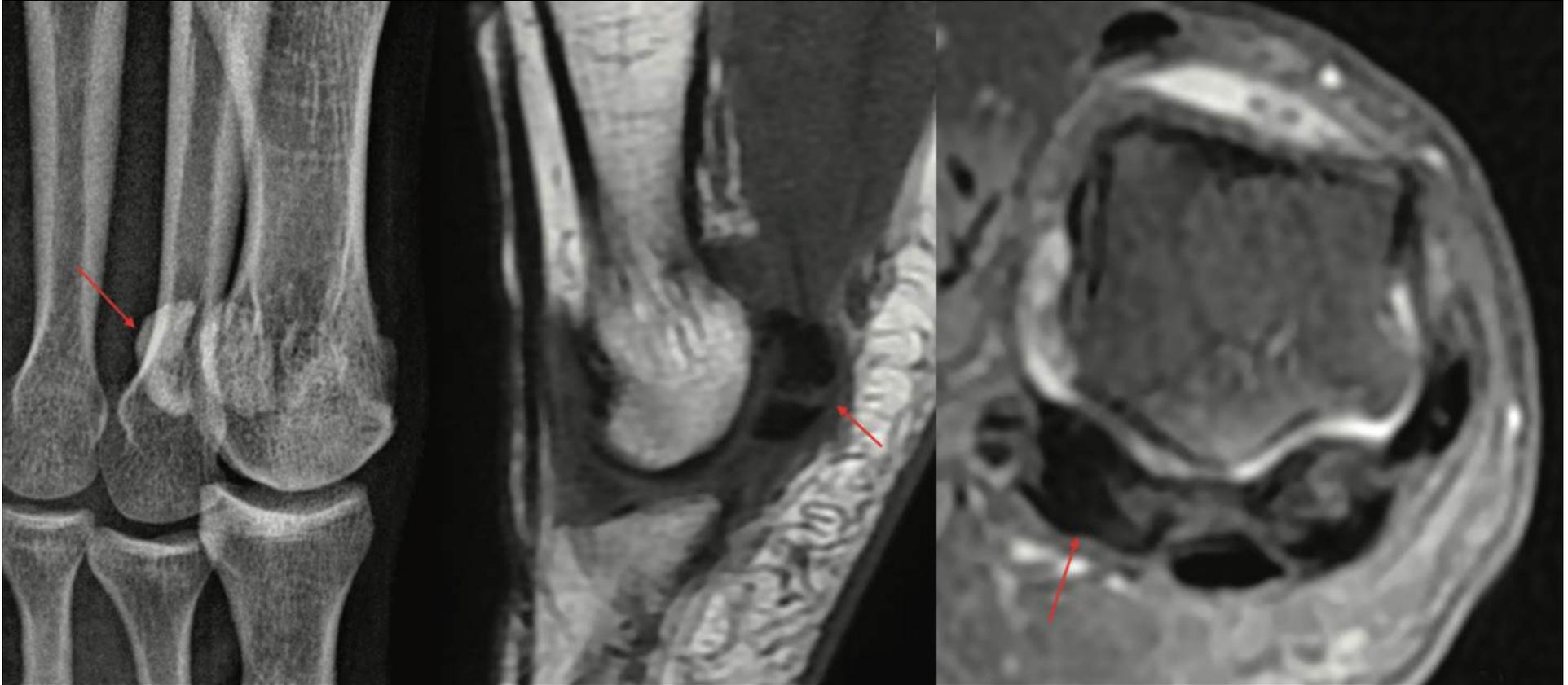


DPFS J0



DPFS à 3 mois





**Ostéonécrose du sésamoïde**

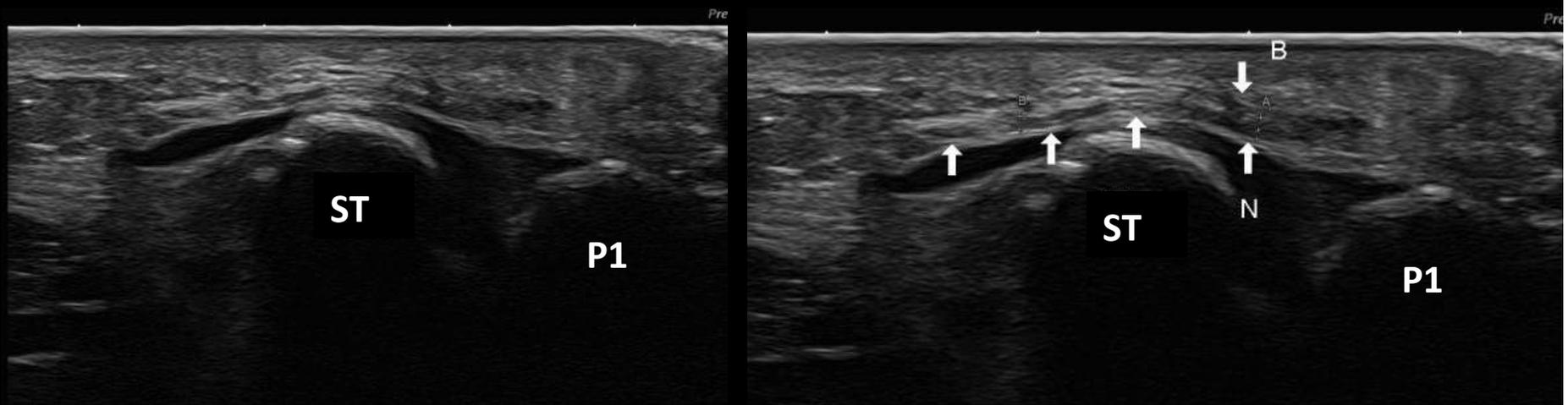
**Bonjour Docteur**

**Je cours beaucoup et j'ai des brûlures  
sur le bord médial du gros orteil**



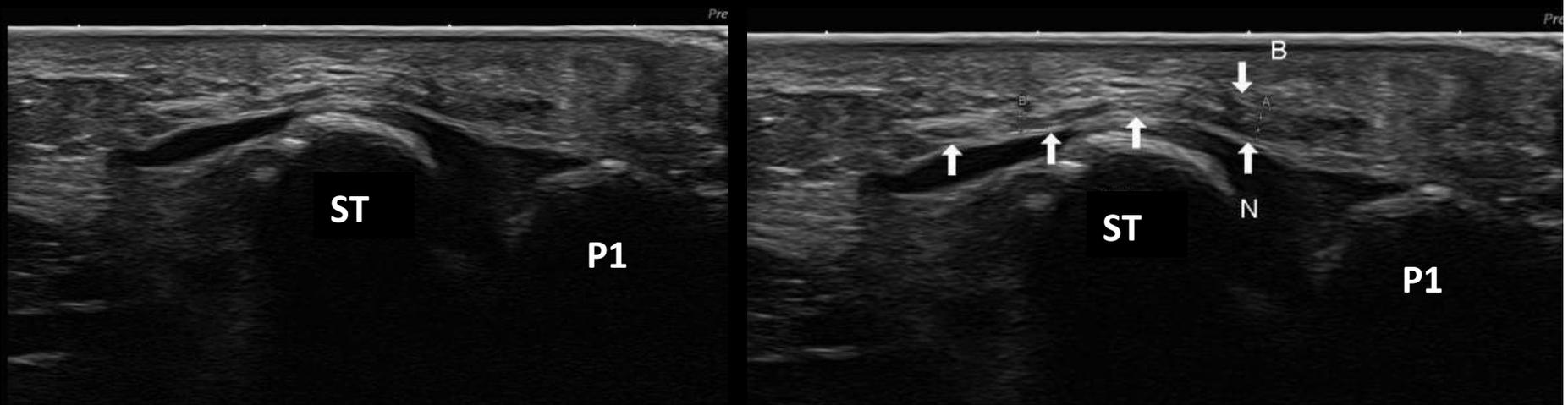
# Souffrance du nerf digital plantaire médial de l'hallux

Sagittale médiale



# Souffrance du nerf digital plantaire médial de l'hallux

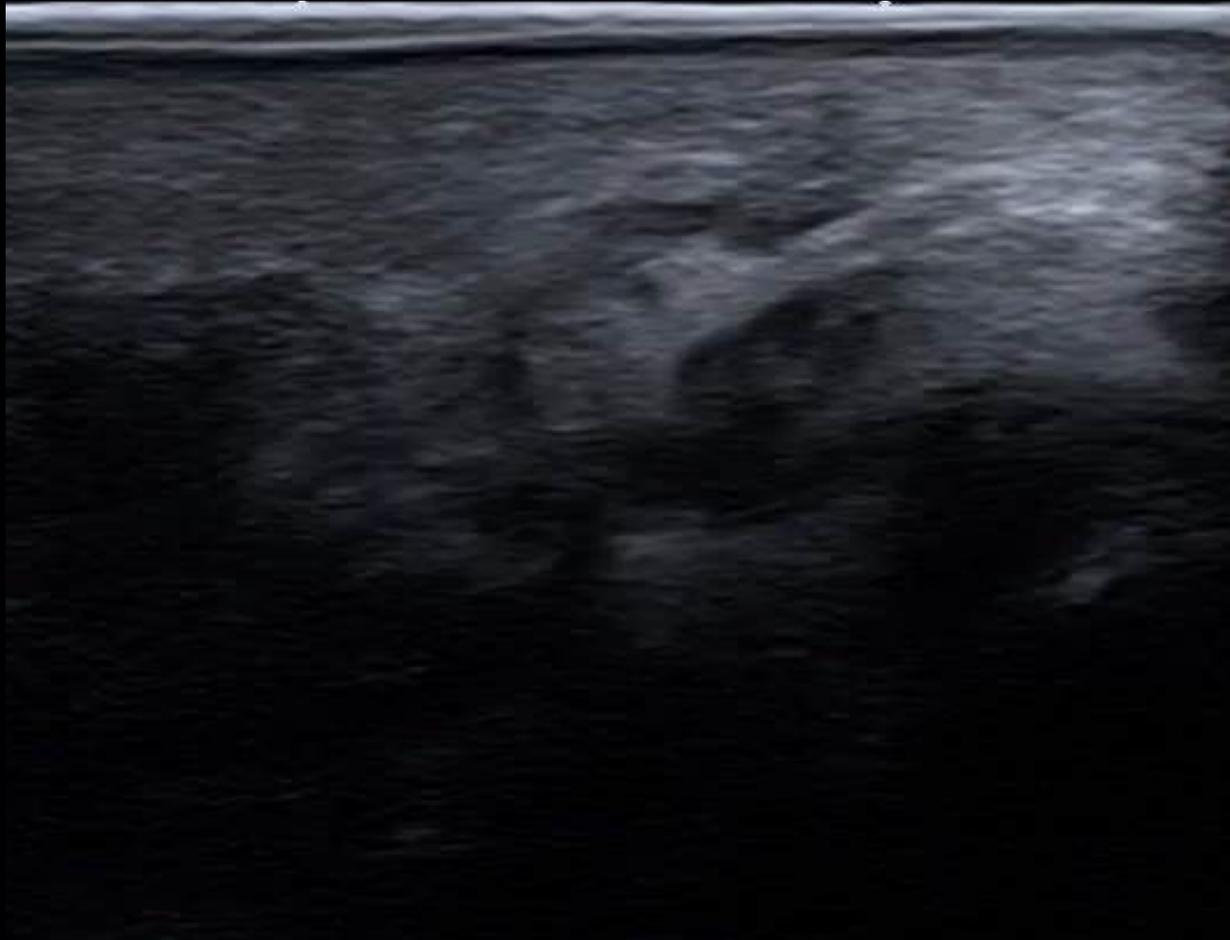
Sagittale médiale



Névrome de Joplin

# Souffrance du nerf digital plantaire médial de l'hallux

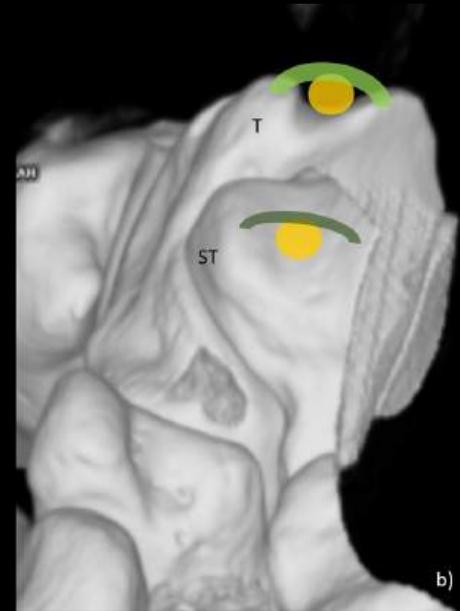
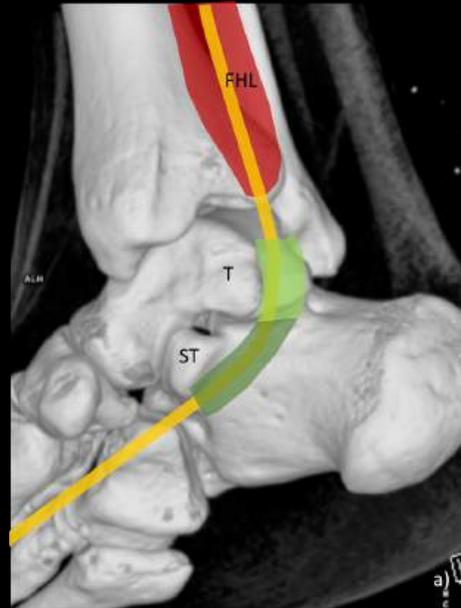
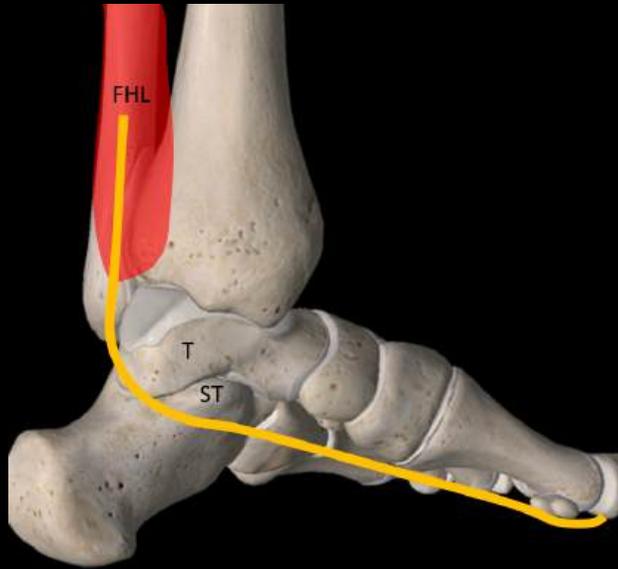
Axiale médiale



# **Bonjour Docteur**

**J'ai mal, je cours beaucoup, j'ai peu  
de douleurs sur l'orteil mais il claque  
et se bloque**

# Hallux Saltans



# Hallux Saltans

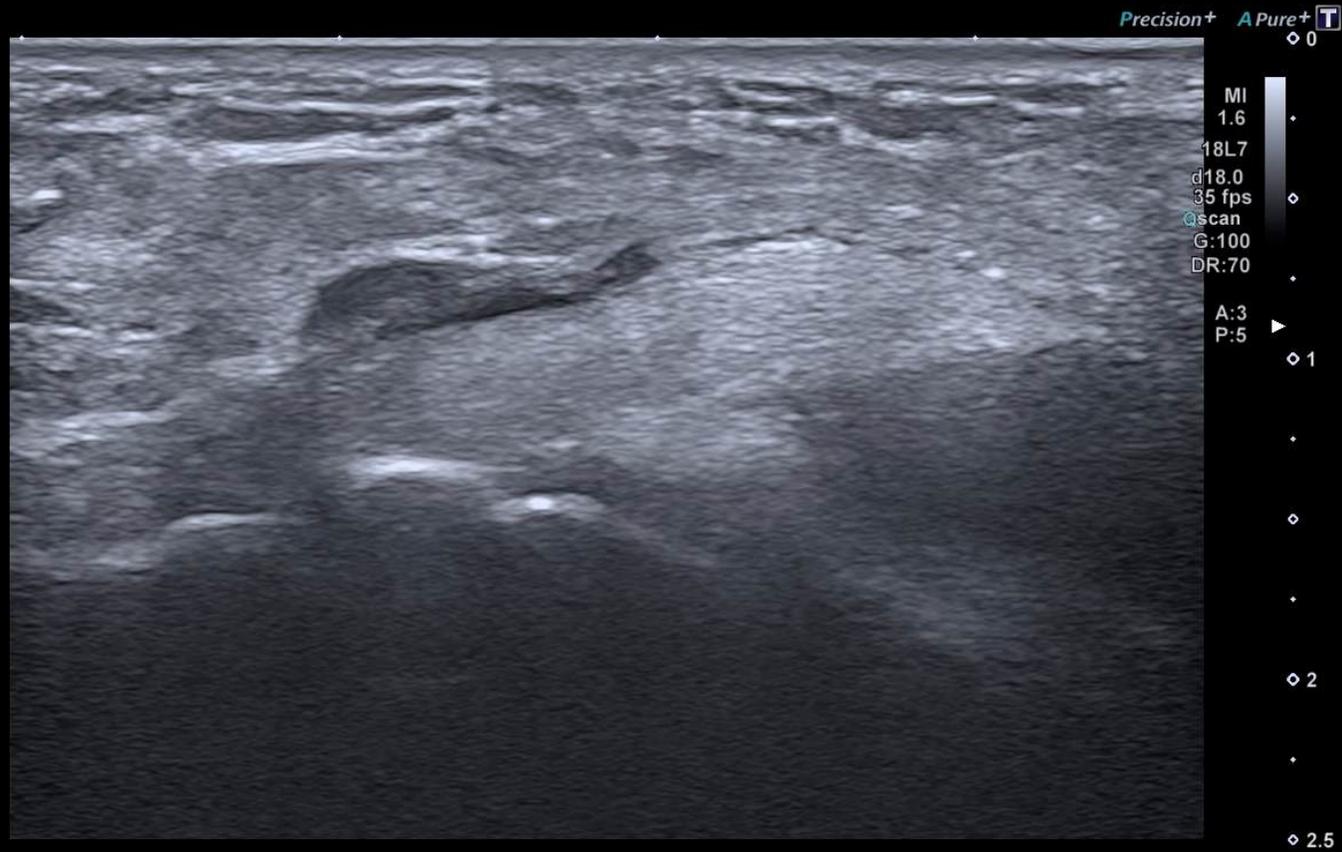




# Hallux Saltans

Canon  
Apilo a450

Osteo 18L7



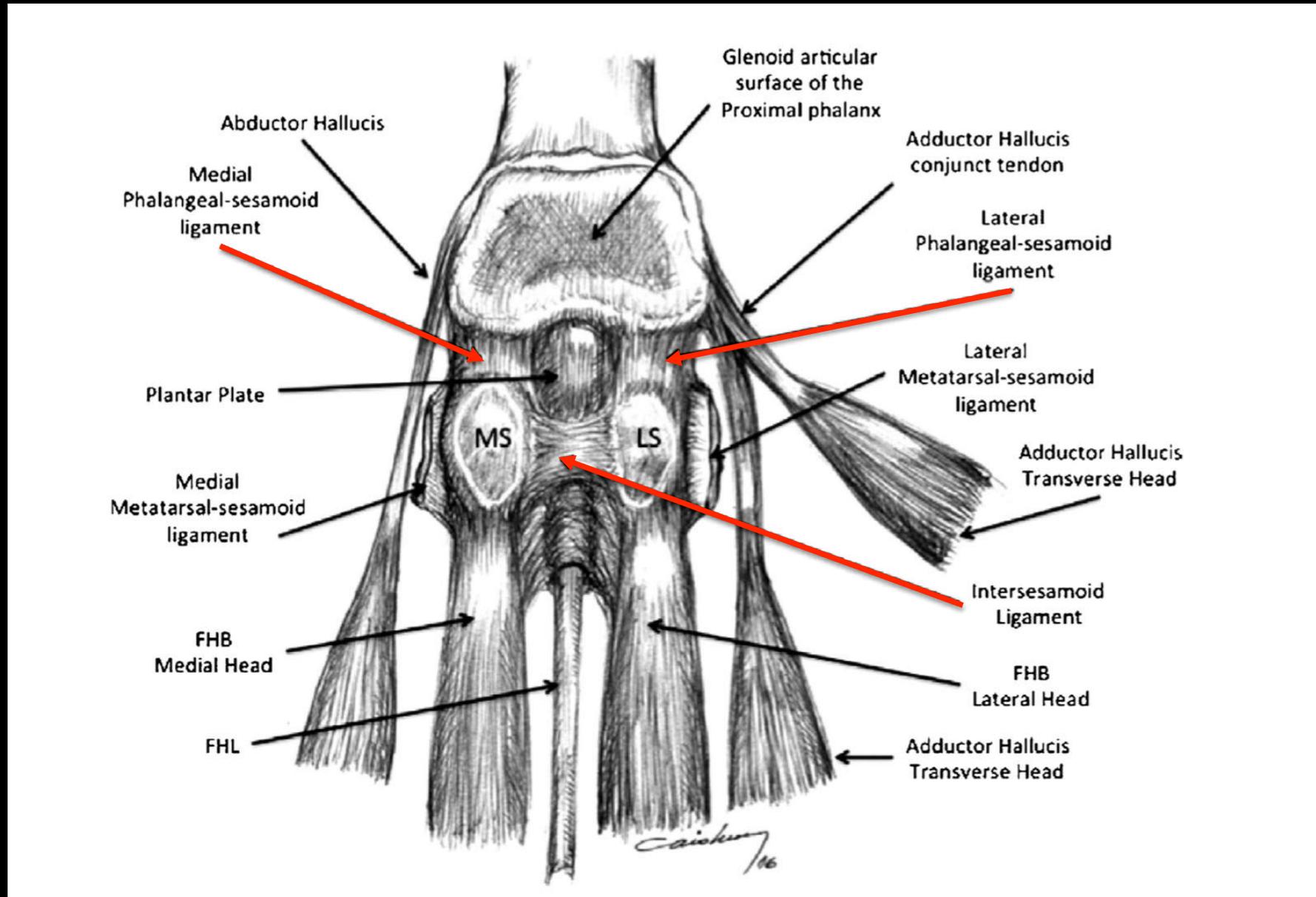
**C'est une urgence Docteur!**

**Je me suis fait mal au mariage de ma belle-sœur ( j'y ai beaucoup dansé et beaucoup bu).**

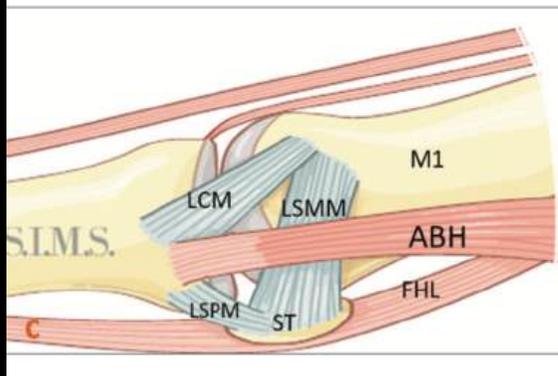
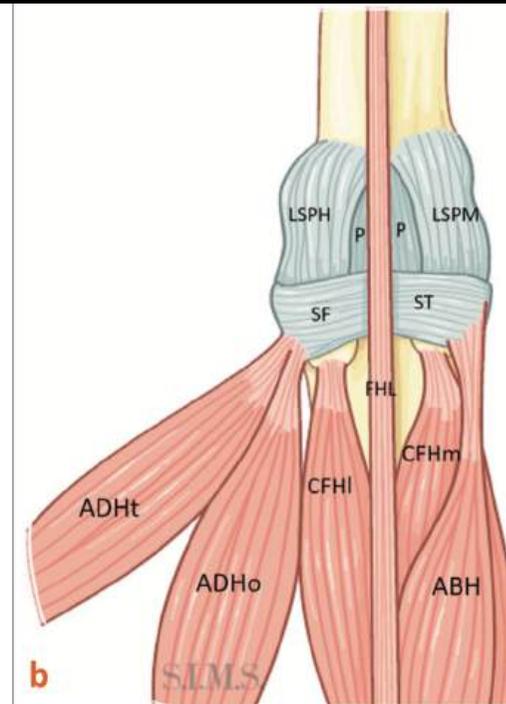
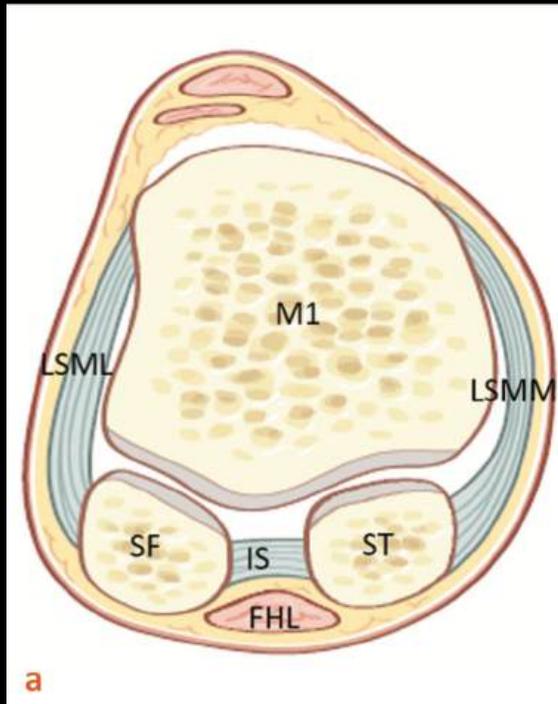
**J'ai fait un foot pied nu, je ne sais plus trop comment cela s'est passé mais je peux à peine poser le pied par terre!**

# Portraits robots



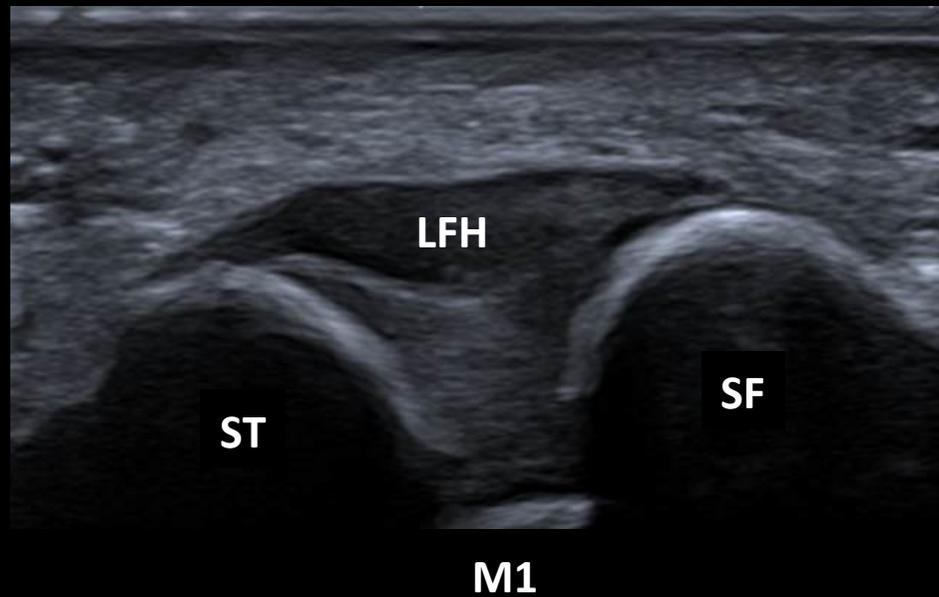


## Foot and Ankle Surgery 2108

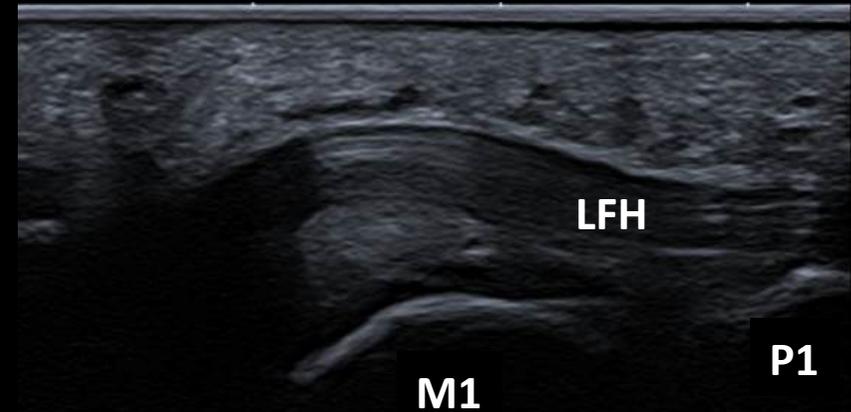


# Ligament inter-sésamoïdien

Axiale plantaire

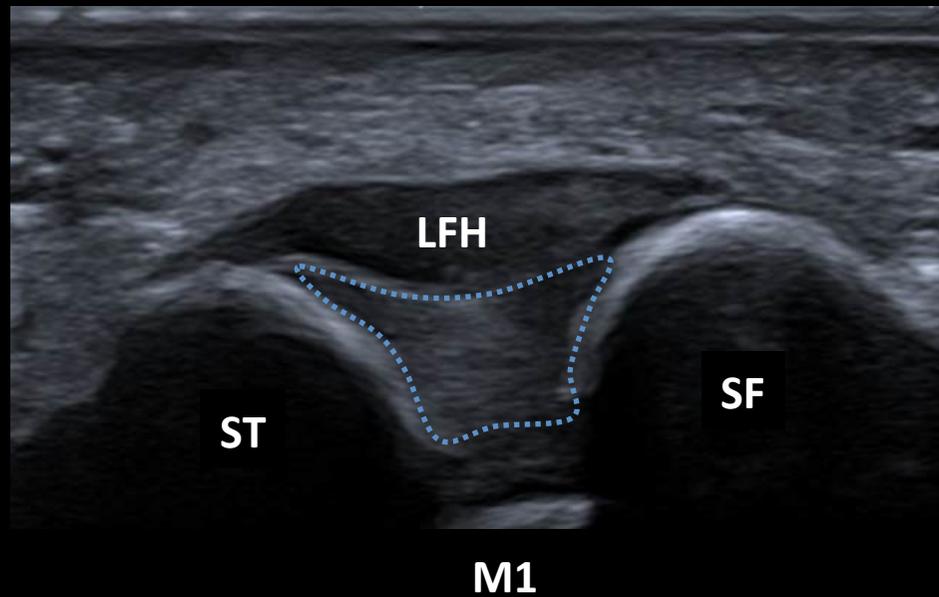


Sagittale plantaire

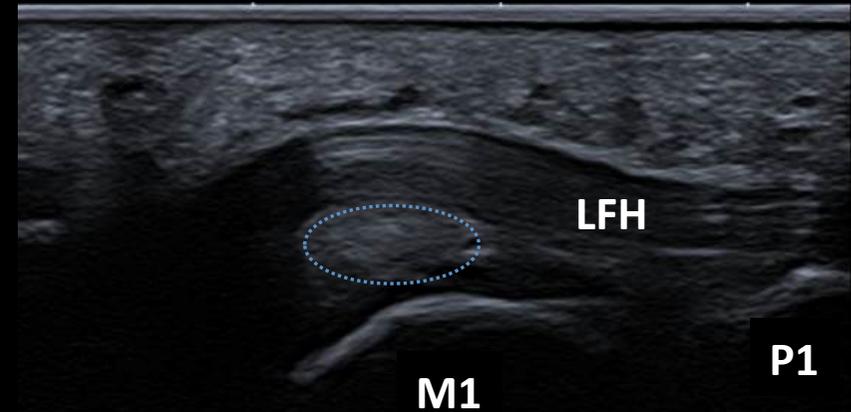


# Ligament inter-sésamoïdien

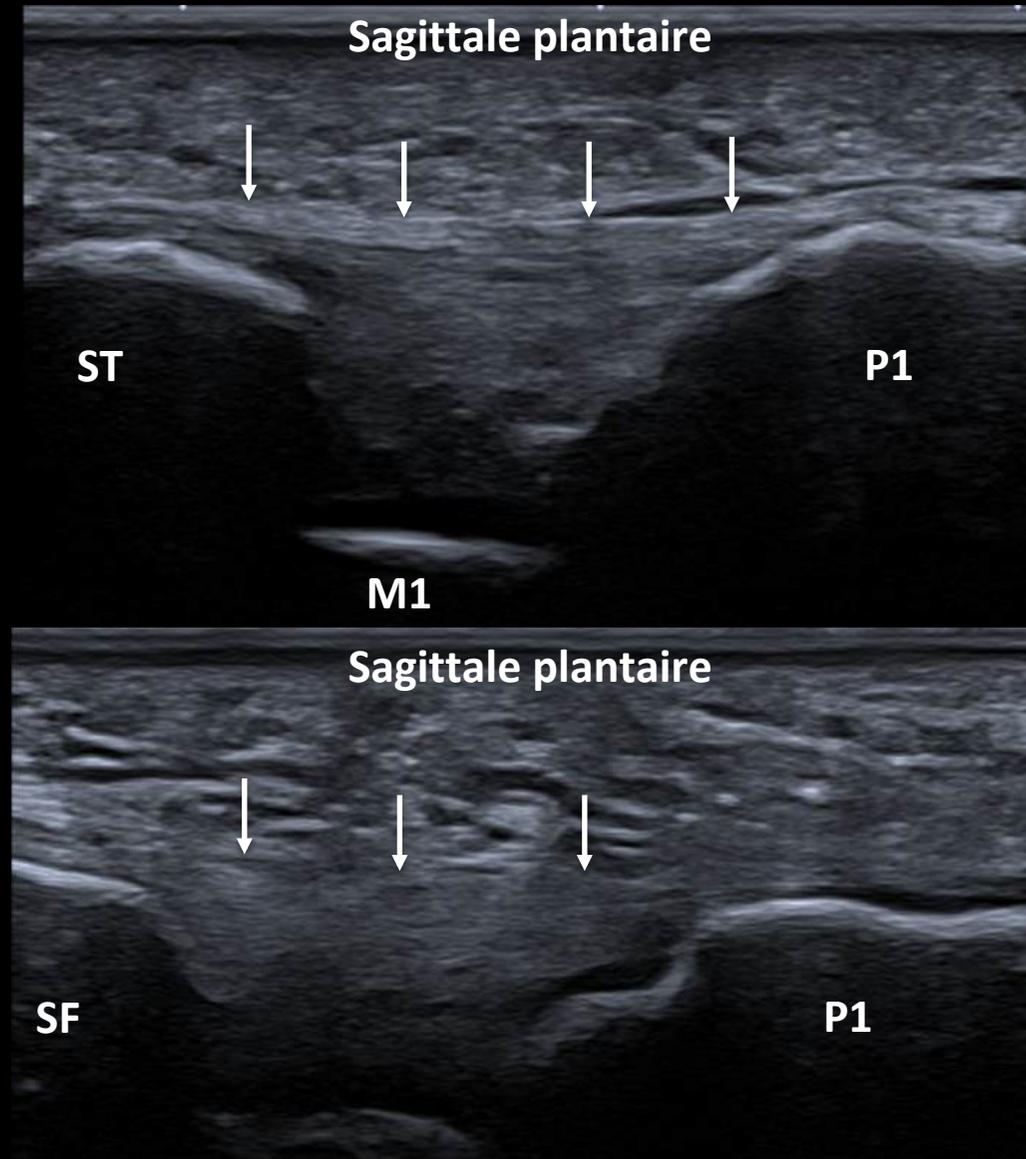
Axiale plantaire



Sagittale plantaire



# Ligaments sésamoïdo-phalangiens





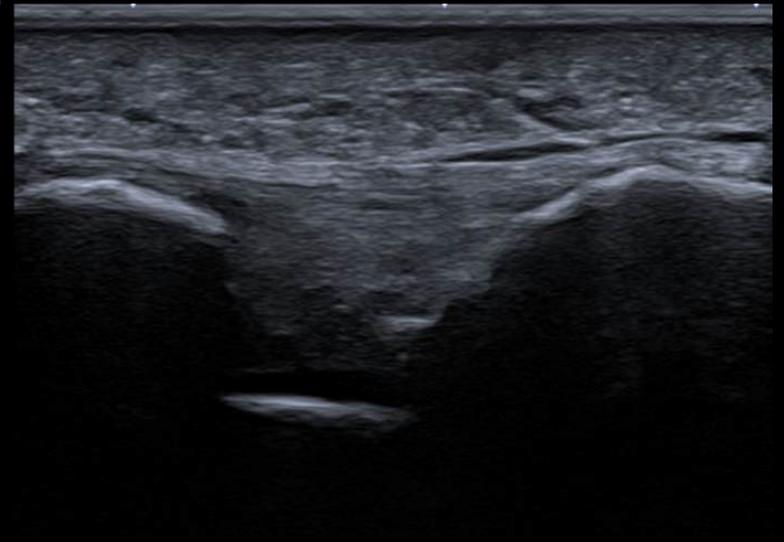
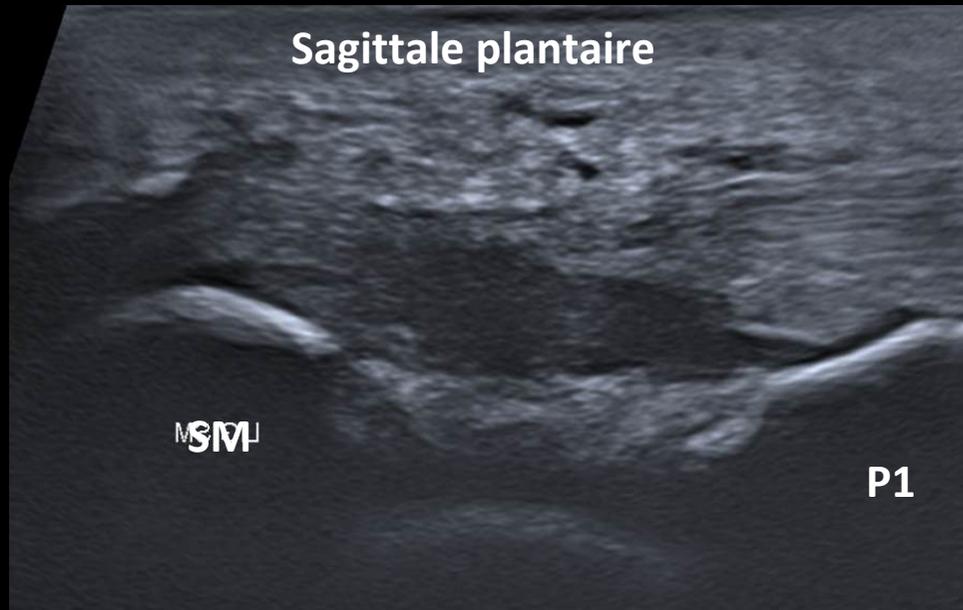
# Turf Toe

- 1970. Lésion en flexion dorsale de la MTPR1
- Atteinte capsulo-ligamentaire plantaire
  - Ligament sésamoïdo-phalangien M L
  - Ligament inter sésamoïdien
  - Ligament sésamoïdo-métatarsien médial
  - Ligament collatéraux (LCM)

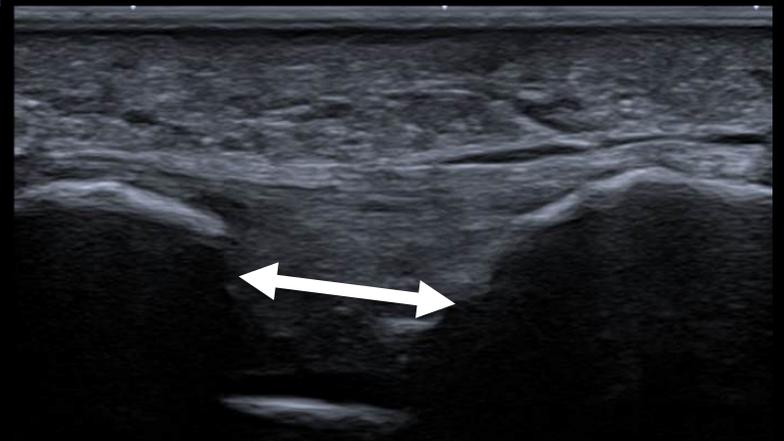
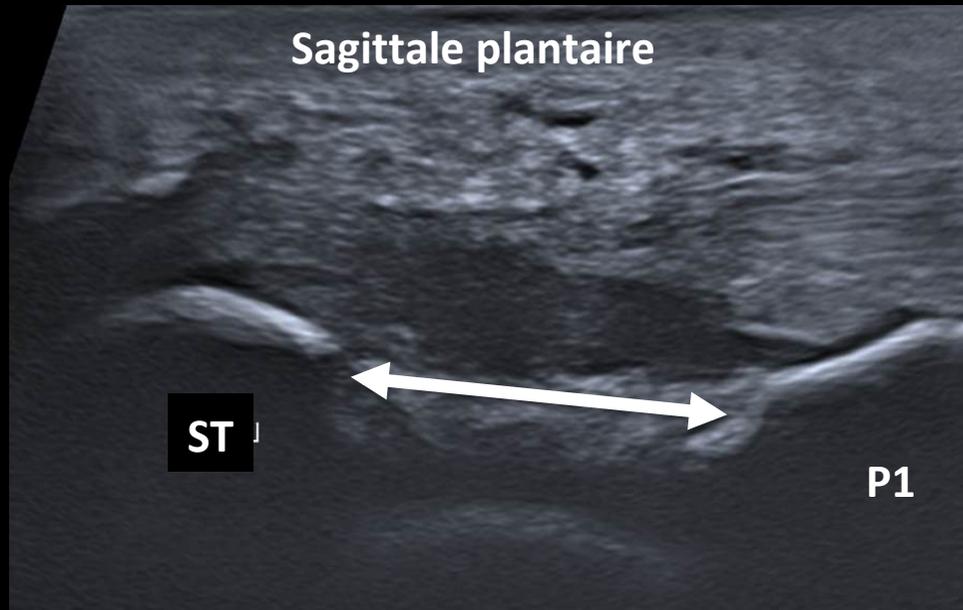
Lésion complexe ++++



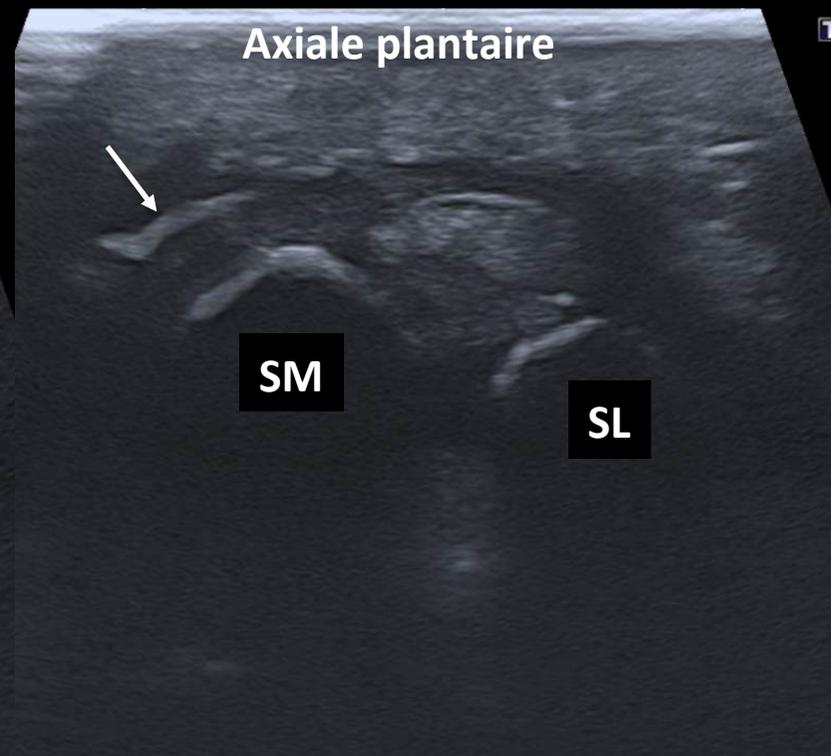
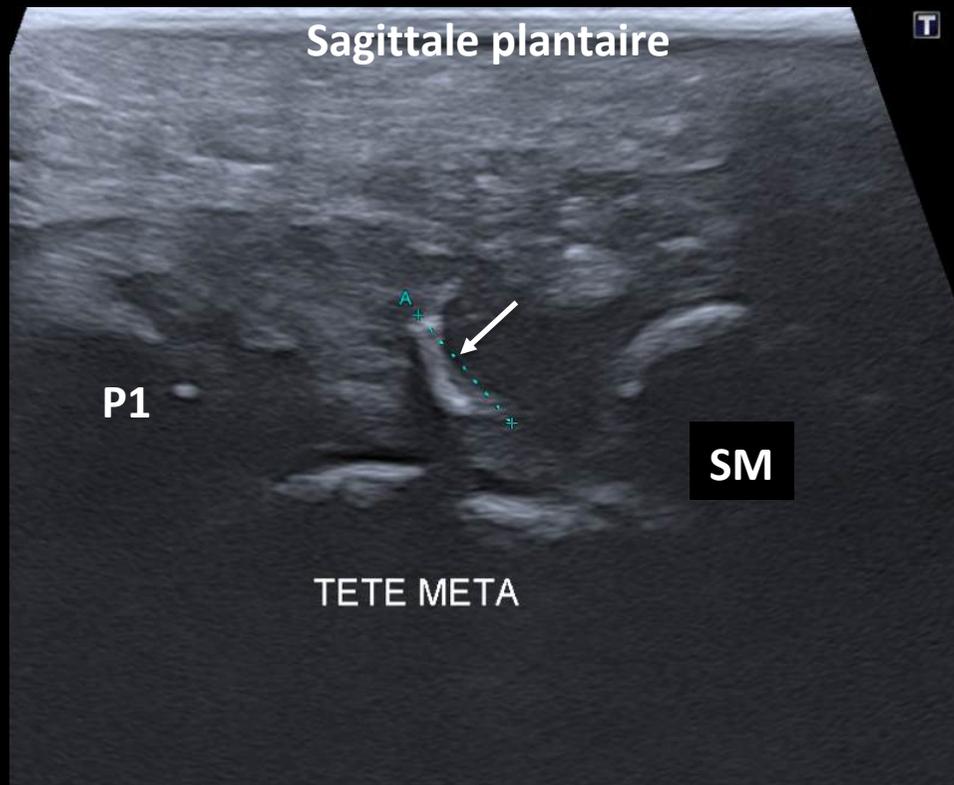
# Ligaments sésamoïdo-phalangiens



# Ligaments sésamoïdo-phalangiens

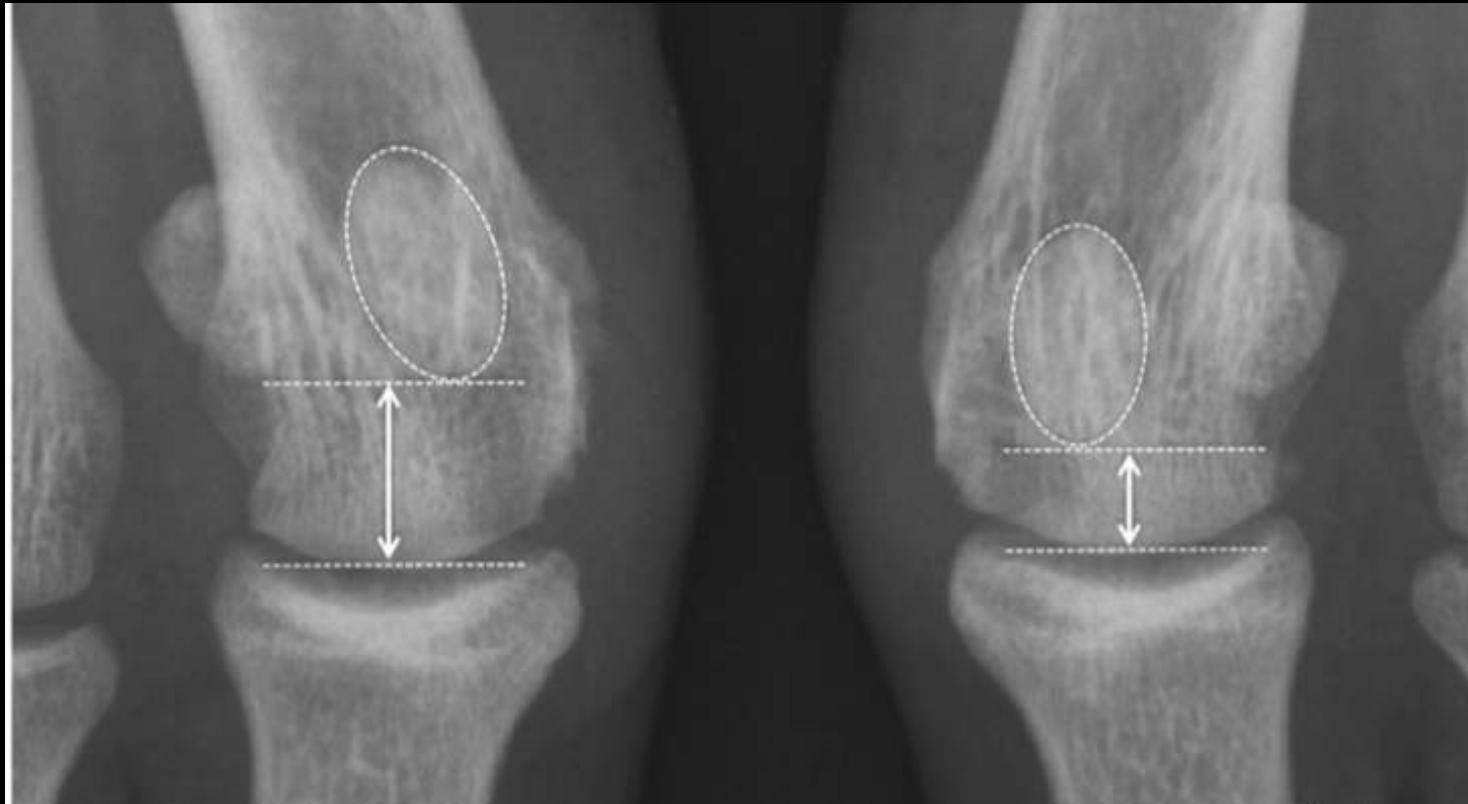


# Ligaments sésamoïdo-phalangiens

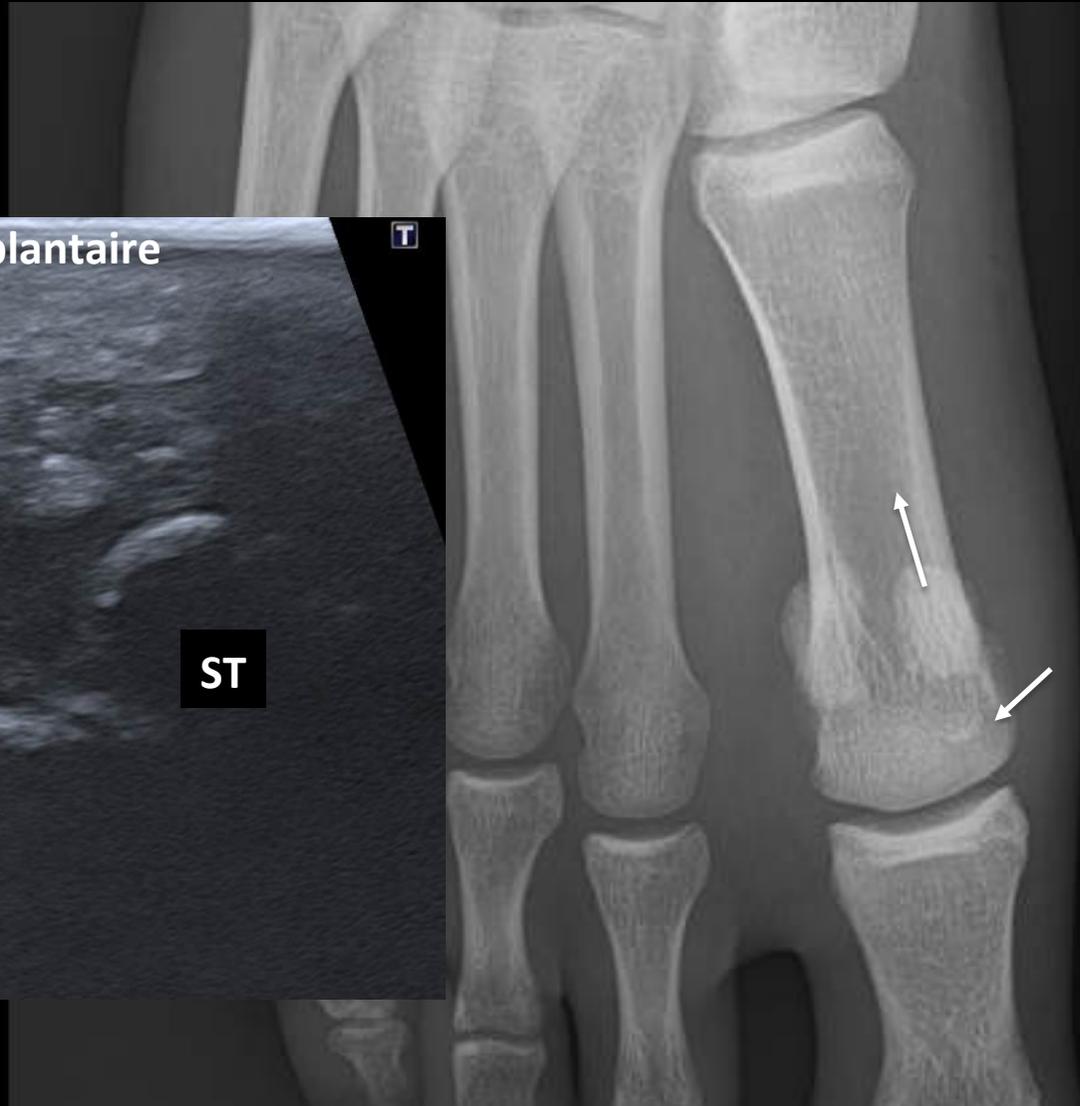
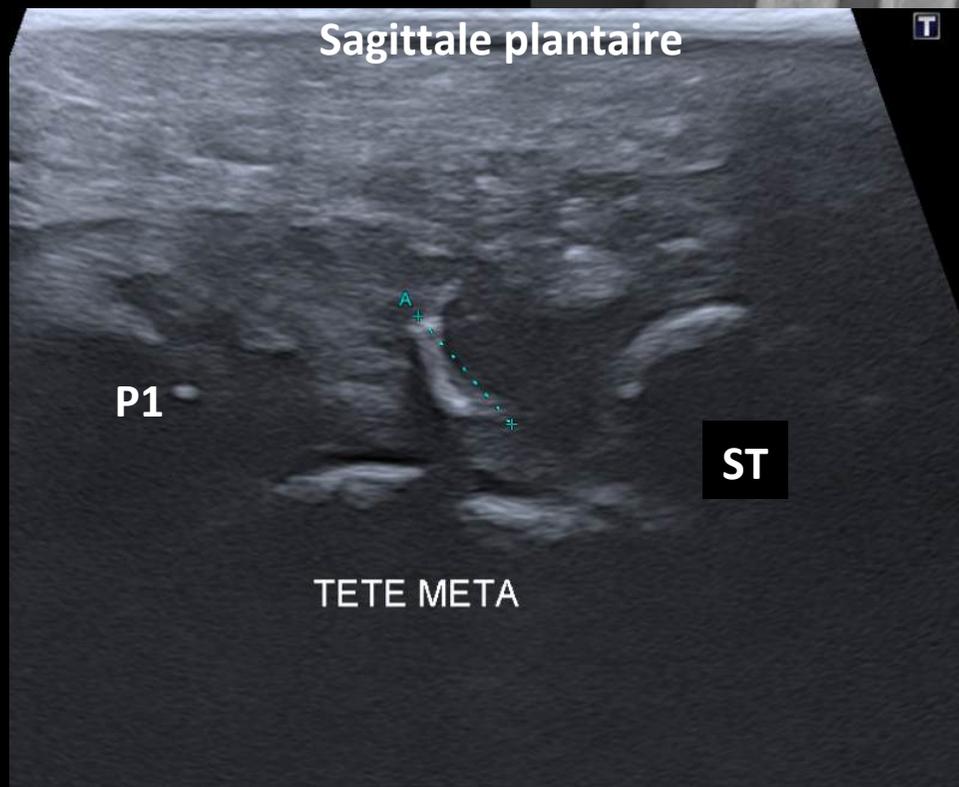


# Ligaments sésamoïdo-phalangiens

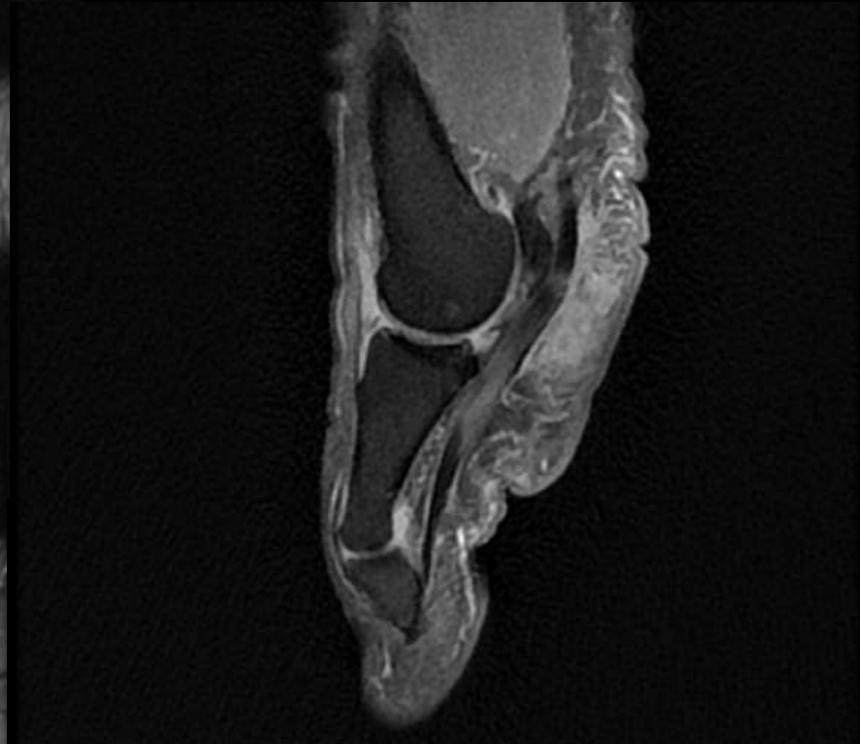
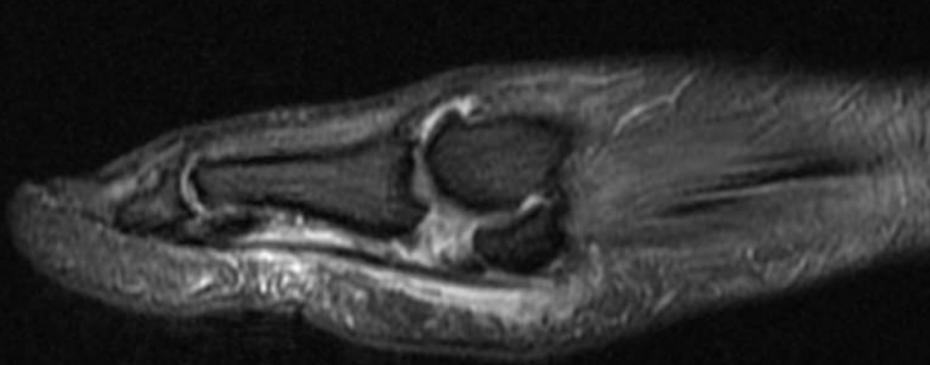
Radiographies face en charge



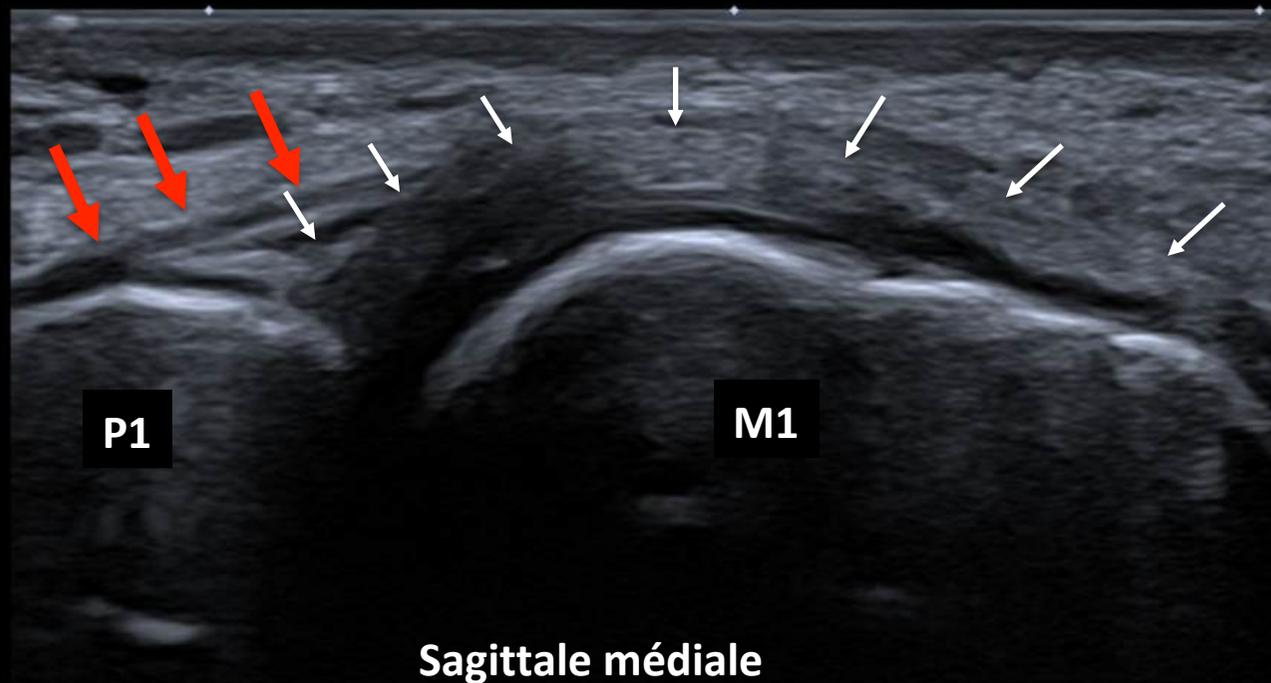
# Ligaments sésamoïdo-phalangiens



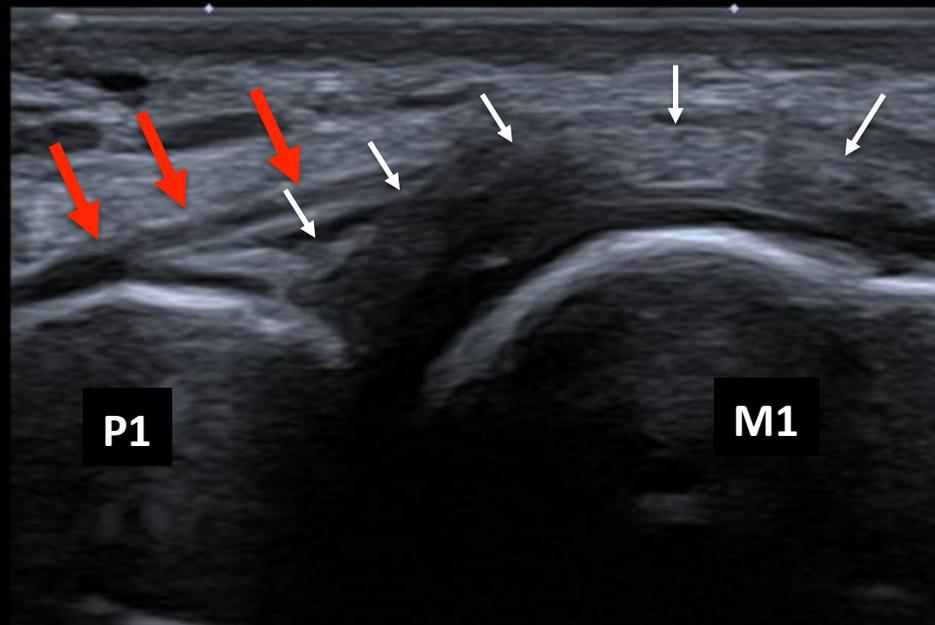
# Ligaments sésamoïdo-phalangiens



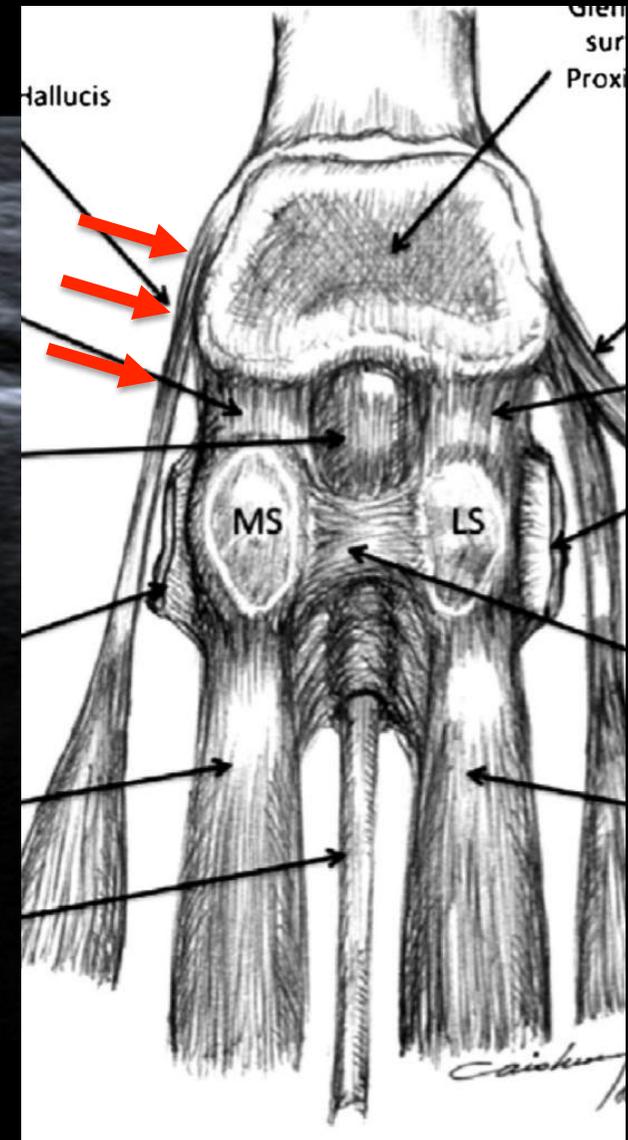
# Ligament collatéral médial



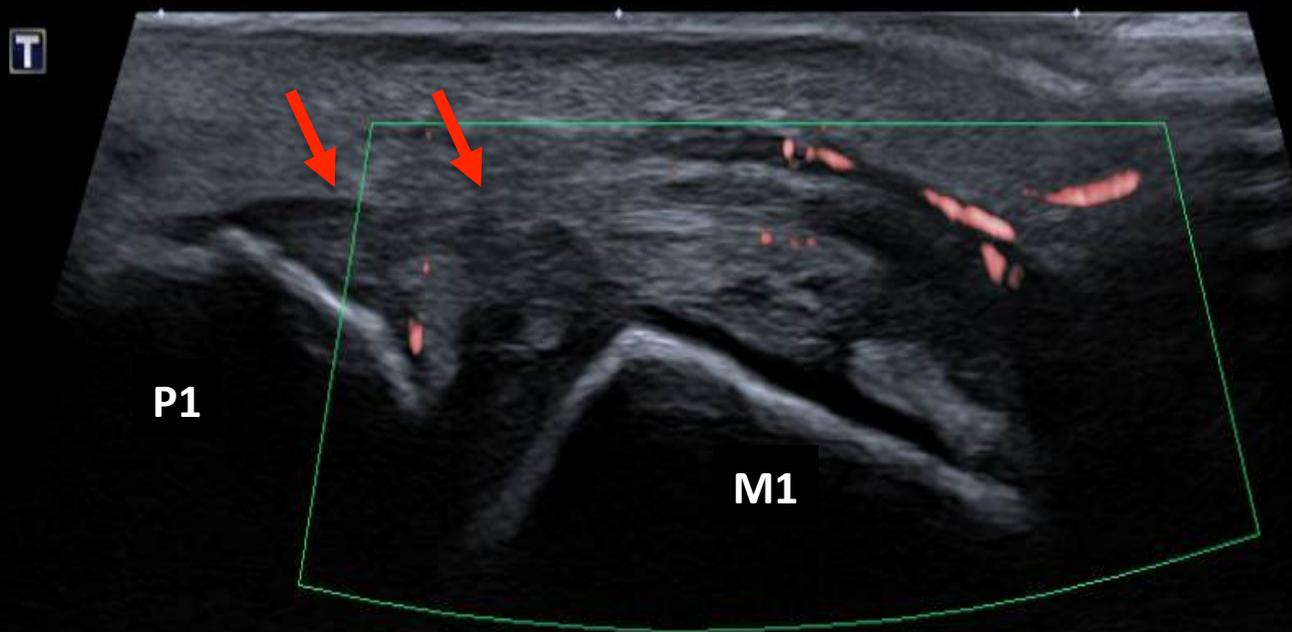
# Ligament collatéral médial



Sagittale médiale

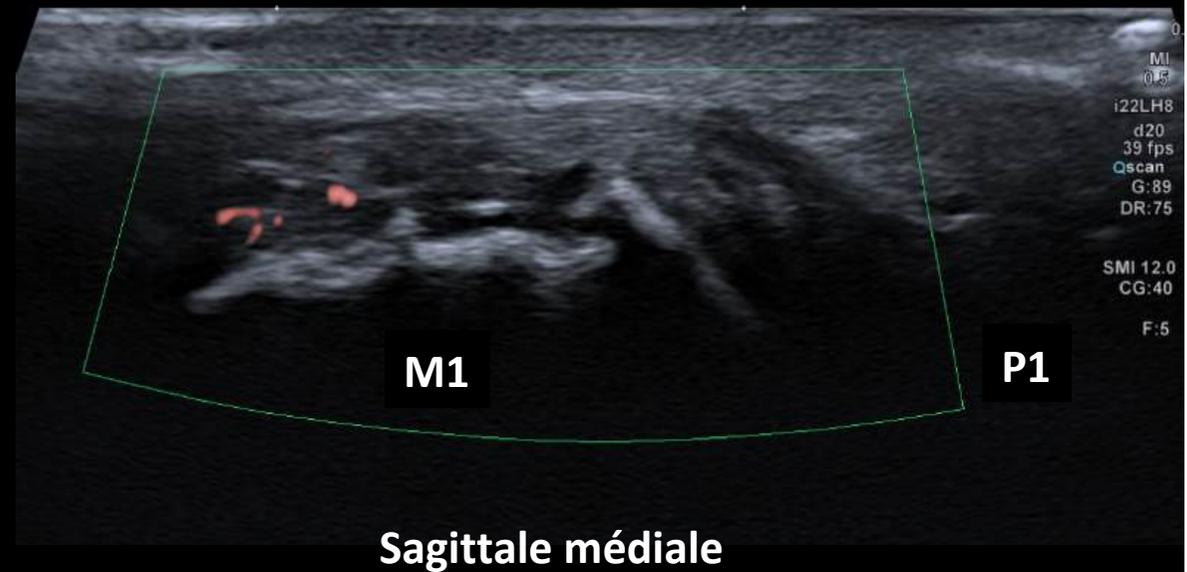


# Ligament collatéral médial



Sagittale médiale

# Plan capsulo-ligamentaire médial Chronique!



**C'est une urgence Docteur!**

**Je fais un stage au CHU de Nice.**

**Passant beaucoup de temps à la  
plage, j'ai chuté dans le sable (vers  
minuit) et je peux à peine poser le  
pied par terre!**

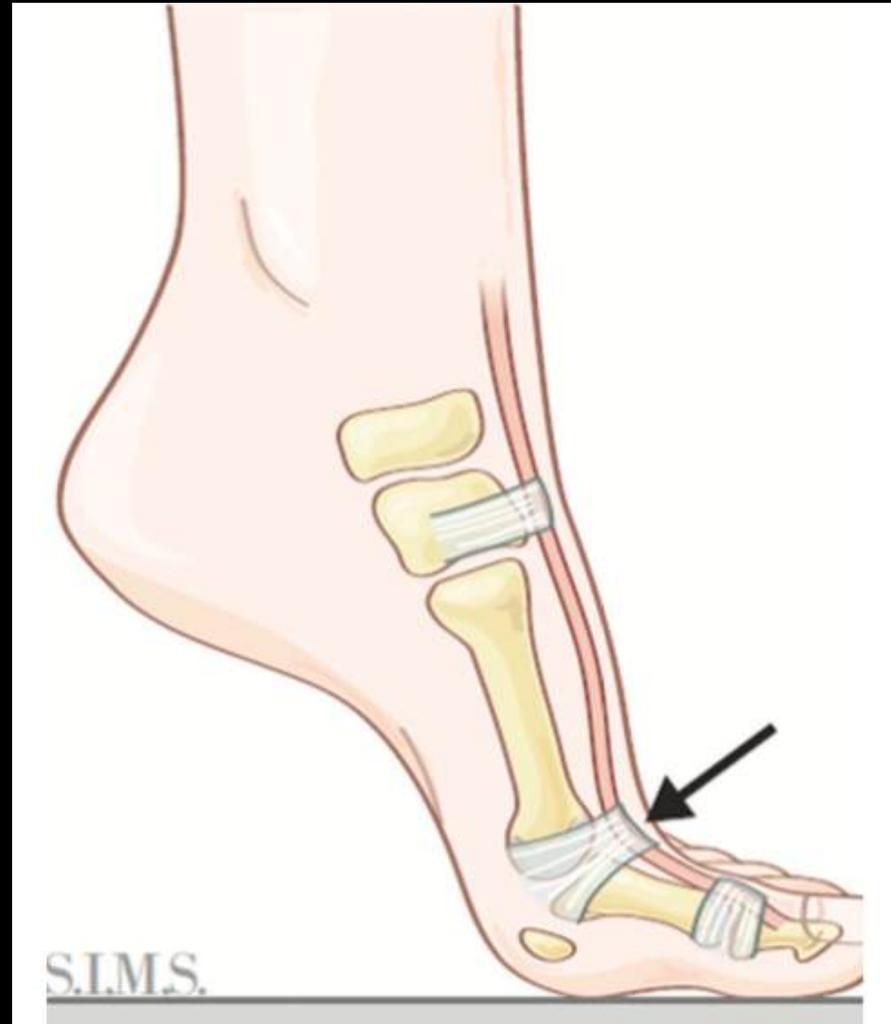
# Portrait-robot



# Sand Toe



# Skimboarder Toe



**A venir**

**SIMS 2024**